2017 AT A GLANCE

39 Locations across Northumberland County

210 Dedicated employees

393 Generous donors

280 Mothers engaged in Mothers of Newborns Program

57 Summer youth employees

333 Caring volunteers

1 New Child Care location opened

$190,166 Raised through the YMCA Annual Strong Kids Campaign

928 People received financial assistance from the YMCA

1 New Child Care location opened
Message from Board Chair and CEO

As a charity, the YMCA strives to respond to the needs of the community by filling program gaps, removing barriers to a healthy life, and providing safe and inclusive spaces for people to connect with others face to face.

With families, and communities facing pressing social issues from chronic disease to unemployment, social isolation, poverty, and inequality, YMCA Northumberland has a responsibility to continue to provide programs and services that have a positive impact on Northumberland County.

Strengthening partnerships, updating infrastructure, and increasing our capacity in 2017 allowed us to continue to deliver comprehensive community-based programs that provided the opportunities that many individuals and families needed to achieve their full potential.

Our Evolving Partnerships

During 2017, YMCA Northumberland worked in partnership with Northumberland County and the Northumberland Best Start Committee to ensure that the Government of Ontario’s redesign of the Ontario Early Years program to EarlyON was seamless for the participants who visit the centres.

After completion of an in-depth analysis in 2017, the Town of Cobourg and YMCA Northumberland decided that building and operating a YMCA Centre at the Cobourg Community Centre is not feasible for either party at this time. The YMCA and the Town of Cobourg remain committed to their longstanding partnership and continue to collaborate to provide recreational and fitness services to the community that include accessible programs, services and facilities that promote good health and a strong sense of social community.

In November 2017, YMCA Northumberland celebrated its 14th year at the Brighton YMCA satellite location, serving over 900 members and accommodating an additional 2000 visits through the array of programs and services offered to the community.

Our Investment

In 2017, YMCA Northumberland invested $386,000 in capital expenditures to ensure that programs, facilities and services meet the needs of our communities throughout Northumberland County. Significant upgrades were made to the family changeroom area at the Cobourg Health, Fitness and Aquatic Centre, allowing us to accommodate the increase in family usage and continue to provide an inclusive, user friendly space.

As the safety of children in our care is a priority of the YMCA, there is continual annual investment in our YMCA Child Safety and Protection Plan.

Nationally, the YMCA engaged in updating its IT platforms. In the fall of 2017, YMCA Northumberland began the transition process, enabling us to transform business operations to meet the demands of the contemporary digital marketplace.

Our Impact

Our impact is strengthened by the people who share our values and unite behind our mission, working to ensure our community remains strong.

The safe and welcoming places we provide, from health facilities to child care centres foster a sense of community, inclusion and belonging. With 2 membership centres, 18 childcare locations, the lead for 6 EarlyON centres, 3 outdoor pools, Victoria Beach and 3 Day Camp locations, the YMCA reaches every corner of Northumberland County.

In 2017:

- 603 YMCA staff and volunteers worked together to extend the YMCA’s reach
- 100 youth were employed by YMCA Northumberland, providing opportunities to gain valuable employment skills and experience
- 6814 people from across the County participated in YMCA programs and services where they improved their health and wellness through inclusive, effective programming
- 993 children were registered in licensed child care throughout Northumberland County where they grew and developed through our play-based learning curriculum
- 697 children and youth developed leadership and problem-solving skills at our 3 summer Day Camp locations
- 3154 children participated in YMCA swim lessons and 702 grade three students participated in the Swim to Survive program
- 280 mothers from Northumberland County, participated in the Mothers of Newborns Program gaining a support network for their growing family
- 1636 adults over 55 years of age engaged in membership in Cobourg and Brighton, many of these were retirees on fixed incomes
- Over 11 nights of Operation Red Nose, 180 volunteers drove over 6245 kilometres to provide 236 safe rides home
- 393 YMCA volunteers gave 12,425 hours to help us build strong kids, strong families, and strong communities

Our Gratitude

In closing, we invite you to read through the 2017 Annual Report to learn about some of the YMCA members, of all ages and abilities, who have made positive changes that impact their lives and the lives of others in our communities. As always, we send our heartfelt thanks to you. Whether you are a YMCA member, volunteer, staff, donor, partner, or ally, your participation at YMCA Northumberland allows us to remain relevant in our communities. With your support, the Y is and always will be, dedicated to building healthy, confident, and connected children, youth, adults, families and communities.

“Each of us can make a difference in this world but together we make change.”

-Eunice Kirkpatrick
Chief Executive Officer
YMCA Northumberland

Les Andrews
Board Chair
YMCA Northumberland
## 2017 Board of Directors

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Les Andrews</td>
<td>Board Chair</td>
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<tr>
<td>Bill Lee</td>
<td>Vice Chair</td>
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<tr>
<td>Antony Pitts</td>
<td>Past Chair</td>
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<tr>
<td>Dr. Michael Barrie</td>
<td>Director</td>
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<tr>
<td>Montana Desjardins</td>
<td>Director</td>
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<td>Mark Galonski</td>
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<td>Mark Geens</td>
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<td>William MacDonald</td>
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<td>Stewart Richardson</td>
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<td>Dr. Beth Selby</td>
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<td>Elizabeth Vosburgh</td>
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<td>David West</td>
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## 2017 Leadership Team

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<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Eunice Kirkpatrick</td>
<td>Chief Executive Officer</td>
</tr>
<tr>
<td>Mike Bunn</td>
<td>Director, Business Development and Finance</td>
</tr>
<tr>
<td>Lynne Caffin</td>
<td>Manager, Administration and Human Resources</td>
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<tr>
<td>Keith Publicover</td>
<td>Manager, Assets</td>
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<tr>
<td>Tim Strong</td>
<td>Manager, Information Technology</td>
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<tr>
<td>Debbie Brown</td>
<td>Manager, Child Care</td>
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<tr>
<td>Leslie Murray</td>
<td>General Manager, Membership Centre</td>
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<tr>
<td>Marina Turner-Johansson</td>
<td>Manager, Ontario Early Years</td>
</tr>
<tr>
<td>Samantha McCracken</td>
<td>Manager, Programs and Services</td>
</tr>
<tr>
<td>Anne Gear</td>
<td>Manager, Brighton YMCA</td>
</tr>
<tr>
<td>Cathy Tedford</td>
<td>Coordinator, Child Care</td>
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Collaboration

In 2000, YMCA Northumberland developed a partnership with YMCA Nicaragua as a part of the Global Initiatives Program. This partnership has supported youth development, providing young people in Nicaragua with access to education and participation in citizenship leadership not available due to economic circumstances.

Carlos Amador, General Secretary of YMCA Nicaragua, our long-time partner, visited YMCA Northumberland in October of 2017. His visit provided an opportunity for YMCA Northumberland staff, members and volunteers to meet with Carlos and receive updates on important projects and initiatives of YMCA Nicaragua in both urban and rural areas, addressing many of the struggles that affect the citizens of Nicaragua.

Carlos has kept the YMCA relevant in Nicaragua by continuing to respond to the needs of the community. He has adjusted to the reduction in funds, unpredictable environmental factors, and political unrest, while never wavering from the goal of improving the lives of Nicaragua’s citizens.

Over the years, the partnership has undergone many changes, but one constant has stayed the same – the mutual commitment to seeing youth reach their full potential regardless of their background and the importance of collaboration and relationship building to foster understanding and change. Over the years Carlos has organized Youth Exchanges between Nicaragua and Northumberland County, hosted monitoring visits from YMCA Northumberland staff and Global Initiative Committee Members, and hosted visits from the Women Para Mujeres (a group formed by the mothers of the youth in our exchanges).

Currently, YMCA of Northumberland, YMCA of Kingston, YMCA of Central East Ontario and YMCA of Brockville and Area support the operation of a YMCA Nicaragua Youth Centre in the capital city of Managua, which allows youth safe access to education, training and programs. This Centre would not be able to run without the collective financial support from the eastern Ontario YMCAs. The involvement of youth in the YMCA program enables them to find employment, be involved in their community and local municipal activities, and be active participants in their community and their country.

Although separated by many thousand kilometres, YMCA Northumberland and YMCA Nicaragua share many common goals, including providing the opportunity for youth to learn, grow and develop, and building strong, healthy communities.
After the devastating loss of his daughter, Ed Zylka had to re-evaluate what was important in his life. Ed did not want to work just to make money; he wanted to find ways to give back to the community.

“You have to rethink everything,” said Ed. “The only thing that made sense to do after a loss like that was to try and support others and help make the community a better place.”

Ed started volunteering and became involved in making a difference in Northumberland County, jumping feet first into projects that would support a healthier community. Ed began working with other motivated and passionate volunteers on projects like Keystone House, Habitat for Humanity initiatives, and Cobourg Rotary initiatives.

Four years ago, Ed was diagnosed with prostate cancer. The recommended surgery could not be performed unless Ed lost 60lbs.

Encouraged by a friend, Ed signed up for a Cobourg YMCA membership. Ed was set up on a program by a YMCA Personal Trainer and encouraged to join Group Fitness classes to help him reach his goals. Joining Water Power Fitness and Cyclefit, Ed gained confidence and learned to push himself while finding a caring and welcoming group of individuals who helped him stay connected and motivated.

“I quickly found out that Water Power Fitness class is a Y family on their own,” says Ed.

Ed was working out at the Cobourg YMCA two to three times a week and enjoying the new community he had found. Six months later, Ed had lost the necessary weight and had a successful surgery.

As he got to know the YMCA better, Ed learned about YMCA Northumberland’s role in our communities, and the charitable work made possible by the YMCA Strong Kids Campaign. Reflecting on how the YMCA had changed his life and how much he was enjoying the Y community, Ed wanted to get involved and try to give the others the same opportunity he had to improve his health and lifestyle.

Ed started volunteering for YMCA Northumberland and sits on the Funds Development Committee. He has dedicated his time and talent to many community initiatives, raising much-needed funds for the YMCA Strong Communities Campaign.

Ed continues to attend YMCA Programs, and despite continuing health challenges, he maintains a positive attitude, giving back to his community every day.
Responsibility

In partnership with the Cobourg and Port Hope Police Services, YMCA Northumberland ran Operation Red Nose Northumberland (ORN) for the 2017 holiday season, offering a safe ride home program to help prevent impaired driving and the devastating effects it can have. Over 11 nights of operation 180 volunteers drove over 6245 kilometers to provide 236 safe rides home while raising funds for the YMCA Annual Strong Kids Campaign.

The 2017 ORN Campaign rested firmly on the backs of fourteen dedicated committee volunteers who spent many hours (often late into the night) planning, organizing, coordinating, and executing the ORN Program, moving forward with the common goal of making our communities safer and stronger. These volunteers would stop at nothing to ensure ORN was a success: leading the ORN volunteers, answering calls from clients, coordinating rides, organizing pick up locations, dropping off posters, signing on sponsors, driving cars, filling out paperwork, preparing food, counting money, and filling in wherever they were needed. Feeling a sense of responsibility to each other and the community, the ORN Committee helped strengthen the foundations of community and inspired others to do the same.

With the ORN Committee leading the Campaign, $33,536 was raised for the YMCA Strong Kids Campaign, and 0 impaired driving arrests were made over the 11 nights of operation in Cobourg and Port Hope. The 2017 ORN Committee’s successful season is an example of what can be accomplished when a group of committed volunteers work together to support stronger, safer communities.

It is through the commitment and service of volunteers that YMCA Northumberland can extend our reach to all corners of Northumberland County, impacting as many lives as possible. In 2017, 393 volunteers supported YMCA Northumberland through volunteerism, giving almost 12500 hours of service to strengthen our communities.

Honorary Chairs
York Bell Smith
Robin Cooper

ORN Committee
Deputy Chief Paul VandeGraaf
Morris Tait
Ray Dabuzinskas
Sarah Oliver
Judy Brown
Bernice Hache
Christine Clark
Eric Mejorado
JoAnn Kropf-Hedley
Rose Frame
Deb Thomas
Deb Thompson
About 10 to 15 per cent of mothers experience postpartum depression while an estimated 80 per cent of mothers experience some level of “baby blues.” Jessica Fraser-Thomas is no stranger to the joys and challenges that come with having a newborn. Mother to five wonderful children, including two sets of twins, Jessica says the YMCA was her rock in the early days of motherhood when both sets of twins were still babies, spending most mornings at the Cobourg YMCA Play Centre. The support of the staff, the connection to other mothers, and the ability to take some time for self care allowed Jessica to feel supported and healthy.

“I will always have a strong connection to the YMCA,” says Jessica. “I was there 358 days per year during all maternity leaves. With two sets of twins, the Y was a lifeline. The Play Centre staff and volunteers always had a welcoming set of arms to hold a baby while I nursed another, got a workout in, or simply took a moment for myself. A happy mother resulted in happy children, and a strong and happy family.”

Knowing the importance of community, connection, and healthy and active lifestyle for a mother, Jessica and her husband Phil worked with YMCA staff and volunteers to develop the Mothers of Newborns Program. Jessica and Phil made the program possible through generous support, with the goal of providing mothers an easy and safe path to physical activity, health, and wellness while creating a network of support and belonging, free of charge to mothers with new babies in Northumberland County.

In its first year, the program supported 280 Mothers from across Northumberland County and contributed to building a stronger, more supportive community for growing families.

“Leaving a baby with someone else is tough for any mother, but the Play Centre staff are great and will come and get you if there are any issues,” says Sara. “The ability to maintain my lifestyle knowing Gretchen was taken care of has been helpful.”

- Sara Venema

“Everyone is very comfortable, and it is nice to have a mini family away from your family. I have met other mothers through programs and classes who have become friends and now, a support network.”

- Alison Henderson

“I like coming to the YMCA because I have built strong relationships with other moms and have a strong support system.” Kiera credits a great first year to the support and community she has found through the Mothers of Newborns Program.

- Keira Sayeau
2017 Volunteers

Sean Acheson
Barry Adamson
Stella Ahn
Dan Allred
Les Andrews
Patricia Arkin
Jessica Auger
Dave Avery
Elaine Azzopardi
Ezekiel Bailey
Natasha Banks
Evelyn Barraball
Dr. Michael Barrie
Doug Bates
Ariana Beemer
York Bell-Smith
Brett Belsey
Cameron Benne
Derek Blackadder
Thalia Bock
Elsa-Gabrielle Boucher
David Bourque
Keanna Broomfield
Debbie Brown
Kelly Brown
Doug Brown
Judy Brown
Naomi Brulotte
Maddy Bryne
Dan Bulger
Lorraine Bulger
Darlene Bunn
Hayley Burns
Adam Bush
Zoe Butchart
Shona Byrnes
Lynne Caffin
Hope Calderwood
Linda Cardie
Laura Cassidy-Lobb
Liggia Castro
Jagar Chambers
Lee Cheese
Netania Chessell
Jannath Chhokar
Renee Chiaon
John Chrysler
Christine Clark
Mary Liz Clark

Stewart Clark
Daniel Clark
Brenna Clarke
Ria Colquhoun
Ryan Colquhoun
Allistar Commins
Jodie Cooper
Rodger Cooper
Robin Cooper
Silvio Coppe
Lana Corkery
Chloe Craig
Brent Crocker
Melissa Crosby
Paul Cuddy
Kelley Curtis
Al Curtis
Chloe Cyr
Ray Dabuzinskas
Lexi Dafoe
Todd Dafoe
Harry Daignault
Colin Danabie
Kara Davey
Hunter Davis
Margo DeFrance
Devin Delong
Montana DesJardins
Alec Dewdney
Carol Dewey
Nathan Dickinson
Danica Donald
Christina Doughty
Brandon Doyle
Harmony Dubeau
Raven Duffy
Marie Dunbar
Pat Dunn
Harmony Dunstan
Barb Dupuis
Ricky Eagleson
Maureen Easton
Jessie Eddy
Camille Edwards
Jamie Edwards
Lisa Elliott
Tammy Elliott
Mark Essak
Linda Essak

Kara Euale
Ayo Eyesan
Katherine Fanning
Kevin Fast
Jennifer Fernandes
Jocelyn Fisher
Jennifer Ford
Hannah Foster
Rose Frame
Jessica Fraser-Thomas
Delyth Fraser-Thomas
Amelia Fraser-Thomas
Evan Fraser-Thomas
Jillian Fraser-Thomas
Ronan Fraser-Thomas
Jakob Froncz
Mark Galonski
Mark Geens
Elizabeth Geens
Lori Geens
Wendy Gibson
Adam Gilbert
Michelle Giordano
Jaslyne Golaz
Zach Gomes
Beatrice Goupil
Margaret Graham
Dianne Graham
Kara Graham
Sharon Grandy
Dakota Grifffths
Jack Griffiths
Cory Grozelle
Sabrina Guite
Lorenzo Guite
Bernice Hache
Tom Halligan
Carol Halligan
Jadin Halloran
Jim Halmerson
Natalie Hansey
Diane Harding
Bryan Harold
Jeff Harrigan
Petra Hartwig
Lisa Hathaway
Madison Hathaway
Khali Hazelle Menon
Joshua Helps

Kathran Helps
Arno Henkel
Sharyn Hessin
Nicola Hill
Natasha Hilliard
Savannah Hirt
Stephen Hofdyzer
Taylor Homer
Brenda Hompus
Arlene Howells
Robb Howells
Aidhana Howells
Bever Howson
Gord Hunter
Salem Ibrahim
Mikhail Iffie
Jacob Jammicky
Adam Jammicky
Dayna Jaynes
James Jin
Susie Jin
Tristan Jin
Nicolas Jin
Magnus Jin
Rick Jones
Natalie Judd
Anna Kato
Greg Kay
Yvonne Kay
Barb Keenan
Judy Kellar
Barbara Kelleher
Margaret Kelderman-Cooper
Peter Kelly
Dr. Ron Kent
Rehab Khashif
Laura Kimball
Andrew King
Eunice Kirkpatrick
Tim Klassen
Olivia Kneppke
Atila Kovacs
JoAnn Kropf-Hedley
Kim Kutka
Scott Lang
Theresa Lazar
Hein Le
Olivia Lean
Ae Lee

YMCA Northumberland | 2017 Annual Report
2017 Volunteers

Bill Lee
Meghan Lee
Lauryn Lefrancois
Sarah Legakis
Jody Legerwood-Taylor
Nancy Little
Madelyn Little
Jessica Logan
Karen Longwell
Chris Lotton
Amber Luis
Caryn MacDiarmid
Bill MacDonald
Meaghan MacDonald
Geoffrey Macklin
Bruce MacNeil
Alex Manna
Tony Manna
Chrystalla Manna
Sylvia Mansell
Erica Marchetti
Pat Marlow
Jannine Martin
Roy Martin
Alicia Marx
Judith Masters
Edward Masters
Luz Ofelia Maya Penagos
Jillian McCarthy
Royce McCracken
Samantha McCracken
Mike McCracken
Terry McDermott
Elaine McDermott
Casey McIntyre
Connor McGaughey
David McLaren
Meagan Mcphee
Emily Mealing
Kira Mees
Eric Mejorado
Al Miller
Stephanie Miller
Jamie Milner
Marc Mireault
Sam Miron
Lucy Moodie
Emma Moran
Kelly Morris
John Morton
Teresa Mosole
Chad Munday
Lisa Munday
Jim Murray
Bowen Murray
Dash Murray
Cooper Naday
Tanya Nestoruk
Eric Nestoruk
Nadine Nguyen
Jessica Olczak
Sarah Oliver
Randi Oliver
Sharon Omiwole
Grace O’Neil Watts
Brittany Ouderkirk
Trenholm Parker
Abigail Parr
Rachael Pasma
Deb Patton
Nicolette Patton
Issa Pettier
Peter Pettit
Jakob Philip
Elaine Phillips
Tony Pitts
Shirley Poe
Christian Poirier
Melba Pound
Ritchie Pound
Leonie Powell
Barrieigh Price
Yana Prince
Jim Proskos
Liliana Quispe
Catharine Ramsey
Arnaud Raymond
Helene Raymond
Marcella Razai
Kevin Redcliffe
Jason Rent
Stewart Richardson
Carla Ring-Herron
Danielle Roberts
Tristan Robertson
Lynn Rogers
Kim Rose
Thea Rosskopf
Tom Rousseau
Catherine Rowan-Martin
Tom Rudd
Vanessa Rupnaraine
Garth Rushton
Jack Russell
Liliana Ryglewicz
Zach Savard
Joe Schaeffer
Dawn Schlitzman
Sam Schlegel
David Secord
Sandy Segal
Dr. Beth Selby
Alisha Sharma
Adia Shaw
Geri Sheedy
Ken Shehan
Ariana Shizad
Rod Simpson
Tiffany Skrinek
Jamie Slade
Jonas Smith
Anne Soave
Marta Sofia Reyes
Ron Somerville
Michelle Spagnolo
Kris Spagnolo
Skylar Spagnolo
George Spalding
Jake Spereman
Jan Spragge
Ken Stevenson
Ivan Stille
Tim Strong
Ken Stubbings
Lynn Stubbings
Danielle Sullivan
Alex Switzer
Morris Tait
Angela Taylor
Kasie Taylor
Sarah Taylor
Merissa Taylor
Alex Taylor
Rosemary Taylor
Cathy Tedford
Mark Tedford
Deb Thomas
Audrey Thomas
Phil Thomas
Deborah Thompson

Aidan Tierney
Pegi Tierney
Emelia Touchburn
Katie Traugott
Faith Tribes-Waldron
Marina Turner-Johansson
Claudia Van der Meulen
Elliott Van der Meulen
Seona Van Slytmen
Paul Vandegraaf
Cathy Vandegraaf
Vivian VanderHazel
Dory Vanderkuip
Rachel VanDusen
Daniela Velasquez
Mima Vlahijkov
Elizabeth Vesbrugh
Justine Waldack
Andrew Wallace
Nancy Walter
Gabe Walters
Rayne Warwick
Michelle Weaver
Mason Webb
Julie Wells
Tracy West
Brad West
David West
Hope Whalen
Ally Whitehead
Brenda Whitehead
Jannine Whitelaw
Pauline Wilding
Rosalind Wilkes
Cathy Williams
Bev Winn
Clayton Wiseman
Tim Wontorra
Harold Wontorra
Lucus Wood
Melissa Woodcock
Aidan Woodward
Claudia Wright
Anna Wright
Nilouhar Ziaee
Saghar Ziaee
Ed Zylka
Community Partners Program

At the YMCA, we know that by working with others, we can extend our reach and provide vital programs and services to even more people in our communities. Through partnerships with other community organizations, businesses, and individuals, we are finding new and innovative ways of meeting the needs of the communities we serve. YMCAEs across the country collaborate with hundreds of partner organizations each year on initiatives that have allowed us to expand into new program areas, support under-served populations and address critical health and wellness issues.

Through the Community Partners Program, we join forces with like-minded individuals and organizations with a keen interest in Building Strong Kids, Strong Families, and Strong Communities. These partnerships make it possible to share our expertise, knowledge, and resources with each other, and ultimately achieve more than we could alone.

**PATRON**
Realty Executives Pentel LTD.
Brokerage Daniel J Bulger

**PARTNER**
Vandermeer Toyota
Lauria Auto Group

**BUILDER**
LINMAC

**FRIEND**
LeBlanc Enterprises
Canadian Industrial Services
Pharmacy 101
The YMCA Annual Strong Kids Campaign is an annual fundraising campaign focused on raising much-needed resources to support proven YMCA programs that give kids, young adults, seniors, and families opportunities to reach their full potential.

This means . . .

Providing a welcoming environment for mothers

Enabling a family to use a trusted, quality child care

Giving teens confidence to learn, lead and feel success

Helping a senior feel vital and connected to their community

Ensuring a child learns to swim through YMCA Swim Lessons

$190,166

Raised through the YMCA Annual Strong Kids Campaign

928

People received financial assistance from the YMCA
Event Sponsors

Family Day Open House
Realty Executives Pentel Ltd
Brokerage - Daniel J Bulger

Strong Kids Rock
Kaitlyn Bates Initiative
Vandermeer Toyota
Primary Painting
Canadian Industrial Services
Realty Executives Pentel Ltd.
Brokerage - Daniel J Bulger
Leblanc Enterprises
Linmac
Mark and Lori Geens
The Mill Restaurant and Pub
Sound Productions
Long and McQuade
Northumberland Hills Brewery

Annual Golf Tournament
Swish
SMM Law
East Gate Self Storage
Hustler Kay Kurji & McCourt
Bill MacDonald
TD
Group Benefits Unlimited
Craig Williams
Green For Life Environmental
Canadian Industrial Services
Realty Executives Pentel Ltd.
Brokerage - Daniel J Bulger
Vandermeer Toyota
Leblanc Enterprises
Linmac
Burnham Family Farms

Swim to Survive
Cameco

Cops and Kids Golf Camp
Cobourg Police Services

Let's Do Lunch
Realty Executives Pentel Ltd.
Brokerage - Daniel J Bulger
Vandermeer Toyota
Linmac
Lauria Auto Group
Pharmacy 101
Canadian Industrial Services
Leblanc Enterprises

Rise and Shine Breakfast
CRH Canada Ogden Point Quarry (Cramahe)
Cobourg Police Services (Cobourg)

Mothers of Newborns Program
Jessica Fraser-Thomas, Phil Thomas, and Family

Strong Kids Duathlon
Lions Club of Cobourg
Port Hope Health Centre
Kaitlyn Bates Initiative
Dr. Narine
Bryan Harold
The Market & Smor
Pharmacy 101
Lauria Auto Group
Realty Executives Pentel Ltd.
Brokerage - Daniel J Bulger

Peace Breakfast
BDO Canada LLP
Cobourg Police Services
Rotary Club of Cobourg
Realty Executives Pentel Ltd.
Brokerage - Daniel J Bulger

Reindeer Run
Bulk Barn
Eska Water
Home Hardware
Moore Orchards

Suzie's Good Fats
The Dutch Oven
Aquaderm Med Spa
Bulk Barn
CAA South Central Ontario
City Streaks
CJ's Tap & Grill
Cobourg Escape Room Cobourg
Health Shoppe
Coles
Cortes Jewellers
Craft Food House
Dairy Queen
Dollarama
Fieldstone Spa
First Choice Haircutters
Foodland
Gerri's Arts & Crafts
Green Canoe Outfitters
Hallmark
Harvest Gift Buckets
Herc's Nutrition
Home Hardware
Lady Bug Massage Therapy
Northshore Lanes Bowling
Northumberland Hills Hospital
Northumberland Mall
Ohh! Products
Paulmac's Pets
Pizza Hut
Rainbow Cinemas
Rogers/Lifestyle Communications
Romancing the Home
The Rustic Bean Coffee Co.
Spark Toys
SportChek
Sprucewood Handmake Cookie Co.
The Ale House
The Cultured Kitchen
The Local Bloom
Tim Klassen & Anne Sauve
Tugg's Furniture Gallery
With All My Art

Turkey Trot
Cobourg Mazda
SABIC
Spring Street Wellness
Behan
COSIC
Pharmacy 101
Cameco
Mark Essak
Jessica Fraser-Thomas
Cameco Live Better Committee

Operation Red Nose
Cameco
SABIC
Protoplast
Lakeridge Chrysler
Goodyear
Kaitlyn Bates Initiative
Realty Executives Pentel Ltd.
Brokerage - Daniel J Bulger
Vandermeer Toyota
Linmac
Lauria Auto Group
Pharmacy 101
Canadian Industrial Services
Leblanc Enterprises
MyFM
Cobourg Police Services
The Mill
Subway
Foodland
JJ's
Northumberland County Food for All
Dominos
Metro
Boston Pizza
Eska
Personal Service Coffee
Tim Hortons
KFC
Buttermilk Café

We want to extend a heartfelt thank you to Jessica Fraser-Thomas, Phil Thomas and their children Jillian, Evan, Delyth, Ronan, Amelia for their leadership and dedication as Chairs of the 2017 YMCA Annual Strong Kids Campaign.
As a charity, the YMCA has long been dedicated to promoting the health of our communities by fostering the health of every Canadian. To realize this goal, we rely on the generous support of donors, who share our commitment to building strong kids, strong families, and strong communities, locally and globally.
Leader
Nancy Oliver & Stewart Richardson

Partner
Remax-Tony Pulla
Protoplast Inc.
Jessica Fraser-Thomas
Mike and Darlene Bunn
Dianne MacDonald
Jim Proskos
Eunice Kirkpatrick
Bill Lee
Joseph Zakrjesk
Ron and Lynne Caffin
Sabic Innovative Plastics Canada Inc
Dan Bulger

Builder
Heidi Fisher
Richard Meredith
Keith Smith
Rae Waring
Phillip Barnes
Joanne Wilson
Mark Geens
Marc Mireault
Loblaws
Richard Brulotte
Inner Wheel of Cobourg
Greg and Yvonne Kay
Cathy Tedford
Jim and Leslie Murray
Tony Pitts
Brian Read
Elizabeth Vosburgh
Adam Weatherup
Peg Frederick
Doug Bates
Les Andrews

Friend
James Baker
Jane Biggs
Roger & Nancy Carr
Lynda Casey
Rodger Cooper
Arthur Dalgarino
George Finlay
Merle Gingrich
Les Godfrey
Margaret Grozelle
Dave Henderson
Michelle Long
Pauline McCullagh
Faye McFarlane
Tim Miller
Jim Mills
Norm Richards
Maureen Richards
John Robbescheutens
Derek and Rosemary Scott
Dave Sullivan
Julius Varga
Kelly's Homelike Inn
B&H Tedford
Andrea Dunkley
Nancy Little
Nancy Williams
Tadashi Ito
Kasie Taylor
Stephen Hofyzer
Terry McDermott
Erika Emond
Mike Chodoriwsky
Anne Gear
Robin Mooney
Charlene Pretty
Mary Ross
Jeff Crowley
Brittany Ouderkirk
Ian Colbert
Doreen Allan
VON Smart Program

Donor
Katelin Dickson
Ali Shorten
Sarah Curran
Peta Hartwig
Whitney Goodwin
Jennifer Kerin
Chantal Forbes
Erin Ashley
Ayla Maillet
Christina Walters
Nathan Crafts
Carol Holt
Dawn Miller
Rod Simpson
Angela Stewart
Patricia Russell
Dawn Murphy
Allyn Whitehead
Tammy Elliott
Laura Ajay
Randy Albion
Paul Appleman
Trish Baird
Carol Banks
Michael Barrie
Laurie Beaubien
Mike Bedford
Derek Blackadder
Kelly Brown
Tyler Caffin
Karen Chalovitch
Randy Curtis
Shelly Davey
Peter Delanty

Kim Boegel
Anne Warren
Christine Clark
Tracey Dafoe
Dayna Jaynes
Paul VandeGraaf
Royce McCracken
Tim Klassen
Tim Strong
Lisa Munday
Lorraine Brace
Phyllis Dunford
Edwina Mears
Leslie Moore
Anne Rooke
Dave Secord
Morris Tait
Kaitlyn Bates Initiative
Eric Mejorado
Bill Moebus
Mclean Chimney Co Ltd
Cobourg Police Department
Chris Rous
Ron Kerr
Virginia Mair
Boris Nikolovsky
Anne Sargent
Port Hope Police Department
Ron Chapman
Naomi Brulotte
Ed Zylka
Judy Brown
Mark Galonski
Laura Adams
Laura Andrews
Carol Branigan
Carol Macklin
Ernest Oosting
Matt Wenzel
Sarah Sculthorpe
Port Hope Independent Grocer
Northumberland Hills Public School
Roger Herron
Debbie Brown
Marina Turner-Johansson
Justin MacDonald
David West
Rick Jones
Bruce Andrews
Ten Thousand Villages
Kate Surerus
Donations

Montana Desjardins
Jan Doucette
Kathryn Fanning
Rose Frame
Ted Garrett
Tracy Golaz
Angela Griffith
Andrew & Amy Hall
Mary Ellen Hardy
Kym Jardine
Shane Joseph
Anna Kato
Lynda Kay
Margaret Kelderman-Cooper
Wray Ellis Knowles
Donna Lee
Lena LeFave
Rhonda Lillico
Megan MacDonald
Melissa Macdonell
Shelley Macdonell
Stanley Maggs
Simon Maranda
Cindy Marriott
Jackie McMillan
Neil Morton
Megan Murphy
Larry Naylor
Gérard Paquette
Doreen Parker
Edith Pearson
Catherine Ramsey
Anne Sauve
Shaun Savoy
Martha Slauko
Michelle Spagnolo
Jen Sparks
Larry Tavenor
Lynne Taylor
Deb Thomas
Meghan Thurston
Heather Touchburn
Brigitte Upshaw
Madonna Voutier
Adrian Weskit
Aaron Whitney
Bev Winn
Keith Withers
AWG Construction
Jenny Brown
Faith Preedom
John Gallagher
Ryder Ames
Jessie Eddy
Mary Keenan
Gary McNamara
Claudia Meulen
Angie Nistoruk
Daniela Velasquez
Laurie Wills
Sharron Beaton
Barbara and Khamphoune
Inthavixay
Tara Nugent
Taylor Whitefield
Virginia Weese
Forrest Rowden
Mike Campkin
Amy Denure
Jen Gillard
Barb Goodwin
Melanie Hill
Kevin Hogg
Damien Hogg
Jack Horton
Inge Link
Jared Lloyd
Jamie Milner
Krista Nott
Jon Pocock
Bill Russell
Ken Stevenson
Barb Kelleher
Netannia Chessel
Carol Dewey
Dawn Schlmatman
Kayleigh DiMarco
Michelle Weaver
Marie Andrews
David & Irene Anforth
Dave Avery
Leeann Batchelor
Thalia Bock
Tony Clarke
Don Conway
Rita Cowan
Rhonda Cunningham
Jennifer Daignault
Mike Daily
Sarah Dey
Cindy Dickson
Wendy Gibson
Gwyn Griffith
Bernice Hache
Karen Harrison
Richard Ivasiuk
Barb Keenan
Johan Maclean
Beverly Martin
Debra McCarthy
Marnie McMahon
David McTavish
John Miller
Paul Mills
Robert Mise
Anne Newman
Marilyn Rudd
Brendan Scott
Ken Shehan
Jeffery Sheils
Jan Spragge
Susan Traer
Jody Watt
Brent Wilcox
Audrey Wilson
Jennifer Withers
Farrell & Farrell
Cobourg Police Services
Terra Parks
Challince Photography
Kelly Chapple
Melissa Crosby
Brandon Cunningham
Laurie Gourd
Brenda Pace
Melissa Woodcock
Judy Knight
Stacie Femia
Dan Allidred
Gil Brocianer
Kirsty Brown
Corinne Neilans
The Market and Smor
Mette Aarlev
Cameco
Barb Greenfield
Mary Reynolds
CanadaHelps.org
Danielle Roberts
Diane Rowe
Brenda Bell
York Bell-Smith
Brian Darling
Frank Francello
Anne Gauthier
Isaac Hamel
Mark Harnden
Laird Murray
John Preiss
Jessica Reid
Daryl Sarkisian
Kevin Schroeder
Joel Scott
Art Seymour
Phyllis Smith
Paul Stewart
Dr. Beth Selby
Aidan Tierney
Paulette Mouzer
Carrie Hawley
Diana Carr
Laura McCracken
Through cooperation with our community partners, we are expanding the available resources and services to families and individuals in Northumberland County through the YMCA. We know there is a greater demand than ever before for help to address social needs, health concerns and adversity. In order to create meaningful change in these areas we know we must call on the collective strength of our neighbours and work together.

**Partners**
Alnwick/Haldimand Township
Alderville First Nations
BDO Canada
Breakfast for Learning
Brighton Health Services Centre
Brighton Minor Hockey
Campbellford/Seymour Foundation
Cameco
Canadian Red Cross
Canadian Tire Jump Start Program
Career Edge
Centre for Individual Studies
Cobourg Police Services
Cobourg Public Library
Community Care Northumberland
Cogeco TV
Community Living West Northumberland
Community Training and Development Centre
Cornerstone Family Violence Prevention Centre
Cramahe Township
Durham Children's Aid Society
Durham College
East Northumberland Secondary School
Elementary Teachers Federation of Ontario
Employment Assistance Program Resource (EARN)
Employment and Social Development Canada
Extendicare
Five Counties Children's Centre
Food 4 All Warehouse
Grafton Community Centre
Green Wood Coalition
Haliburton Kawartha Pine Ridge District Health Unit
Habitat for Humanity Northumberland
Highland Shores Children's Aid Society
Horizons of Friendship
Hustler Kay Kurji and McCourt Barristers and Solicitors
Island Park Senior Home
Kawartha Haliburton Children's Aid Society
Kawartha Pine Ridge District School Board
Kerry's Place Autism Services
Kinark Child and Family Services
La Leche League
Lifesaving Society
Local Parent Loyalist College
Municipality of Brighton
Municipality of Port Hope
Municipality of Trent Hills
myFM
New Horizons for Seniors Program
Northumberland Big Brothers & Big Sisters
Northumberland Child Development Centre
Northumberland Community Counselling Centre
Northumberland County
Northumberland Family Health Team
Northumberland Hills Hospital
Community Mental Health Services Northumberland Sports Council
Northumberland Sunrise Rotary
Northumberland United Way
Ontario Ministry of Agriculture, Food and Rural Affairs
Ontario Ministry of Child and Youth Services
Ontario Ministry of Education
Peterborough, Victoria, Northumberland, Clarington, Catholic School Board
Presqu'ile Provincial Park
Quinte Children's Foundation
Quinte West Youth Centre
Rebound Child and Youth Services Northumberland
Rotary Club of Campbellford
Rotary Club of Cobourg
Rouge Valley Cardiac Rehab
Royal Bank of Canada
St. Paul's United Church Warkworth
 Salvation Army
Strathy Road Subway
TD Canada Trust
Ten Thousand Villages
The Abundance Project
Tim Hortons
Town of Cobourg
Trinity United Church Outreach Committee
TCS
Watton Employment
Wrap Around Northumberland
YMCA Canada
YMCA of Brockville and Area
YMCA of Central East Ontario
YMCA of Greater Toronto
YMCA of Kingston

**Funding Partners**
Northumberland County
Northumberland United Way (Team Program)
Kawartha Pine Ridge District School Board
Loblaws Canada
Women Para Mujeres
Five Counties Children Centre
Royal Bank of Canada
Watton Employment
Employment Assistance Program Resource (EARN)/Community Living West Northumberland
Bridgeway Family Homes
Cornerstone Family Violence Prevention Centre
Highland Shores Children's Aid Salvation Army (Jump Start)
Quinte Children's Foundation
Campbellford/Seymour Community Foundation
Durham YMCA - Quebec Exchange Program
Skills Link Program - Community Training and Development Centre
Employment and Social Development Canada
Coca Cola Bottling Company Limited
YMCA of Brockville and Area
YMCA of Central East Ontario
YMCA of Kingston

YMCA Northumberland | 2017 Annual Report
Sources of Revenue

- Community programs: 33%
- Child Services and Camp: 25%
- Memberships: 24%
- Donations, interest and other income: 9%
- Day use and programs: 5%
- Town of Cobourg: 3%
- Town of Brighton: 1%
- Northumberland United Way: <1%
### Statement of Operations for the year ended December 31, 2017

<table>
<thead>
<tr>
<th>REVENUES</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child services and camp</td>
<td>$1,589,456</td>
<td>$1,304,087</td>
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<tr>
<td>Day use and programs</td>
<td>285,212</td>
<td>315,587</td>
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<tr>
<td>Memberships</td>
<td>1,480,344</td>
<td>1,335,690</td>
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<tr>
<td>Community programs</td>
<td>2,079,108</td>
<td>2,125,651</td>
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<tr>
<td>Northumberland United Way</td>
<td>9,250</td>
<td>29,450</td>
</tr>
<tr>
<td>Town of Cobourg</td>
<td>198,640</td>
<td>200,352</td>
</tr>
<tr>
<td>Fee-for-Service</td>
<td>52,500</td>
<td>30,000</td>
</tr>
<tr>
<td>Donations, interest</td>
<td>559,472</td>
<td>508,220</td>
</tr>
<tr>
<td>and other income</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Revenues</strong></td>
<td><strong>$6,253,982</strong></td>
<td><strong>$5,849,037</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EXPENSES</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Wages and benefits</td>
<td>$4,167,024</td>
<td>$3,946,099</td>
</tr>
<tr>
<td>Plant and facilities</td>
<td>575,667</td>
<td>572,860</td>
</tr>
<tr>
<td>General administration</td>
<td>400,199</td>
<td>433,739</td>
</tr>
<tr>
<td>Supplies</td>
<td>433,645</td>
<td>394,099</td>
</tr>
<tr>
<td>Advertising and promotion</td>
<td>69,518</td>
<td>49,867</td>
</tr>
<tr>
<td>Association dues and fees</td>
<td>103,925</td>
<td>112,298</td>
</tr>
<tr>
<td><strong>Total expenditures</strong></td>
<td><strong>$5,749,978</strong></td>
<td><strong>$5,508,962</strong></td>
</tr>
</tbody>
</table>

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Gross Contribution</td>
<td>504,004</td>
<td>340,075</td>
</tr>
<tr>
<td>before amortization</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amortization of capital assets</td>
<td>476,118</td>
<td>467,847</td>
</tr>
<tr>
<td>Net Contribution</td>
<td>$27,886</td>
<td>($127,772)</td>
</tr>
</tbody>
</table>

This financial information has been taken from the audited statements report by BDO Canada LLP. Complete financial statements are available upon request.
YMCA Northumberland
339 Elgin Street West,
Cobourg, Ontario
K9A 4X5

TELEPHONE:
905.372.0161

YMCANORTHUMBERLAND.COM
CHARITABLE REGISTRATION #
11930 7171 RR0001

Building healthy communities