

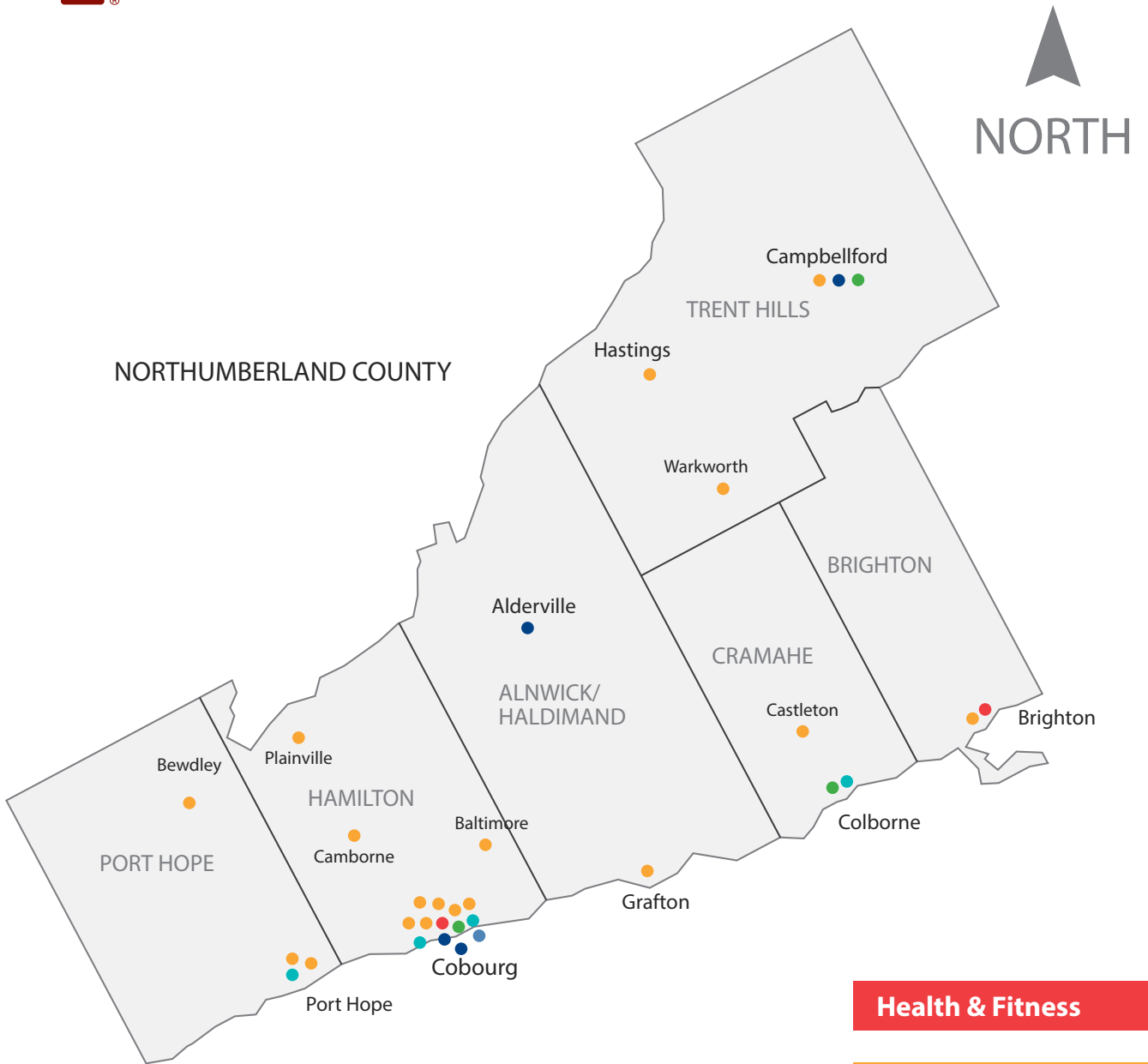


Building Strong Communities

2018
YMCA Northumberland
Annual Report



YMCA Northumberland Locations



Health & Fitness

Licensed Child Care

EarlyON Centre

**locations operated by YMCA Northumberland*

Aquatics

Waterfront

Day Camp

Message from Board Chair and CEO

YMCA Northumberland is committed to building strong, healthy and engaged communities throughout Northumberland County. We believe that everyone deserves access to opportunities to gain confidence, improve health and build relationships. Impacting positive change on the issues that face our communities requires constant and focused effort and action. Through innovative programming, development of strong and effective partnerships, and ongoing investment, YMCA Northumberland is reducing barriers to participation and increasing access to programs and services that make our communities healthier places to live.

Health for every stage

YMCA programs are designed to mirror the needs of the communities we serve. Through ongoing community dialogue with individuals, organizations and user groups in the communities, YMCA Northumberland is continuously developing and adapting relevant programs focused on addressing issues such as social isolation, poverty and chronic disease.

Recognizing the success of the Mothers of Newborns program in 2017, and driven by the valuable impacts described by participants, the program continued for a second year in 2018. Over 240 mothers and their new babies from Northumberland County participated in the program, building positive relationships and experiencing positive impacts on their mental and physical health.

Our growing Child Care Program continues to evolve to include two valuable programs. Our focus on the YMCA Playing to Learn™ curriculum for early learning, based on research and evidence shows play is the most effective way that children learn and gain new skills. The second program, A Place to Connect™, allows children registered in before and after school care to shape the program by providing opportunities for choice and leadership with a focus on strengths and the development of skills and relationships.

For the health and wellness of our Seniors, The Seniors Get Up and Go Program helped keep local participants engaged and active. The program removed barriers to a healthy lifestyle, helping seniors get out of the house and make connections.

Commitment to Quality

We are proud to have achieved prestigious accreditation from Imagine Canada's Standards Program in October 2018. The Standards Program awards accreditation to charities and nonprofits that demonstrate compliance in five fundamental areas: board governance; financial accountability and transparency; fundraising; staff management; and volunteer involvement.

In 2018, YMCA Northumberland Day Camp celebrated 30 years as an Ontario Camps Association accredited camp, helping kids achieve goals, build self-esteem, meet new friends and have fun outdoors. This camp accreditation gives parents the peace of mind that a rigorous set of standards ensuring safety and quality programming will be upheld. In addition, the safety of children in our care is a priority of the YMCA; there is continual annual investment in our YMCA Child Safety and Protection Plan.

Through program satisfaction surveys administered in our Health Fitness and Aquatics Centres, our Child Care Programs and Summer Day Camp Programs, our YMCA ranked above the national average; a testament to the dedication and quality of services provided by our staff and volunteers.

Our Evolving Partnerships

2018 marked new and renewed partnerships for YMCA Northumberland. The 18th year of our partnership with YMCA Nicaragua continued our commitment to global initiatives and supporting a youth centre in the capital, Managua, that offers programs that help strengthen youth, reduce gender violence, and encouraging self-sustainability. In addition, we celebrated 30 years of the YMCA Peace Medal in Northumberland County.

We celebrated the 15th year of operation at the Brighton YMCA satellite location and negotiated a lease renewal to ensure a continued presence in the community for the next five years. Serving over 927 members and accommodating an additional 1821 visits through the array of programs and services offered to the community has made the Brighton YMCA an important asset, promoting health and wellness. We also signed a five-year contract to deliver EarlyON programming on behalf of Northumberland County through the Mobile Outreach service and in four EarlyON Child and Family Centres.

This past year also saw another successful Operation Red Nose campaign. In partnership with the Cobourg and Port Hope Police Services, we were able to generate \$35,000 towards the YMCA Strong Communities Campaign while contributing to the safety of our communities over the holiday season.

Lastly, we continued to join forces with like-minded organizations with a keen interest in building strong communities through The Community Partners Program. We were able to integrate a STEM (Science, Technology, Engineering and Math) stream into our Summer Day Camp Programs, provide each camper with a healthy breakfast and lunch, and offer drowning prevention training through Swim to Survive sessions.

Our Investment

In 2018, YMCA Northumberland invested \$278,000 in capital expenditures to ensure that programs, facilities and services meet the needs of our communities throughout Northumberland County. Significant upgrades were made to the Cobourg YMCA, including lobby and hallway floor replacement, exterior LED Lighting upgrades, and the addition of new fitness equipment in the personal conditioning centre. These improvements enhanced safety and accessibility for our members. In addition, a complete kitchen renovation has allowed our YMCA Child Care Dietary Manager to continue to deliver quality, nutritious meals to our full-time child care centres and summer camp programs with increased ease and efficiency.

Our Impact

We have become stronger through the support of those who stand behind our mission and unite to build healthy communities; dedicated people, welcoming places and relevant programs allow us to make our communities stronger.

With 2 membership centres, 18 childcare locations, 4 EarlyON centres, an EarlyON Mobile Outreach Service, 3 outdoor pools, Victoria Beach and 3 Day Camp locations, the YMCA reaches every corner of Northumberland County.

In 2018:

- 604 YMCA staff and volunteers worked together to extend the YMCA's reach
- 98 youth were employed by YMCA Northumberland, providing opportunities to gain valuable employment skills and experience
- 6,477 people from across the County participated in YMCA programs and services where they improved their health and wellness through inclusive, effective programming
- 1,003 children were registered in licensed child care throughout Northumberland County where they grew and developed through our play-based learning curriculum
- 506 children and youth developed leadership and problem-solving skills at our 3 summer Day Camp locations
- 3,198 children participated in YMCA swim lessons and 702 grade three students participated in the Swim to Survive, Lifesaving Society program
- 252 mothers from Northumberland County, participated in the Mothers of Newborns Program gaining a support network for their growing family
- 1,682 adults over 55 years of age engaged in membership in Cobourg and Brighton, many of these were retirees on fixed incomes
- 229 seniors got active through participation in the Seniors Get Up and Go program
- Over 9 nights of Operation Red Nose, 200 volunteers drove over 9,045 kilometres to provide 277 safe rides home
- 423 YMCA volunteers gave 12,023 hours to help us build strong kids, strong families, and strong communities

In closing, we encourage you to read through our 2018 Annual Report to learn about some of the YMCA members who have taken positive strides to change their lives and create positive impacts across Northumberland County. We extend our heartfelt gratitude to you for your support of YMCA Northumberland. Whether you are a YMCA member, volunteer, staff, donor, partner, or ally, your participation at YMCA Northumberland allows us to remain relevant in our communities. Together with our partners, we remain dedicated to building healthy, engaged children, youth, adults, families and communities.

"There is no power for change greater than a community discovering what it cares about."
– Margaret J. Wheatley



Eunice Kirkpatrick
Chief Executive Officer
YMCA Northumberland



Bill Lee
Board Chair
YMCA Northumberland

Board of Directors and Leadership Team

2018 Board of Directors

Bill Lee
Board Chair

William MacDonald
Vice Chair

Les Andrews
Past Chair

Montana Desjardins
Director

Jessica Fraser-Thomas
Director

Mark Galonski
Director

Tim Klassen
Director

Al LeBlanc
Director

Stewart Richardson
Director

Dr. Beth Selby
Director

Paul VandeGraaf
Director

Elizabeth Vosburgh
Director

2018 Leadership Team

Eunice Kirkpatrick
Chief Executive Officer

Debbie Brown
Manager, Child Care

Mike Bunn
Director - Finance, Audit & Risk

Lynne Caffin
Manager, Administration and Human Resources

Anne Gear
Manager, Programs & Services - Brighton

Samantha McCracken
Manager, Programs & Services - Cobourg

Leslie Murray
General Manager - HFA Operations & Community Development

Keith Publicover
Manager, Assets

Tim Strong
Manager, Information Technology

Cathy Tedford
Manager - Program Integrity Children's Service



YMCA Northumberland 2018 Impact

 **6,477**

individuals were engaged in YMCA Health, Fitness and Aquatics memberships at the Cobourg and Brighton branches



252

mothers and their newborns engaged in Mothers of Newborns Program



1,682

seniors stayed connected and healthy with a YMCA membership in Cobourg and Brighton

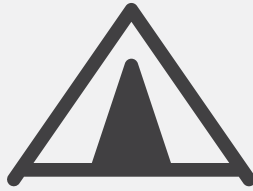
229

seniors got active through participation in the Seniors Get Up and Go program



3,198

children participated in life-saving swim lessons



506

children and youth experienced YMCA Day Camps

\$5,000



camp subsidies helped make participation possible



18

Licensed YMCA Child Care Centres



1,003

children from **723** families engaged in quality care and early learning in YMCA Licensed Child Care programs

32



Locations across Northumberland County



Caring volunteers

423

gave 12,023 hours



Dedicated employees

232

918

People received financial assistance from the YMCA



334

Generous donors



supported our cause



Summer youth employees

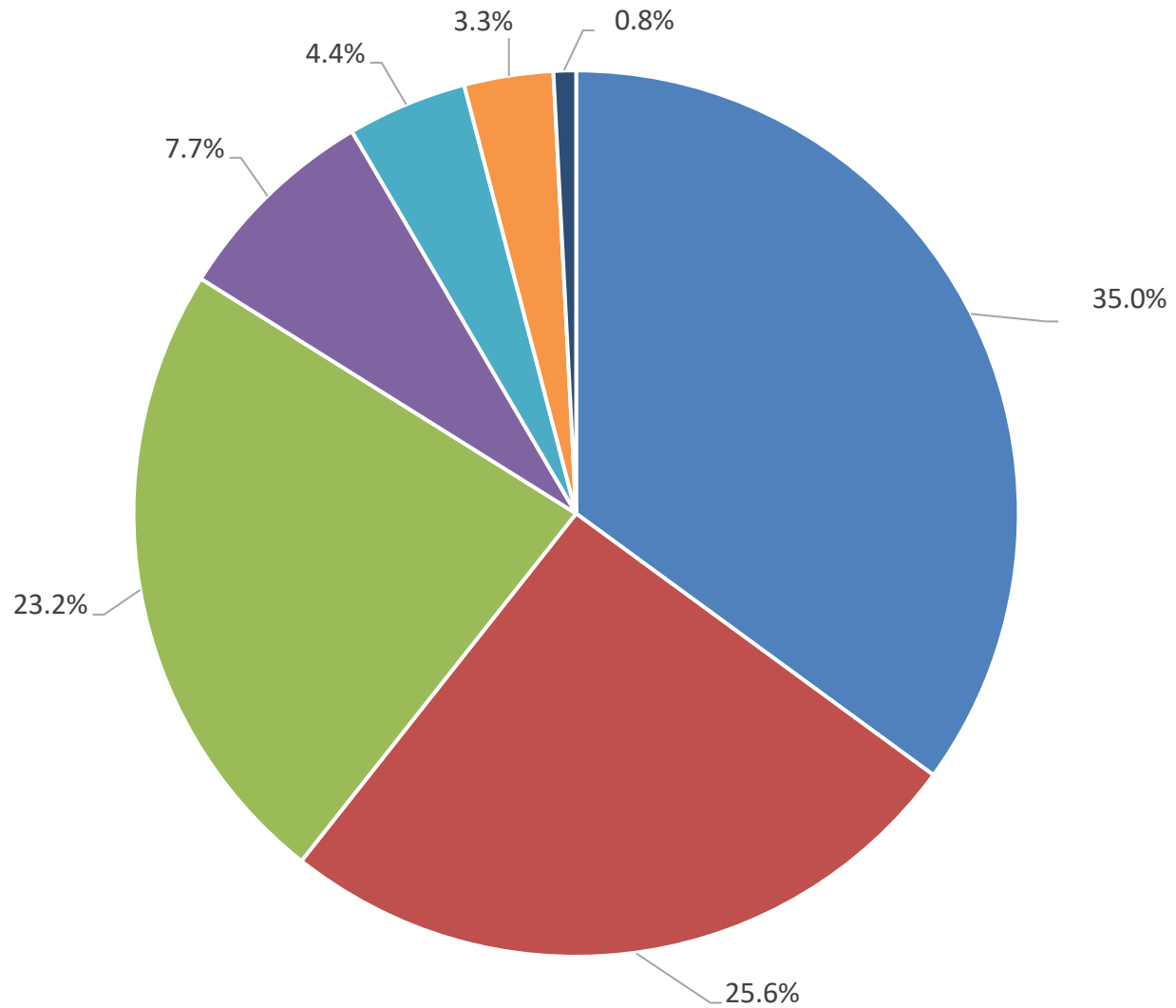
98

gained leadership skills and contributed to building strong communities

\$204,932

Raised through the **YMCA Strong Communities Campaign**

Sources of Revenue



Financial Statements

Statement of Operations for the year ended December 31, 2018		
REVENUES	2018	2017
Child services and camp	\$1,715,537	\$1,589,456
Day use and programs	293,334	285,212
Memberships	1,556,228	1,480,344
Community programs	2,347,364	2,079,108
Northumberland United Way	0	9,250
Town of Cobourg Fee-for-Service	217,943	198,640
Town of Brighton Municipal lease agreement	55,000	52,500
Donations, interest and other income	512,603	559,472
	\$6,698,009	\$6,253,982
EXPENSES		
Wages and benefits	\$4,542,033	\$4,167,024
Plant and facilities	562,565	575,667
General administration	378,030	400,199
Supplies	475,895	433,645
Advertising and promotion	72,674	69,518
Association dues and fees	108,122	103,925
Total expenditures before amortization	\$6,139,319	\$5,749,978
Gross Contribution before amortization expense	558,690	504,004
Amortization of capital assets	423,358	476,118
Net Contribution	\$135,332	\$27,886

Statement of Financial Position as at December 31, 2018		
ASSETS	2018	2017
Current		
Cash	\$459,025	\$223,053
Investments	343,774	351,011
Accounts receivable	256,336	238,378
Prepaid expenses	92,326	60,937
	\$1,151,461	\$873,379
Capital Assets (net book value)	\$4,940,428	\$5,094,459
	\$6,091,889	\$5,967,838
LIABILITIES		
Current		
Accounts payable	\$251,250	\$267,658
Unearned revenue	\$594,710	\$367,063
Current portion of capital leases	95,600	88,149
	\$941,560	\$722,870
Long Term		
Capital Lease Obligation	\$99,012	\$173,187
Deferred contributions - Land	\$312,000	\$312,000
Deferred capital contributions	\$1,986,478	\$2,142,274
	\$2,397,490	\$2,627,461
Total Liabilities	\$3,339,050	\$3,350,331
NET ASSETS		
Surplus and Reserves		
Fund balance beginning of year	2,617,507	2,589,621
Restricted Capital Contribution	0	0
Excess of revenues over expenses	\$135,332	\$27,886
	2,752,839	2,617,507
	\$6,091,889	\$5,967,838

This financial information has been taken from the audited statements report by BDO Canada LLP. Complete financial statements are available upon request.



YMCA Impact | Will

Supporting Recovery

After William Dobson (Will) struggled with anxiety and depression for months, his quality of life was finally improving when life threw another curveball. Will suffered a stroke.

Will treated his recovery time in the hospital, fourteen weeks, as a class he had to ace.

Will was a star student, regaining strength, balance, movement, and memory. Once he returned home, Will took what he learned and continued his recovery using any frustration to fuel and motivate himself to become stronger day by day.

Seeking additional support, Will joined the YMCA on a six-month subsidized membership, and staff quickly grew to know him. Staff at the Cobourg YMCA watched his progress in amazement as he worked his way from walking

slowly and unsteadily, to being able to use the stair mills, strength machines, and swimming pool.

Will worked to improve his short-term memory by practising names of staff and fellow members whom he would meet. He was meeting new people and making friends who could help motivate and support him on his recovery journey.

“Fitness is one portion of what I got from the Y. What else did I gain? I also worked out my mind and built a network of support.”

If you have the opportunity to talk to Will, your conversation might go

from computer technology to car restoration, to fitness, and finally to his love of Superman. Will may not be able to jump over tall buildings like Superman, but his experience proves that he has the strength to overcome whatever life throws his way. Will has extended his YMCA membership and continues to be a part of the YMCA family.

Because of financial assistance from the YMCA Strong Communities Campaign, Will was able to access programs and services that supported his recovery.



YMCA Impact | Sarah

Growing Through Leadership

Sarah was born and raised in Cobourg, Ontario living her whole childhood in a house one street over from the Cobourg YMCA. Going to the Y became part of her daily routine. When she was young, she played in the play centre while her mother took group fitness classes, participated in youth programs as she grew older, and eventually, spent all summer having fun in YMCA Day Camp. The Cobourg YMCA became an extension of her home.

Sarah loved the Y and volunteered her time until she was old enough to apply for a job leading youth programs. The first program she delivered was CATCH Kids Club, an afterschool program that focused on nutrition and exercise for kids.

In her roles leading youth and camp programs at YMCA Northumberland, Sarah's leadership style and skills continued to develop learning to lead by example, learning coping techniques to deal with stress, and continuing to learn about the connection between spirit, mind, and body. Sarah became a part of the camp leadership team coaching, supporting and mentoring young leaders in their first years as camp counsellors.

Along the way, the YMCA provided an inclusive environment where Sarah became friends with people from all backgrounds broadening her perspective of the world and other people and preparing her as she moved out of Cobourg to pursue post-secondary education. Sarah eventually attained her Doctor of Naturopathy from the Canadian College of Naturopathic Medicine after receiving her Bachelor of Science in Kinesiology from Queen's University.

Over the years, Sarah has experienced the positive impact of the Y herself, and she has seen how it is relevant in other people's lives as well.

"The YMCA is a place where you can expand your horizon, challenge and push yourself towards your goals and succeed in a safe and supportive environment. You see it in the kids at camp. Camp is all about stepping out of your comfort zone and trying new things every day. In the beginning, maybe you never thought you would make it to the top of the rock wall, and by the end of the summer you did, and that sense of accomplishment and control over what you want to do is empowering and confidence building to a child."

Sarah recognizes that the same applies to members coming in with fitness goals or people committing to attend a wellness workshop. They are stepping out and committing to themselves, knowing or learning that the Y can provide a safe and inclusive space with the support to help them reach their goals and live a better, healthier life.

"I think everything that the YMCA does helps teach people that they can achieve their goals."

Dr Sarah Vosburgh is back in Cobourg practising Naturopathy and delivers regular Wellness Workshops at the Cobourg YMCA. She shares her knowledge, expertise and passion and continues to be a leader in helping others to live healthier and happier lives.



YMCA Impact | Lyn

Making Health A Priority

Lyn Gainforth's journey with YMCA Northumberland started when her daughter moved to Northumberland County from Toronto. Lyn encouraged her daughter to join the Cobourg YMCA to meet new people and access swimming lessons for her son. Six months later, her daughter saw an ad for the Seniors Get Up and Go Program, a free twelve-week progressive program for seniors focused on removing barriers to participation in a healthy lifestyle. The program was being offered in their community at the Brighton YMCA.

Although they were not interested in the program, her daughter convinced Lyn and her husband to register. They had no intention of staying on for the entire program but knew they would have to answer to their daughter if they did not try it.

Feeling skeptical and a little intimidated, Lyn arrived for the first class with low expectation anticipating an environment

focused on high-level fitness with no support. Lyn was surprised to find an inviting and inclusive environment with friendly staff and members ready to support them in achieving realistic goals for their health needs.

"From the first day we felt very comfortable, and we love the instructors. My husband had shoulder surgery, and they had alternative ways to do exercises to accommodate his needs. We did not expect that. For the very first time, we became very active participants."

Lyn made an instant connection with the group, and they were now out of the house, making connections, getting active,

and surprising themselves as their balance and mobility improved over the twelve weeks of the program.

"It gave us a lot more confidence knowing the Brighton YMCA wasn't just a normal health club - it's more of a family-oriented environment. We were having fun."

Having a positive experience and seeing improvements to her health, Lyn signed up for a membership and started taking group fitness classes and tackling solo workouts in the personal conditioning centre, confident in knowing that she could get help from the YMCA staff or volunteers.

Through the Seniors Get Up and Go Program, Lyn was able to gain confidence to tackle her health and wellness goals, and she continues her journey as a part of the YMCA family.



YMCA Impact | Lawrence

Building Relationships

Dedicating time to getting active was never an issue for Lawrence Beauchamp, but after joining a local gym, he realized he was looking for something more than 'just a gym.' Finding clean facilities and up to date equipment was only one part of what he was looking for. He thought he would give the Y a try, so he signed up for a membership at the Cobourg YMCA.

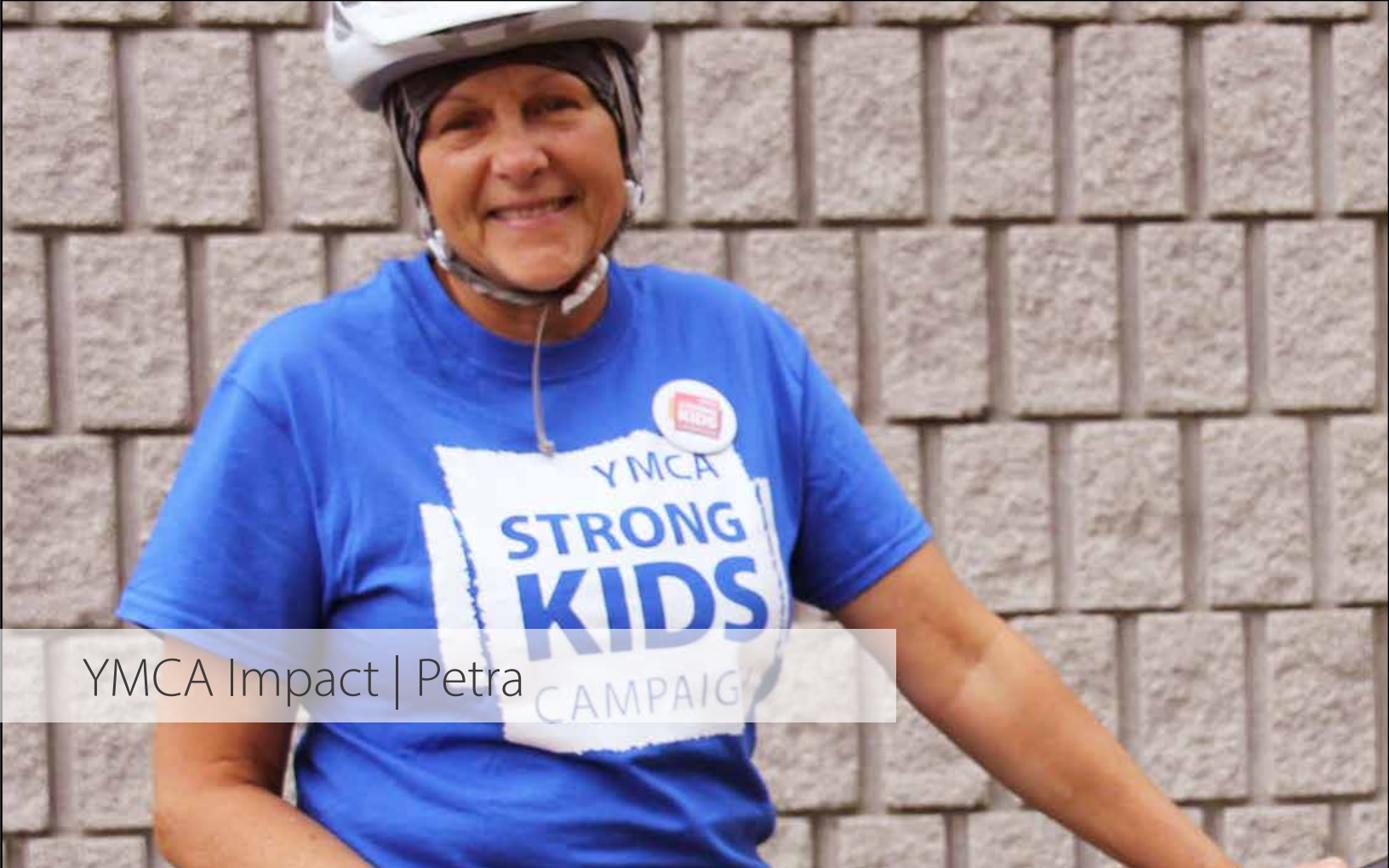
Lawrence was surprised that every time he arrived at the YMCA, Membership Staff warmly welcomed him. Lawrence enjoyed engaging with staff

and socializing with friends. He appreciated that the staff took the time to get to know him and looked forward to seeing them.

"The first time I walked into the Y, people were so friendly. I enjoy the welcome and positive atmosphere, allowing me to enjoy playing basketball with friends or workout in the conditioning centre."

The YMCA provided Lawrence not only with space to shoot

hoops and workout, but a place to unwind after work, and connect with peers, building positive relationships. Besides becoming physically healthier, Lawrence became part of a community which allows him to enjoy a healthier lifestyle.



YMCA Impact | Petra

Fueling Potential

Petra Hartwig's connection to nature and her love of the outdoors started in grade three. Her teacher would take the class on hikes where they would learn about plants and birds.

"It was truly magical and inspired my love to be outside and active."

Petra began to share her passion for the outdoors by becoming a camp counsellor in high school, and later by leading her family on camping and backpacking trips. She truly believes in the benefits of outdoor play and adventure, and the impacts these opportunities have on children.

When Petra retired and was looking for a way to give back to the community, she naturally gravitated towards supporting kids in finding opportunities to enjoy outdoor

adventure. Petra found this connection with the YMCA values, volunteering her time to support annual campaigns and initiatives.

"I love the Y. I think it's one of the best parts of our community; getting people involved in fitness and the great programs that encourage children to get active and explore interests strengthens our communities."

In 2017, Petra started an individual fundraising campaign to support the YMCA Day Camp Lunch Program. Petra cycled from Niagara Falls to Ottawa, to raise awareness and funds all while continuing to inspire people of all ages to get outside and get active.

The money Petra raises each year helps tackle barriers that make it difficult for kids and their families to eat healthily, be they financial, or based on the hectic pace of life. One in six children participating in YMCA Summer Day Camps is receiving assistance through the YMCA Strong Communities Campaign, and the Lunch Program supports families in making healthy nutrition possible.

"I've always been so involved in my children's diet and their nutrition which they keep up with their kids... Having a Day Camp Lunch Program gives every camper the opportunity to have a nutritious meal to fuel the day and be ready to enjoy the outdoors."

Petra's commitment to fueling future leaders contributes to Building Strong Communities throughout Northumberland County.



YMCA Impact | Andrea

Photo: John Stevenson

Rising to the Challenge

Andrea Colagiaco started at YMCA Northumberland as a Mother of Newborns participant. The Mothers of Newborns Program is designed to provide mothers with an easy and safe path towards health and wellness while creating a network of support and belonging.

Andrea found that through participation she began making connections and enjoying the welcoming atmosphere that the YMCA provided for her and her family.

Andrea hoped to get back into swimming. Having a strong foundation in swimming from participating in synchronized swimming in her youth, Andrea was interested in learning what she would need to do to become a certified lifeguard.

After learning the rigorous requirements for certification, with a toddler and a new baby at home, Andrea thought the goal was unrealistic for her. The YMCA staff Andrea met during the Mothers of Newborns Program encouraged her to

pursue her certification and committed to helping her achieve her goal. She enrolled in the Bronze Medallion and Bronze Cross courses, the first steps towards becoming a certified lifeguard, and the YMCA arranged to assist with child minding and provide practice lessons leading up to the course. Andrea completed the courses and enrolled in the National Lifeguard course.

“The YMCA staff were very supportive of my goal and encouraged me to pursue my NL... to just go for it. They made it possible through child minding and a pre-program so I could brush up on my skills.”

Throughout the process, Andrea was able to have her new baby close by, easing the

worry that she would be away from her newborn. With Andrea’s hard work, the support of her amazing husband, and the YMCA staff and volunteers, she has met that goal in just a few short months and is now part of the YMCA Northumberland Aquatics Team.

Andrea continues to work towards other goals, inspiring others with her dedication along the way. The opportunity afforded to Andrea through the Mothers of Newborns program helped her reconnect with her passion for swimming, and build the confidence needed to challenge herself to achieve her goals.



2018 Volunteers

Julian Abbaticchio
 Barry Adamson
 Stella Ahn
 John Aisbitt
 Dan Alldred
 Seth Allen
 Armstrong Amy
 Les Andrews
 Maddie Annis
 Bonnie Annis
 Tim Annis
 Jessica Auger
 Dave Avery
 Elaine Azzopardi
 Maeve Baayen
 Michael Ballum
 Natasha Banks
 Dr. Michael Barrie
 Alyssa Batchellor
 Doug Bates
 Ryan Bates
 York Bell-Smith
 Tracey Berry
 Scott Berry
 Derek Blackadder
 Thalia Bock
 Tricia Boehme
 Deb Boguski
 David Bourque
 Kyle Brewster
 Debbie Brown
 Kelly Brown
 Judy Brown
 Naomi Brulotte
 James Bryant
 Dan Bulger
 Lorraine Bulger
 Darlene Bunn
 Zoe Butchart
 Will Buzminski
 Nikita Buzzell

Shona Byrnes
 Louanne Cable
 Greg Cable
 Lynne Caffin
 Ron Caffin
 Linda Cardie
 Denise Caron
 Sarah Carr
 Diego Castro
 Lee Cheese
 Netania Chessell
 Rachel Cheung
 Ronald Christie
 Christine Clark
 Mary Liz Clark
 Stewart Clark
 Daniel Clark
 Brenna Clarke
 Eric Clarke
 Sharon Closs
 Ryan Colquhoun
 Ria Colquhoun
 Allistair Commins
 Judie Cooper
 Rodger Cooper
 Robin Cooper
 Lana Corkery
 Chloe Craig
 Eden Crawford
 Justin Creighton
 Melissa Crosby
 Paul Cuddy
 Kelley Curtis
 Al Curtis
 Ray Dabuzinskas
 Lexxi Dafeo
 Matthew Dafeo
 Todd Dafeo
 Harry Daignault
 Colin Danabie
 Hunter Davis

Devin DeJong
 Montana DesJardins
 Alec Dewdney
 Carol Dewey
 Jenny Doucet
 Christina Doughty
 Tracy Drumm
 Harmony Dubeau
 Harmony Dunstan
 Cara Earle
 Hannah Eastwood
 Jessie Eddy
 Julie Edwards
 Lisa Elliott
 Tammy Elliott
 Stewart Clark
 Mark Essak
 Linda Essak
 Kara Euale
 Aleah Everding
 Ayo Eyesan
 Vanessa Fang
 Katherine Fanning
 Kevin Fast
 Jacob Fast
 Jennifer Fernandes
 George Finlay
 Sheri Fisher
 Fernanda Fonseca-Ortega
 Jennifer Ford
 Jeremy Forward
 Rose Frame
 Scott Fraser
 Jessica Fraser-Thomas
 Delyth Fraser-Thomas
 Amelia Fraser-Thomas
 Evan Fraser-Thomas
 Jillian Fraser-Thomas
 Ronan Fraser-Thomas
 Jakob Froncz
 Mark Galonski

Marilyn Galonski
 Anne Gauthier
 Hailey Gear
 Mark Geens
 Lori Geens
 Mohamed Ghrir
 Wendy Gibson
 Adam Gilbert
 Brooke Gillespie
 Merle Gingrich
 Angela Godfrey
 Jaslyne Golaz
 Steve Goodrich
 Beatrice Goupil
 Heather Goupil
 Patti Gourd
 Margaret Graham
 Kara Graham
 Ethan Graham
 Sharon Grandy
 Jack Griffiths
 Tina Grills
 Erica Groves
 Sabrina Guite
 Lorenzo Guite
 Bernice Hache
 Al Hahn
 Emma Hak-Kovacs
 Tom Halligan
 Jim Halmerson
 Natalie Hansey
 Diane Harding
 Troy Hardy
 Bryan Harold
 Peter Harrison
 Petra Hartwig
 Lisa Hathaway
 Madison Hathaway
 Kyle Haywood
 Joshua Helps
 Kathran Helps



2018 volunteers continued

Photo: Chris Lotton

Arno Henkel
 Jennifer Henker
 Daniel Hertzner
 Sharyn Hessin
 Natasha Hilliard
 Pam Hills
 Stephen Hoftzyer
 Nichole Horwood
 Bev Howson
 Gord Hunter
 Ron Hyatt
 Natasha Jacobs
 Keara Jakic
 William James
 Dayna Jaynes
 James Jin
 Susie Jin
 Tristan Jin
 Nicolas Jin
 Magnus Jin
 Kathleen Johansson
 Alexi Johnson
 Beth Johnson
 Blake Jones
 Rick Jones
 Randy Jones
 Natalie Judd
 Anna Kato
 Greg Kay
 Yvonne Kay
 Judy Kellar
 Barbara Kelleher
 Margaret Kellerman-Cooper
 Peter Kelly
 Xzavier Kernaghan
 Ron Kerr
 Rehab Khashif
 Andrew King
 Eunice Kirkpatrick
 Tim Klassen
 Matt Korotki

Attila Kovacs
 Karen Krissa
 Baitley Kristy
 JoAnn Kropf-Hedley
 Harold Kuschnik
 Kim Kutka
 Carson Kwok
 Timo Kwok
 Heike Kwok
 Myrofora Kypri
 Scott Lang
 Scott Lauzon
 Konnor Lawton
 Theresa Lazar
 Al Leblanc
 Bill Lee
 Meghan Lee
 Lauryn Lefrancois
 Sarah Legakis
 Tamara Legato
 Jody Legerwood-Taylor
 Jason Linton
 Nancy Little
 Victoria Little
 Jessica Logan
 Chris Lotton
 Cheryl Lowry
 Shawn Lucas
 Caryn MacDiarmid
 Leigha MacDiarmid
 Bill MacDonald
 Meaghan MacDonald
 Melissa Mackenzie
 Geoffrey Macklin
 Mike Macklin
 Rachel Mann
 Tony Manna
 Chrystalla Manna
 Erica Marchetti
 Pat Marlow
 Jannine Martin

Catherine Martin
 Roy Martin
 Judith Masters
 Edward Masters
 George May
 Luz Ofelia Maya Penagos
 Chase McAllister
 Jillian McCarthy
 Howie McCourt
 Royce McCracken
 Samantha McCracken
 Mike McCracken
 Scott McCracken
 Terry McDermott
 Elaine McDermott
 Sheila McDonald
 Jane McCaig
 Fiona McKeen
 David McLaren
 Fredrick Mcleod
 Hayley McNabney
 Laura McRobin
 Aidan Mead
 Megan Meade
 Pam Meade
 Emily Mealing
 Eric Meorado
 Isabel Mikoluk
 Al Miller
 Jamie Milner
 Sam Miron
 Lucy Moodie
 Oref Morad
 Chad Munday
 Lisa Munday
 Jim Murray
 Dash Murray
 Erik Narine
 Darlene Nassak
 Natalia Nassief
 Charlotte Neal

Franziska Nix
 Jessica Olczak
 Sarah Oliver
 Randy Oliver
 Mariam Omilabu
 Grace O'Neil Watts
 Brittany Ouderkirk
 Keara Pagnello
 Trenholm Parker
 Rachael Pasma
 Deb Patton
 Nicole Patton
 Peter Pettit
 Jakob Philip
 Tony Pitts
 Christian Poirier
 Barrileigh Price
 Yana Prince
 Jim Proskospe
 Liliana Quispe
 Catharine Ramsey
 Arnaud Raymond
 Helene Raymond
 Stewart Richardson
 Carla Ring-Herron
 Danielle Roberts
 Will Roderick
 Lynn Rogers
 Kim Rose
 Thea Rose
 Kyle Ross
 Kat Ross
 Dan Ross
 Thea Rososkopf
 Tom Rousseau
 Tom Rudd
 Garth Rushton
 Jack Russell
 Abby Russell
 Liz Rylande
 Joanne Samis



2018 volunteers continued

Anne Sargent
 Ron Sargent
 Anne Sauve
 Dawn Schlatman
 Maria Scholz
 Joel Scott
 David Secord
 Sandy Segal
 Dr. Beth Selby
 Geri Sheedy
 Ken Shehan
 Liz Shehan
 Ariana Shirzad
 Halima Shirzad
 Heather Shorten
 Rod Simpson
 Samantha Simpson
 Tiffany Skrinek
 Jamie Slade
 Jonas Smith
 Marta Sofia Reyes
 Ron Somerville
 Michelle Spagnolo
 Kris Spagnolo
 Skylar Spagnolo
 George Spalding
 Ryan Spiegler
 Jan Spragge
 Ken Stevenson
 Tim Strong
 Ken Stubbings
 Lynn Stubbings
 Danielle Sullivan
 Alex Switzer
 Cameron Tabatabaei
 Steve Tackaberry
 Morris Tait
 Chloe Tam
 Maureen Tambeau
 Kasie Taylor
 Sarah Taylor

Rosemary Taylor
 Alex Taylor
 Cathy Tedford
 Mark Tedford
 Deb Thomas
 Phil Thomas
 Deborah Thompson
 Chelsea Thompson
 Dave Thompson
 Aidan Tierney
 Olivia Tilley
 Chelsea Tinney
 Ashley Tottenham
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 Marina Turner-Johansson
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As a charity, the YMCA is dedicated to promoting the health of our communities by fostering the well-being of individuals. To realize this goal, we rely on the generous support of sponsors and donors, who share our commitment to building strong kids, strong families, and strong communities, locally and globally

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Black Cat Catering
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2018 YMCA
Strong Communities
Campaign Chair

Joel Scott

"I'm so grateful to be part of the Y family, and I am even more happy to be asked to be the campaign chair for the **2019 YMCA Strong Communities Campaign** for a second term.

This is a huge opportunity to continue to bring awareness to the YMCA as a charity that provides **programs and services that engage and connect people**. I cannot wait to see what we can do in 2019."

Joel has helped us achieve great success in broadening our reach, and we are thrilled to welcome him back for a second term as the YMCA Strong Communities Campaign Chair.



We are proud to have achieved prestigious accreditation from Imagine Canada's Standards Program in October 2018.

The Standards Program awards accreditation to charities and nonprofits that demonstrate compliance in five fundamental areas:

board governance; financial accountability and transparency; fundraising; staff management; and volunteer involvement.



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Community Partners Program

At the YMCA, we know that by working with others, we can extend our reach and provide vital programs and services to even more people in our communities. Through partnerships with other community organizations, businesses, and individuals, we are finding new and innovative ways of meeting the needs of the communities we serve.

YMCAs across the country collaborate with hundreds of partner organizations each year on initiatives that have allowed us to expand into new program areas, support under-served populations and address critical health and wellness issues.

Through the Community Partners Program, we join forces with like-minded individuals and organizations with a keen interest in Building Strong Kids, Strong Families, and Strong Communities. These partnerships make it possible to share our expertise, knowledge, and resources with each other, and ultimately achieve more than we could alone.

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Partnerships

Through cooperation with our community partners, we are expanding the available resources and services to families and individuals in Northumberland County through the YMCA. We know there is a greater demand than ever before for help to address social needs, health concerns and adversity. In order to create meaningful change in these areas we know we must call on the collective strength of our neighbours and work together.

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Building healthy communities

Photo: Vanessa Chute

YMCA Northumberland

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