

Swimming Lessons

September 10 - November 4, 2023

Rates				
	30 Minute Class	45 Minute Class	Private 30 Minute Class	Semi-Private 30 Minute Class
8 Weeks	\$78.25	\$87.10	\$140.45	\$206.25
	Jr. Lifeguard Club	Y Waves Swim Team	Adult Learn to Swim	Adult Stroke Correction
8 Weeks	\$160.00 (1 Day/Week) \$320.00 (2 Days/Week)	\$300.50 (2 Days/Week)	\$87.10	\$87.10

Jumpers Level Swim Lessons

Parents/guardians will be required to be in the water to assist their child.

Learn to Swim Lessons (Otter/Seal Only)

Child will be assessed in their first lesson to determine if parent/guardian is required to be in the water.

Cobourg Indoor Pool Swim Lessons

Level	Tuesday	Wednesday	Thursday	Saturday	Sunday
	Time				
Splasher/Bubbler	5:30PM - 6:00PM	5:00PM - 5:30PM	4:30PM - 5:00PM	9:30AM - 10:00AM	
Bobber/Floater	4:30PM - 5:00PM 5:30PM - 6:00PM 6:00PM - 6:30PM	4:30PM - 5:00PM 5:30PM - 6:00PM 6:00PM - 6:30PM	4:30PM - 5:00PM 5:30PM - 6:00PM 6:00PM - 6:30PM	9:00AM - 9:30AM 9:30AM - 10:00AM 10:30AM - 11:00AM 11:45AM - 12:15PM	
Glider/Diver	5:00PM - 5:30PM 6:00PM - 6:30PM	5:30PM - 6:00PM 6:45PM - 7:15PM	5:00PM - 5:30PM 6:30PM - 7:00PM	10:00AM - 10:30AM 11:15AM - 11:45AM	
Surfer/Jumper	6:45PM - 7:15PM	5:30PM - 6:00PM	6:00PM - 6:30PM	10:00AM - 10:30AM	
Otter/Seal	4:30PM - 5:00PM 5:00PM - 5:30PM	4:30PM - 5:00PM 5:30PM - 6:00PM	5:00PM - 5:30PM 5:30PM - 6:00PM	9:00AM - 9:30AM 10:00AM - 10:30AM 12:15PM - 12:45PM	
Dolphin/Swimmer	4:30PM - 5:00PM 5:30PM - 6:00PM	4:30PM - 5:00PM 6:00PM - 6:30PM	4:30PM - 5:00PM 5:30PM - 6:00PM	9:00AM - 9:30AM 10:30AM - 11:00AM	
Star 1/2	4:30PM - 5:15PM 6:00PM - 6:45PM	4:30PM - 5:15PM 6:00PM - 6:45PM	4:30PM - 5:15PM 6:00PM - 6:45PM	9:00AM - 9:45AM 10:30AM - 11:15AM	
Star 3/4	5:15PM - 6:00PM 7:00PM - 7:45PM	5:15PM - 6:00PM 7:00PM - 7:45PM	6:00PM - 6:45PM 7:00PM - 7:45PM	9:45AM - 10:30AM 11:30AM - 12:15PM	
Star 5/6	6:30PM - 7:15PM	6:00PM - 6:45PM	5:15PM - 6:00PM	10:30AM - 11:15AM	
Private Lessons	5:00PM - 5:30PM 6:00PM - 6:30PM 6:30PM - 7:00PM 7:15PM - 7:45PM	5:00PM - 5:30PM 6:30PM - 7:00PM 6:45PM - 7:15PM 7:15PM - 7:45PM	5:00PM - 5:30PM 6:30PM - 7:00PM 6:45PM - 7:15PM 7:15PM - 7:45PM	9:30AM - 10:00AM 11:00AM - 11:30AM 11:15AM - 11:45AM 11:45AM - 12:15PM 12:15PM - 12:45PM	10:00AM - 10:30AM 10:30AM - 11:00AM 11:00AM - 11:30AM 11:30AM - 12:00PM 12:00PM - 12:30PM 12:30PM - 1:00PM
Y Waves	7:00PM - 8:00PM		7:00PM - 8:00PM		
Jr. Lifeguard Club		7:00PM - 8:00PM		11:30PM - 12:30PM	
Adult Stroke Correction		7:15PM - 8:00PM			
Adult Learn to Swim			7:15PM - 8:00PM		
SFA & Lifeguarding Courses					
Bronze Medallion	5:00PM - 8:00PM				