



Cobourg YMCA Membership Info

Inclusive Membership

All youth + family programs, swimming lessons, aquatic classes, squash, and all YMCA adult fitness classes are included in the cost of your membership.

YThrive Workout Plans

Learn how to use our fitness equipment, and consult with one of our YThrive coaches to choose a workout plan to help you reach your goals.

Young Adult Membership

New membership options to provide flexibility for Young Adults age 15-29. BASIC for PCC and Gym Access or ALL INCLUSIVE to include all programs and services.

Personal Training

For an additional fee, work with one of our Certified Personal Trainers to get the most out of your workout, and help you reach your fitness goals.

Enjoy Senior Rates Sooner

Older adults are now eligible for Senior rates at the age of 55, offering a lower monthly rate that includes full access to our programs and services.

PlayCentre

For a small fee or monthly pass, your child can access the Play Centre while a parent or guardian uses the facility.

2023 MEMBERSHIP RATES

We have expanded options to better serve those in our community.

12 Months

Monthly/
Continuous

Day Pass

Family/Group Membership

\$1,482

\$130

\$17

Up to 5 individuals who do not need to be related or live at same household but must include at least one person over 18 yrs. Account must be managed by a single payee.

Adult Membership

(30-54yrs)

\$798

\$70

\$14

Senior Membership

(55yrs +)

\$684

\$60

\$10.50

Young Adult ALL-IN* Membership

(15-29yrs)

\$627

\$55

\$8.50

Young Adult BASIC* Membership

(15-29yrs)

\$513

\$45

Youth Membership

(Under 15yrs)

\$570

\$50

\$6.50**

Couple Membership

2 adults who do not need to be related or live at same household but account must be managed by a single payee.

\$1,368

\$120

Senior Couple Membership

(55yrs +)

\$1,163

\$102

*ALL-IN gives unlimited access to all YMCA member offerings. BASIC gives unlimited access to the Personal Conditioning Centre and Gym.

**Price includes supervising caregiver for child under 10yrs. All prices subject to HST except Youth Membership + Day Pass

YMCA Strong Communities Fund

As a registered Canadian charity, the YMCA offers financial assistance through our Strong Communities Fund so anyone in our community can participate in YMCA programs and services. We have a process for determining eligibility for financial assistance. Please contact (905) 372-0161 for more information.

Thanks to our generous supporters, partners and volunteers who make this possible every day.

For more information please inquire at Membership Services.

Convenient monthly payments can be setup through pre-authorized withdrawals from your bank account, on your credit card, or you can prepay on a fixed term.