



Brighton YMCA Membership Info

Group Fitness

Enjoy unlimited access to a variety of adult group fitness classes that will help you improve cardio, strength and flexibility.

Payment Options

Set up convenient monthly payments through a bank account or credit card pre-authorized withdrawals, or prepay on a fixed term.

Conditioning Centre

Achieve your fitness goals using our wide range of cardio, strength, plate-loaded and free weight equipment.

Special Saturdays

Looking to change things up on the weekend? We will have a variety of different classes offered on Saturday mornings

Y Thrive Workout Plans

Find out how to use our fitness equipment, and discuss a workout plan to reach your goals with one of our Y Thrive coaches.

Guest Privileges

Enjoy the opportunity to introduce your family and friends to the Brighton YMCA by bringing them with you to use the facility.

2023 MEMBERSHIP RATES

BRIGHTON YMCA

We have expanded options to better serve those in our community.

	12 Months	Monthly/ Continuous	Day Pass
Family/Group Membership	\$1,482	\$130	N/A
Up to 5 individuals who do not need to be related or live at same household but must include at least one person over 18 yrs. Account must be managed by a single payee.			
Adult Membership (30-54yrs)	\$684	\$60	\$10.50
Senior Membership (55yrs +)	\$627	\$55	\$10.50
Young Adult (15-29yrs)	\$513	\$45	\$10.50
Youth Membership (Under 15yrs)	\$410	\$36	\$10.50
Couple Membership	\$1,254	\$110	N/A
2 adults who do not need to be related or live at same household but account must be managed by a single payee.			
Senior Couple Membership (55yrs +)	\$1,083	\$95	N/A

All prices subject to HST except Youth Membership + Day Pass

YMCA Strong Communities Fund

As a registered Canadian charity, the YMCA offers financial assistance through our Strong Communities Fund so anyone in our community can participate in YMCA programs and services. We have a process for determining eligibility for financial assistance. Please contact (905) 372-0161 for more information.

Thanks to our generous supporters, partners and volunteers who make this possible every day.

For more information please inquire at Membership Services.

Convenient monthly payments can be setup through pre-authorized withdrawals from your bank account, on your credit card, or you can prepay on a fixed term.