



Brighton YMCA Membership Info

Y@Home Online Service

Even when you're away, access Online Workouts, Recipe ideas and even Fitness Challenges.

Group Fitness

Enjoy unlimited access to a variety of adult group fitness classes that will help you improve cardio, strength and flexibility.

Conditioning Centre

Achieve your fitness goals using our wide range of cardio, strength, plate-loaded and free weight equipment.

Y Thrive Workout Plans

Find out how to use our fitness equipment, and discuss a workout plan to reach your goals with one of our Y Thrive coaches.

Flexible Memberships

We offer Group as well as an expanded definition for Couple Memberships.

Special Saturdays

Looking to change things up on the weekend? We offer a variety of different classes on Saturday mornings

Guest Privileges

Enjoy bringing your family and friends to the Brighton YMCA to experience the facility.

2024 MEMBERSHIP RATES

BRIGHTON
YMCA

Find expanded options to better serve you.

	12 Months	Monthly/ Continuous	Day Pass
Family/Group	\$1,541	\$135	N/A
Up to 5 people who don't need to be related or live at same household but must include at least one over 18 yr. old and account managed by a single payee.			
Adult (30 - 54yrs)	\$711	\$62	\$11
Senior (55yrs +)	\$652	\$57	\$11
Young Adult (15 - 29yrs)	\$534	\$47	\$11
Youth (Under 15yrs)	\$426	\$37	\$11
Couple	\$1,304	\$114	
2 adults who don't need to be related or live at same household but account must be managed by single payee.			
Senior Couple (55yrs +)	\$1,126	\$99	

All prices subject to HST except Youth Membership + Day Pass

YMCA Strong Communities Fund

As a registered Canadian charity, the YMCA offers financial assistance through our Strong Communities Fund so anyone in our community can participate in YMCA programs and services.

Please contact (905) 372-0161 for more information about our process for determining financial assistance eligibility.

Thanks to our generous supporters, partners and volunteers who make this possible every day.

For more information please inquire at Membership Services.

Convenient monthly payments can be setup through pre-authorized withdrawals from your bank account, on your credit card, or you can prepay on a fixed term.