



Cobourg YMCA Membership Info

Y@Home Online Service

Even when you're away, access Online Workouts, Recipe ideas and even Fitness Challenges.

Inclusive Membership

All youth, child + family programs, swimming lessons, aquatic classes, squash, and all adult fitness classes are included in the cost of your membership.

Flexible Memberships

Young Adults, age 15-29, have two Membership options to choose from; BASIC or ALL IN. And we offer flexible Group and Couple Memberships too.

Enjoy Senior Rates Sooner

Older adults are now eligible for Senior rates at the age of 55, offering a lower monthly rate that includes full access to our programs and services.

YThrive Workout Plans

Learn how to use our fitness equipment, and consult with one of our YThrive coaches to choose a workout plan to help you reach your goals.

Personal Training

For an extra fee, work with one of our Certified Personal Trainers to get the most out of your workout, and help you reach your fitness goals.

PlayCentre

For a small fee or monthly pass, your child can use the Play Centre while a parent or guardian uses the facility.

2024 MEMBERSHIP RATES

COBOURG
YMCA

Find expanded options to better serve you.

| | 12 Months | Monthly/ Continuous | Day Pass |
|---|-----------|------------------------|----------|
| Family/Group Up to 5 people who don't need to be related or live at same household but must include at least one over 18 yr. old and account managed by a single payee. | \$1,541 | \$135 | \$17.50 |
| Adult (30 - 54yrs) | \$830 | \$73 | \$14.50 |
| Senior (55yrs +) | \$711 | \$62 | \$11.00 |
| Young Adult ALL-IN* (15 - 29yrs) | \$652 | \$57 | \$9.00 |
| Young Adult BASIC* (15 - 29yrs) | \$534 | \$47 | |
| Youth (Under 15yrs) | \$593 | \$52 | \$7.00 |
| Couple 2 adults who don't need to be related or live at same household but account must be managed by single payee. | \$1,423 | \$125 | |
| Senior Couple (55yrs +) | \$1,210 | \$106 | |

*ALL-IN gives unlimited access to all YMCA member offerings. BASIC gives unlimited access to the Personal Conditioning Centre and Gym.

All prices subject to HST except Youth Membership + Day Pass

YMCA Strong Communities Fund

As a registered Canadian charity, the YMCA offers financial assistance through our Strong Communities Fund so anyone in our community can participate in YMCA programs and services.

Please contact (905) 372-0161 for more information about our process for determining financial assistance eligibility.

Thanks to our generous supporters, partners and volunteers who make this possible every day.

For more information please inquire at Membership Services.

Convenient monthly payments can be setup through pre-authorized withdrawals from your bank account, on your credit card, or you can prepay on a fixed term.