

# **SWIMMING LESSONS**

## January 14 - March 9, 2024

Schedules subject to change

All lessons required Registration.

Registration opens Tues., Jan. 2, 2024

### Rates (8 Weeks)

30 Minute Class \$81.60

45 Minute Class \$90.40

Semi Private 30 Minute Class \$206 (incl. 2 students/l instructor)

Private 30 Minute Class \$140.50 (incl. 1 student/1 instructor)

> Adult Learn to Swim Non Member: \$87.00 Member: No Cost

**Jr. Lifeguard** Non Member: \$160.001 class/week or \$320.002 classes/week

Member: \$40.00 1 class/week or \$80.00 2 classes/week

Y Waves Swim Team Non Member: \$350.00 2 days/week

Member: \$80.00 2 days/week

Adult Stroke Correction Non Member: \$76.25 Member: No Cost

Level	Tuesday	Wednesday	Thursday	Saturday	Sunday
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Splasher/Bubbler	5:30pm - 6:00pm	5:00pm - 5:30pm	4:30pm - 5:00pm	9:30am - 10:00am	
Bobber	4:30pm - 5:00pm 5:30pm - 6:00pm	4:30pm - 5:00pm 5:00pm - 5:30pm	4:30pm - 5:00pm 5:00pm - 5:30pm	9:00am - 9:30am	
	6:00pm - 6:30pm	6:00pm - 6:30pm	5:30pm - 6:00pm	10:30am - 11:00am	
Floater	4:30pm - 5:00pm	4:30pm - 5:00pm	5:00pm - 5:30pm	9:30am - 10:00am	
	5:00pm - 5:30pm 6:00pm - 6:30pm	5:30pm - 6:00pm 6:00pm - 6:30pm	5:30pm - 6:00pm 6:00pm - 6:30pm	12:00pm - 12:30pm	
Glider/Diver	5:00pm - 5:30pm	5:30pm - 6:00pm	5:00pm - 5:30pm	10:00am - 10:30am	
	6:30pm - 7:00pm	6:45pm - 7:15pm	6:30pm - 7:00pm	11:30am - 12:00pm	
Surfer/Jumper	6:30pm - 7:00pm	5:30pm - 6:00pm	6:00pm - 6:30pm	10:00am - 10:30am	
Otter	4:30pm - 5:00pm 5:30pm - 6:00pm	4:30pm - 5:00pm 5:00pm - 5:30pm	5:00pm - 5:30pm	9:00am - 9:30am 10:00am - 10:30am	
	6:30pm - 7:00pm	5:30pm - 6:00pm	6:00pm - 6:30pm	12:30pm - 1:00pm	
Seal	5:00pm - 5:30pm	5:00pm - 5:30pm 6:30pm - 7:00pm	4:30pm - 5:00pm	10:30am - 11:00am	
	6:00pm - 6:30pm 4:30pm - 5:00pm	6:50pm - 7:00pm	5:30pm - 6:00pm	12:30pm - 1:00pm	
Dolphin/Swimmer	5:30pm - 6:00pm	4:30pm - 5:00pm	4:30pm - 5:00pm 5:30pm - 6:00pm	9:00am - 9:30am	
	6:00pm - 6:30pm 6:30pm - 7:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	11:30am - 12:00pm	
Star 1/2	4:30pm - 5:15pm	4:30pm - 5:15pm	4:30pm - 5:15pm	9:00am - 9:45am	
	6:00pm - 6:45pm	6:00pm - 6:45pm	6:00pm - 6:45pm	10:45am - 11:30am	
Star 3/4	5:15pm - 6:00pm	5:15pm - 6:00pm	6:00pm - 6:45pm 7:00pm - 7:45pm	9:45am - 10:30am 11:45am - 12:30am	
Star 5/6	7:00pm - 7:45pm	6:00pm - 6:45pm	5:15pm - 6:00pm	10:30am - 11:15am	
	5:00pm - 5:30pm			9:30am - 10:00am	10:00am - 10:3
Private/Semi	6:45pm - 7:15pm 7:00pm - 7:30pm	5:00pm - 5:30pm 6:30pm - 7:00pm	6:30pm - 7:00pm 6:45pm - 7:15pm	11:00am - 11:30am 11:15am - 11:45am	10:30am - 11:00 11:00am - 11:30
	7:15pm - 7:45pm	6:45pm - 7:15pm 7:15pm - 7:45pm	7:15pm - 7:45pm	12:00pm - 12:30pm	11:30am - 12:00 12:00am - 12:30
	7:30pm - 8:00pm			12:30pm - 1:00pm	12:30am - 1:00
Waves Swim Team	7:00pm - 8:00pm		7:00pm - 8:00pm		
Jr. Lifeguard		7:00pm - 8:00pm		11:30am - 12:30pm	
ult Stroke Correction		7:15pm - 8:00pm			
dult Learn to Swim			7:15pm - 8:00pm		

#### SPLASHER/BUBBLER SWIM LESSONS

Parents/guardians will be required to be in the water to assist their child for this level of lessons.

#### **ADULT LEARN TO SWIM COURSE:**

In a group setting, certified YMCA Swim instructors tailor individualized plans for each participant,

#### **ADULT SWIM CORRECTION COURSE**

If you're seeking to enhance techniques, learn new strokes, increase efficiency, boost speed, & prevent improper technique injuries.