

Growing stronger together.



ANNUAL REPORT 2023



LAND ACKNOWLEDGEMENT

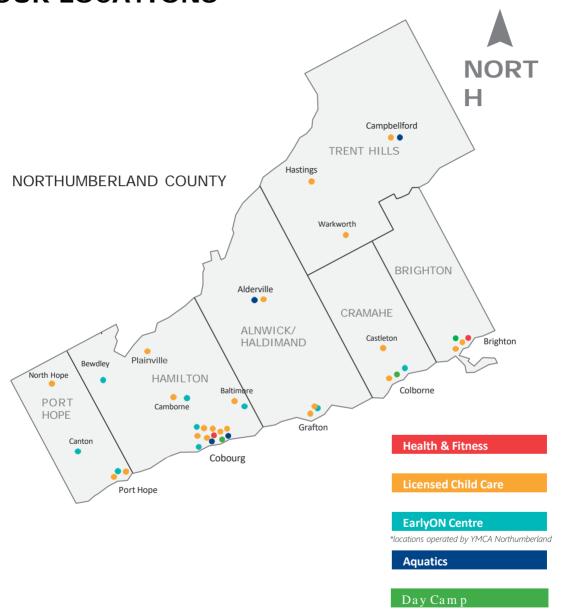
YMCA Northumberland is situated on land that is the treaty and traditional territory of the Mississauga and Chippewa Nations of the Anishinabek, known collectively as the Williams Treaties First Nations.

YMCA Northumberland is grateful for our relationship with the First Nations of this territory, for their teachings about the land, the water and all our connections. We continue our journey to strengthen our understanding of our Treaty relationship and of how to move forward in a positive way.

We acknowledge the contributions and accomplishments of all Indigenous people across this territory, current and throughout history.



OUR LOCATIONS





BOARD OF DIRECTORS

Elizabeth Vosburgh

Chair

Dr. Beth Selby

1st Vice Chair

Mark Galonski

2nd Vice Chair

Dr. Jessica Fraser-Thomas

Director

Dr. David Kim

Director

Doug Mann

Director

Lynda Kay

Director

Yvette McCartney

Director

Spencer Selhi

Director

Paul VandeGraaf

Director

Bob Biffin

Director

Bill Lee

Director

Stewart Richardson

• Director (2017 - June 2023)

LEADERSHIP TEAM

Eunice Kirkpatrick

Chief Executive Officer

Lynne Caffin

 Manager, Administration + Human Resources

Tim Strong

• Manager, Financial Systems

Leanne Clarke

• Manager, Health Fitness + Aquatics

Kasie Taylor

• Director, Children's Services

Kathryn Harrison

 Manager, Marketing Communications & Media Relations

Danielle Roberts

 Manager, Program Integrity, Children's Services

Kevin Matthews

Manager, Facility Services





MESSAGE FROM BOARD CHAIR AND CEO

Dear Members and Community Supporters,

As we reflect on the achievements of the past year, we are filled with gratitude and pride for the progress we have made in advancing our mission of strengthening the community. In 2023, YMCA Northumberland embarked on a transformative journey, guided by the renewal process of our Strategic Plan, which focuses on four essential pillars: A Thriving Organization, Strong Programs & Services, A Vibrant Organizational Culture, and Resilient Partnerships & Relationships.

One of our significant accomplishments was solidifying the partnership agreement with Trent Hills to operate a full suite of YMCA facilities in the new Sunny Life Recreation and Wellness Centre in Campbellford, scheduled to open in the Fall of 2024. This collaborative effort will provide state-of-the-art facilities and enriching programs aimed at promoting health, wellness, and inclusivity.

In our commitment to community well-being, we reengaged in discussions with the Town of Cobourg to explore expanded recreational options. With the full support of the Council, we are excited to move forward with these discussions, enhancing recreational opportunities for our growing community.

We are also pleased to announce our agreement to be a member of the Collaborative Partnership Table, overseeing the operation of the new Youth Wellness Hub opening in Port Hope in the Fall of 2024. This initiative will play a vital role in supporting the wellbeing of youth in our communities.

Additionally, we are proud to have signed onto the Canada-wide Early Learning Childcare System. This initiative underscores our commitment to providing accessible, high-quality childcare options, supporting parents in our community in accessing affordable and reliable childcare services.

Furthermore, we are thrilled to announce the expansion of our partnerships in the communities of Warkworth, Canton, and Cobourg.

Through these collaborations, we will be able to provide an additional 111 licensed childcare spaces in 2024, ensuring more families have access to quality early childhood education and care.

Furthermore, we began the process of compliance with the revisions to the Ontario Non-For-Profit Charitable Act, reaffirming our commitment to transparency and accountability in our operations.

Celebrating milestones, we have successfully completed all the project work required from the various Ontario Trillium Foundation Grants, totaling \$850K. This achievement is a testament to the dedication and hard work of our team.

Moreover, our support for our international partner, YMCA Nicaragua, continued with ongoing development projects at the Acahualinca Youth Centre. Hosting Marvin Granera, General Secretary for YMCA Nicaragua in March 2023, allowed us to exchange experiences and strengthen our global YMCA family.

None of these achievements would have been possible without the dedication and commitment of our Board of Directors, staff, and volunteers. We extend our sincere gratitude for their unwavering support and tireless efforts in staying true to our mission and vision.

As we look ahead to the future, we are excited about the opportunities that lie ahead and remain committed to serving our community with excellence and compassion.

Warm regards,









IN MEMORY OF

Ken Stubbings (1962 – 2023)

Ken was born in Lindsay, Ontario. Not long after his marriage to Lynn in 1985, they made Cobourg their adopted home and remained embedded in work, recreation, and community life here since that time. Ken was a highly respected member of the Northumberland County staff for 35 years and 10 months (in Ken's words). He rose to the position of Health Safety Emergency Risk Manager, a position he held for the past 20 years until his retirement at the end of 2022. Ken was a master carver, woodworker and accomplished athlete completing 105 marathons (and several ultra marathons) breaking the challenging 3-hour barrier on many occasions.



He never hesitated to lend a hand when he had spare time. An active volunteer with his wife Lynn, Ken assisted with many YMCA Northumberland events for over 35 years. He is greatly missed by his devoted wife Lynn, his YMCA family and anyone who had the privilege to know Ken.



Laurie Gourd (1972 – 2023)

Laurie worked with YMCA Northumberland for 18 years in the child care department. During her time with us, she wore many hats. She was a Supervisor, Camp Leader, Child Care Team Lead, BLS Instructor, Child Protection advocate, Self-Regulator expert, and the list goes on, but first and foremost she was an Educator. Laurie had a unique way of connecting with children. No matter what age or struggle they had, she treated children with respect and compassion. In doing this, she created the most caring relationships with the children she worked with. When children were going through tough times, Laurie connected with them, validated them, and made them feel heard.

Laurie was not only capable of creating these amazing relationships with children, but her leadership impacted everyone with whom she worked. Her years of experience and knowledge inspired Educators to grow in their own ways. Laurie was a beacon of light everywhere she went. She filled the room with laughter, gave the best hugs, and always checked on you. Laurie cared so deeply about the people around her and it showed.

Bruce McMeekin (1958 – 2024)

Bruce McMeekin was an active YMCA member for several years and joined our YMCA Board in 2023. Bruce passed away in March shortly after being diagnosed with pancreatic cancer.

Bruce enjoyed a lifelong career in law. Upon his call to the bar, Bruce joined Miller Thompson LLP. Among his proudest career moments were his involvement in the Walkerton Inquiry and appearing before the Supreme Court of Canada in 2013. After many fulfilling years at Miller Thompson, Bruce went on to found J. Bruce McMeekin Law.





ROD'S STORY

Rod Simpson and his family made their way to Cobourg in 1998. With a newborn in tow, they were eager to put down roots in their new community. The YMCA quickly became their go-to spot for both forging connections and staying fit.

As Rod's family grew, so did his YMCA involvement—joining programs, meeting other families, and pursuing his evolving fitness goals. It also provided a space for him to run during the winter months and aided in injury recovery. The Y was there for him every step of the way.

But it wasn't just about personal milestones. Watching his kids and many others thrive in the varied YMCA programs confirmed Rod's belief in its power to transform lives. It was clear that the YMCA was making a positive impact not just on his family, but on the entire community.

Inspired, Rod decided to give back. In 2012, he started the Northumberland Turkey Trot, a heartfelt endeavor to support the YMCA's Strong Communities Campaign and he eventually partnered with YMCA Northumberland to host and promote it.

What began as a humble initiative has blossomed into a beloved Thanksgiving tradition, uniting over 3000 people and raising upwards of \$40,000 in crucial funds for the YMCA's mission since its inception.

"Continuing to see the Y engaging with the community at large reinforces my belief that the Y does good things."



But Rod's contributions don't end there. Over the years, he has generously volunteered his time and expertise to countless other YMCA events, including the spirited Reindeer Run and the empowering Strong Kids Duathlon.

Each effort is fueled by Rod's unwavering dedication to building a healthier, more connected community.

"I believe the Y is important because it helps push forward and maintain the agenda of a balanced and healthy community."

Rod firmly believes in the YMCA's pivotal role. Its diverse programs, catering to everyone from new moms to youth to seniors, are integral in promoting balanced and healthy lifestyles. Beyond fitness, the YMCA provides opportunities to contribute, further strengthening the bonds that unite us all.

Rod's story serves as a testament to the power of volunteerism and community engagement. He has not only enriched his own life but has touched the lives of countless others, leaving an indelible mark on Northumberland County. His commitment to the YMCA exemplifies how, together, we can create a stronger future where every individual can shine.



ANGELICA'S STORY

The YMCA has played an essential role in the life of Angelica Zinke, spanning generations and life's challenges. It all began with childhood swimming lessons and school outings at the YMCA in Cobourg, Ontario. For a long time, her mom took her and her siblings to swim at the Y pool weekly. Postswim outings to Wendy's became a cherished tradition, remembered fondly by a lifelong friend even after 25 years.

When Angelica's family faced difficult times, the YMCA was generous enough to provide free coupons so that her, her siblings, and her mom could access facilities. Also, the YMCA offered a reduced membership rate when she approached the end of high school and lived independently.

Later, when she gained custody of her niece and nephew, the YMCA again provided crucial assistance and access, allowing the kids to use their services after school, bridging a daily commute challenge.

"About seven years ago I was given custody of my niece and nephew and needed some support. Again, the YMCA provided support for myself as well as my niece and nephew."

After university and law school, Angelica returned to Northumberland and has since received additional YMCA support. As a new lawyer and parent, the YMCA became integral, especially when her eldest daughter, Raina, joined the Toddler Preschool program in 2020. Raina's journey with the YMCA was uniquely significant, especially during the pandemic. Observant teachers noticed early signs that led to Raina's ASD diagnosis.

The YMCA facilitated a referral to Five Counties Children's Centre, initiating crucial therapies that transformed Raina's development. Today, Raina thrives with the YMCA's ongoing support, providing her with essential care and ensuring a smooth transition to her classroom. This support extends to Angelica's other daughter, Rylan, who, like Raina, benefits from additional accommodations and loving attention from YMCA staff

"Raina has amazing support through the YMCA. I am so grateful I am able to leave her confidently knowing she is being given the best care."

The YMCA isn't just a service provider; it's family. From Raina's preschool graduation to Rylan's playful experiences, they cherish the bonds formed with caring teachers. The Y's inclusive and supportive environment has not only shaped her daughters' development but has also strengthened community ties. Joining the YMCA community means more than access to services; it means finding a place where care and compassion thrive.

Angelica's story exemplifies the YMCA's transformative power, turning challenges into opportunities for growth and enriching lives - **one family at a time.**





ZARA'S STORY

Grade 11 youth, Zara Shaw's journey with YMCA Northumberland embodies dedication, passion, and commitment.

While growing up, the YMCA was more than a building— it was a place of joy, laughter, and exploration. From the excitement of attending swimming lessons to the pride of watching her older sisters contribute their talents as employees, Zara's roots within the YMCA grew quickly.

Over time, Zara's connection deepened, aligning with her personal desire to give back. Volunteering became Zara's calling, extending beyond simple activities to meaningful community work through the Youth Impact Network. She listened, organized events, and promoted inclusivity and fundraising. Zara's experiences are filled with impactful moments, like witnessing children achieve milestones, reinforcing her belief in community service.

What keeps Zara committed is not just the YMCA's offerings but the relationships and shared purpose she has experienced. One of her most memorable experiences was a simple bet with two young girls in the Fun Zone. Little did she know that this playful wager would leave a lasting impact on her. Seeing the determination and excitement in the girls' eyes as they successfully completed their headstands for four minutes filled Zara with admiration.



Moments like this remind her of the importance of fostering a supportive and encouraging environment for everyone who walks through the YMCA's doors.

Reflecting, Zara credits the YMCA for shaping her into who she is today—as it has offered her a place for personal growth, friendships, and community engagement. Through initiatives like helping at the Play Centre and Y Break Bread supper series, Zara sees firsthand the YMCA's commitment to nurturing our residents and offering opportunities for youth to grow and develop.

To Zara, the YMCA embodies compassion, community, and collective impact. Her dedication inspires all at YMCA Northumberland, showcasing the transformative power of service and community.

"Without the Y, I don't even know what Cobourg would be."

IMPACTS IN 2023

LOOK WHAT WE CAN DO WHEN WE COME TOGETHER. 312

Participated in Special programs

Mothers-of-Newborns, Alternative Suspension, UpTurn (for those living with addiction). 620

Staff Employed & Volunteers contributed



1,544

Kids and Youth participated in learning to Swim and Lifesaving Lessons. 1,300

Residents participated in our Communty Events.



1,203

Children enrolled in Child Care, supporting 765 families.



1,010

People received Financial Assistance to gain access to YMCA programming.



\$2,500

in subsidies provided to enable kids to attend Summer Camp.



5,153

Days kids spent in Summer Camps in Brighton, Cobourg and Cramahe.



6,283

Visits to Centennial Pool in Cobourg.



168,000



Visits to our facilities In Northumberland throughout 2023.



6,400

Members Served across our County.



21% Older Adult 50% Adult 13% Youth 16% Children





FINANCIAL STATEMENTS

Statement of Operations for the year ended December 31, 2023.

Donations, interest and other income

REVENUES	2023	2022
Child Services and Camp	\$1,920,576	\$2,019,225
Day Use and Programs	299,181	232,348
Memberships	1,517,314	1,022,021
Community Programs	3,538,450	2,729,723
United Way	-	2,500
Town of Cobourg Fee-for-Service	116,623	229,588
Town of Brighton Municipal Lease Agreement	30,000	30,000
Government - CSI CEWS	15 257	147 156

704,881

451,763

EXPENSES	2023	2022
Wages and Benefits	\$5,777,370	\$4,630,477
Plant and Facilities	499,228	406,017
General Administration	597,012	523,479
Supplies	410,432	282,027
Advertising and Promotion	41,026	33,265
Association Dues and Fees	213,528	177,253
Tot Expenditures Before Amortization	7,538,596	6,052,518
Amortization of Capital Assets	581,328	387,914
Net Contribution	\$22,358	\$423,892

Statement of Financial Position as of December 31, 2023.

ASSETS	2023	2022
Current		
Cash	\$2,194,953	\$2,777,447
Investments	623,634	474,920
Accounts Receivable	371,002	524,972
Prepaid Expenses	29,970	41,854
	3,219,559	3,819,193
Capital Assets (Net Value)	4,977,665	4,213,623
	8,197,224	8,032,816

LIABILITIES	2023	2022
Current		
Accounts Payable	\$349,040	327,949
Unearned Revenue	321,857	1,316,716
Current Portion of Capital Leases	1,037,405	22,412
	1,708,302	1,667,077
Long Term		
Deferred Capital Contributions	2,046,119	1,945,294
Total Liabilities	3,754,421	3,612,371

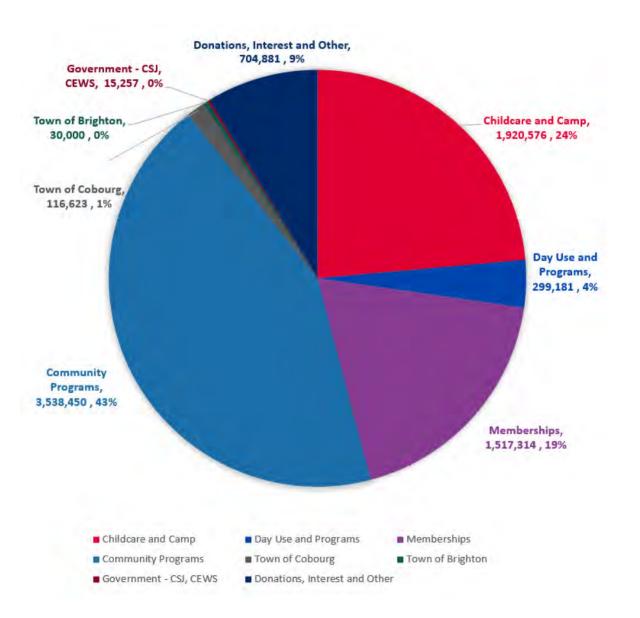
NET ASSETS	2023	2022
Surplus and Reserves		
Fund Balance Beginning of Year	4,420,445	3,996,553
Excess of Revenue over Expenses	22,358	423,892
	4,442,803	4,420,445
	8,197,224	8,032,816

This financial information has been taken from the audited statements report by BDO Canada LLP. Complete financial statements are available upon request. Visit https://ymcanrt.org/about



SOURCES OF REVENUE

Statement of Operation for the year ended December 31, 2023.





THANKS TO OUR BUSINESS COMMUNITY PARTNERS

At the YMCA, we know that by working with others, we can extend our reach and provide vital programs and services to even more people in our communities. Through partnerships with other community organizations, businesses, and individuals, we are finding new and innovative ways of meeting the needs of the communities we serve. YMCAs across the country collaborate with hundreds of partner organizations each year on initiatives that have allowed us to expand into new program areas, support under-served populations and address critical health and wellness issues.

Through the Business Community Partners Program, we come together with like-minded supporters, amplifying our strength as a community and igniting the potential within each of us These partnerships make it possible to share our expertise, knowledge, and resources with each other, and ultimately achieve more than we could alone.























THANKS TO OUR COMMUNITY & FUNDING PARTNERS

COMMUNITY

Alnwick/Haldimand Township

Campbellford/Seymour Foundation

Canadian Candy Company

Career Edge

Centre for Individual Studies

Cobourg Public Library

Community Care Northumberland

Community Health Centres of Northumberland Community Living & Respite Northumberland

Community Mental Health Services

Community Training and Development Centre

Cornerstone Family Violence Prevention Centre

Durham Children's Aid Society

Durham College

East Northumberland Secondary School

Employment Assistance Program Resource (EARN)

Food 4 All Warehouse

Grafton Community Centre

Green Wood Coalition

Habitat for Humanity Northumberland

Haliburton Kawartha Pine Ridge District Health Unit

Horizons of Friendship

Hustler, Kay, Kurji and McCourt Barristers and Solicitors

Kawartha Haliburton Children's Aid Society

Kinark Child and Family Services

Lifesaving Society

Loyalist College

Municipality of Port Hope

myFM Broadcasting

Northumberland Big Brothers & Big Sisters

Northumberland Child Development Centre

Northumberland Community Counselling Centre

Northumberland Family Health Team

Northumberland Hills Hospital

Northumberland Hills Hospital Community Mental Health Services

Northumberland Sports Council

Northumberland Sunrise Rotary

Northumberland United Way

Ontario Ministry of Children, Community and Social Services

Ontario Ministry of Education

Ontario Provincial Police Services

Peterborough, Victoria, Northumberland, Clarington, Cath. School Board

Port Hope Police Services

Quinte Children's Foundation

Rebound Child and Youth Services Northumberland

Rotary Club of Campbellford

Rotary Club of Cobourg

Royal Bank of Canada

Salvation Army

TD Canada Trust

The Abundance Project

Tim Hortons

Wrap Around Northumberland

YMCA Canada

YMCA of Greater Toronto

FUNDING

Alderville First Nation

Brian Todd Community Memorial Fund

Cameco

Cobourg Police Service

Cramahe Township

CRH Canada Ogden Point Quarry

Empl. Assistance Prog. Resource (EARN)/Community Living W. North.

Five Counties Children Centre

Highland Shores Children's Aid

Inner Wheel of Cobourg

Kawartha Pine Ridge District School Board

Municipality of Brighton

Municipality of Trent HIlls

Municipality of Trent Tills

Northumberland County

Ontario Trillium Foundation

Quinte Children's Foundation

Skills Link Program - Community Training and Development Centre

Ten Thousand Villages

Town of Cobourg

Watton Employment

Women Para Mujeres

YMCA of Central East Ontario

YMCA of Eastern Ontario

YMCA Quebec





THANKS TO OUR COMMUNITY EVENT & PROGRAM SPONSORS

Family Day Open House

Realty Executive Pentel Ltd Brokerage, D. Bulger

Seniors Active Living Fair

Older Adult Centres Association of Ontario

Tap for Love Treats

Frosted Flour Co

Empowerment Series

RTOERO

Swim to Survive

Cameco

Cramahe Rise & Shine Camp Breakie/Lunch

CRH Canada Ogden Point Quarry

Cops for Kids Golf Camp

Cobourg Police Service

Let's do Camp Lunch

Bill Ryan Memorial Golf Tournament

Mothers of Newborns Program

Jessica Fraser-Thomas & Phil Thomas

UpTurn Program

Ryan Huffman Foundation

Rainbow Run

PARTICIPACTION Community Challenge

Funded in part by Government of Canada

Cameco

Strong Kids Dualthon

Community Partners and donations

Lauria Auto Group

Mix 93.3 FM

Moore's Orchards

Port Hope Sports & Rehab Centre

Rod Simpson

Y BBQ Party

The Mill Pub and Restaurant

Haute Goat

Olympus Burger

The Ale House

Prep Food Company

rep rood com

East Studio

Mindful Meridans

The Social Connection

Bin-it

Canadian Candy Company

Peg McCarthy Photography

Studio 100

Rainbow Cinemas

Tezca

Moxys Hair Co

Rolling Grape

Doggy Dip

Rvan Huffman Real Estate

All Creatures Great and Small

Walnut Grove Daycare Board/Spaw

Turkey Trot

Arthur's Pub

Behan Construction

Boston Pizza

Boyer Chrysler Dodge Jeep Ram Cobourg

Burnham Family Farm

Cameco

Canadian Candy Company

Cobourg Ortho. & Sports Injury Clinic

Dairy Queen Deb Patton

Jessica Fraser-Thomas & Family

New Balance No Frills

Northshore Lanes

Play It Again Sports

Rainbow Cinemas

Rod Simpson

Runner's Life

Sabic Innovative Plastics

Sport Chek

Peace Week & Breakfast

BDO Canada LLP - Peterborough location

Cobourg Police Service

Ten Thousand Villages

Giving Tuesday

Lakeland MultiTrade

Operation Red Nose

JJ's Steak & Burger

Arthur's Pub

Behan Construction

Cobourg Nissan

Cobourg Police Service

Cowan Insurance

Cucina Urbana

Custom Plastics

Gerald Finlay Construction Ltd

Lauria Auto Group

Lions Club of Cobourg

Liuna Local 183

Millstone

My Broadcasting Corporation

North. Coal. for Social Justice (Shawarma House)

Northumberland Food 4 All

Oasis Bar & Grill

Olympus Burger

Ontario Provincial Police

Papa's Pizza Land

Port Hope Police

Protoplast Inc.

Quantrills Chevrolet Buick GMC Cadillac

Sabic Innovative Plastics

Taste of Agra

The Ale House

The Mill

Thomas Buick GMC

Reindeer Run

Rod Simpson





THANKS TO OUR DONORS

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Cobourg Mazda

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Dr. Morgan and Joan Hubbel

Elizabeth Vosburgh

Emma Smith

Eunice Kirkpatrick

Jessica Fraser-Thomas

Lynne Caffin

Sabic Innovative Plastics Can Inc.

Smithfield Christian Congregation

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Dawn Murphy

Derek Lowes

Diana Carr

Donna Sorrell

Emily Smith

Eric Mejorado

Hailey Davis

Heather Badernoch

Heather Sutherland Bellemare

leather Sutherland Bellemare

Inner Wheel of Cobourg

Joel Scott

Judy Cook

Judy Knight

.

Kasie Taylor

Katelyn Wilson

Kirsty Brown

Ciraty Drown

Laurie Gourd

Linda Cole

Maddie Annis

Maiah Krakenberg

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Mary Ross

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Ryan Colquhoun

Sarah Curran

Stacie Femia

Stephen Hoftzyer

Stewart Richardson

010110110110110100

Suraj Sreedevi

Sydney Walsh

Tim Strong

Tina Roberts

Tony Pitts

Plus, thank you to the countless other donors who generously added untracked dollars to our donation bins and bought dozens of items in support of our many 2023 fundraising efforts.





THANKS TO OUR VOLUNTEERS

A Shank Aileen Miller Aishling Kerin Al Switzer Alan Wilson Alec Dewdney Alex Wright Allison Fraser Alyson King Alyssa Seltzer

Andrew King Simpson Anna Kato Arianna Beames Arlene Howells Ashley Bouman Austin Bunyan Bill Lee Blake Payne

Bob Biffin Bonnie White Brad Johnson Brad Simpson Brenda Whitehead

Brian Naulls Bronwyn Miller Brooke Rypstra Bruce McMeekin Carol Dewey Carolyn Skidmore Carrie Whitefield Cassie Pettit Chief Paul VandeGaaf

Chrystalla Manna

Claudia Cuttress Claudia Wright **Cobourg Police Services Special Constables**

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Davna Javnes **Deb Patton Deb Thomas** Debbie Brown Derek Blackadder Doug Manna Dr. Beth Selby

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Jillian Thomas Jim Halmerson Joel Scott

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Ken & Lynn Stubbings

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Meghan Thomas Michelle Verbeem Mike Macklin Mima Vlaikov

Maureen Doria

Morris Tait Nancy Oliver

Nelson Alvarado-Aguilar

Nic Rodrigue Nicholas Charles Nikki Parks Parth Patel Pat Marlow

Patricia Stapley-Chase

Rachel Brough Rebecca Verbeem Rehah Khashif Richard Johns Rick Jones Rod Simpson **Ronald Barrett** Rose Frame Royce McCracken

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Stephanie Campbell

Steph Ross Stephen Hoftyzer Steve Rypstra Stewart Richardson Sue Throop

Sydney Hoekstra **Tammie Staples** Theresa Lazar Tim Doris Tony Manna **Tony Martorino Tony Pitts** Tracy Berry Vern Chase

Vivian VandenHazel William MacDonald William Vaughan Yana Prince Yvette McCartney

Yvonne Kay



Thanks, also, to all the staff who volunteered their time for our classes, programs, events & more.

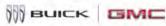


THANKS TO OPERATION RED NOSE SUPPORTERS

Co-Chairs









Community Partners / Sponsors











































Food Sponsors





















Partners













YMCA ACJ NICARAGUA - ACAHUALINCA YOUTH CENTRE





Shine On

YMCA Northumberland is honoured to have served our communities for over 154 years and looks forward to growing stronger together in the future.



YMCA Northumberland 339 Elgin Street West, Cobourg, ON K9A 4X5 905.372.0161 ymcanrt.org x info@nrt.ymca.ca CHARITABLE REGISTRATION # 11930 7171 RR0001







@ y m c a n o r t h u m b e r l a n d

