



YMCA Cobourg  
YMCA SUMMER DAY  
**CAMP**



***YMCA Camps create experiences that last a lifetime!***

**COBOURG**

# Weekly Camp

**AGES 5-12 YEARS**

*Camp runs from 8:00 am - 5:00 pm daily*

Campers will be busy each week taking part in STEAM activities, cooperative games, participating in outdoor adventure programming, and staying cool with our water activities.

Shine On  YMCA  
Northumberland



## **CAMP PRICING**

**\$41/DAY/MEMBER**

**\$43/DAY/NON MEMBER**

**See Payment Plan in FAQ for details**

## **CAMP DATES**

July 2-5

July 8 - 12

July 15-19

July 22-26

July 29 - August 2

August 6-9

August 12-16

August 19-23

August 26-30



# Key Info

## DROP-OFF

**Drop-off will be at the Outdoor Pavilion at the Cobourg YMCA between 8:00am-9:00am.**

Extended hours available

7:00am-8:00am \$5 per day/per child

5:00pm-6:00pm \$5 per day/ per child

If you bring your child to camp after 9:00am, please notify staff with a time for drop-off to ensure staff are close by to sign your child in.

## PICK UP

**Pick Up will be located at the Outdoor Pavilion at the Cobourg YMCA.**

Please notify staff ahead of time of who will be picking up your child on that day. We will not release the child to anyone not listed as an authorized pick-up unless given permission to do so.

Staff may ask for Identification.



# Specialty Camps

## July 3-August 30 Enrichment Camp

Ages 13-19  
YMCA COBOURG

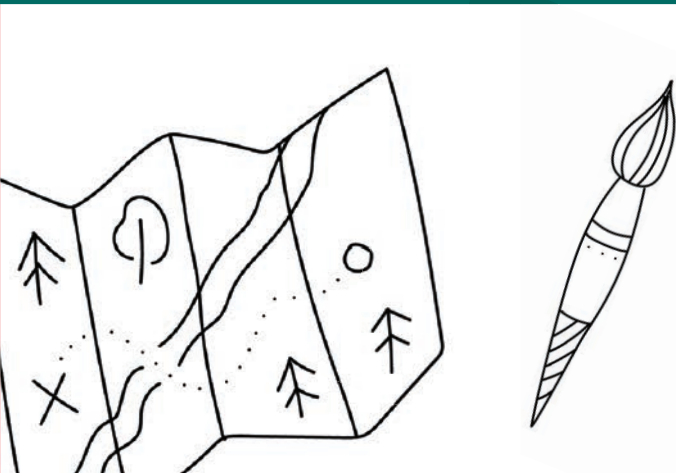
9am-12pm

Monday, Wednesday and Friday

Our Youth Enrichment Camp for Diverse Abilities is designed to provide a nurturing and inclusive environment where young individuals with disabilities can explore their interests, develop new skills, build confidence, and forge meaningful peer connections. From a variety of engaging activities and recreational opportunities, participants will be empowered to embrace their unique abilities and realize their full potential. Support workers are encouraged to accompany participants. Please direct and inquiries to Manager Health, Fitness and Aquatics

### Participant Day Pass Fee:

Members	\$7/Day
Non Members	\$10.50/Day



## SPECIALTY CAMP FEES

**Fees vary by camp. Please refer to the fees specified with the descriptions.**

All specialty camps operate from  
8:30am - 4:30pm  
*unless otherwise stated\**

# Specialty Camps



## July 2-5

### FLY- Future Leaders of the Y

Ages 13-15

YMCA COBOURG

Future Leaders of the YMCA. Combine Leadership training, teamwork and volunteer-ism to help build confidence and make new friends! Some participants may be invited to become camp volunteers.

Members	\$205
Non-Members	\$235

## July 15-19

### Junior Lifeguard Club

Ages 8-12

CENTENNIAL POOL

Children will learn the importance of water safety as well as skills like real lifeguards. This camp is designed for campers who love the water and are looking to challenge themselves outside of regular swim lessons.

*Prerequisite – swim at least 25m and tread water for 2 minutes*

### Camp Fees for Junior Lifeguard Club and Y Arts Camp

Members	\$215
Non-Members	\$245

## July 2-5

### Golf Camp with Cobourg Police Services

Ages 10-14

MILL GOLF COURSE AT COBOURG CREEK

In partnership with Cobourg Police Services. Sign up for a week of golf at the Cobourg Creek Golf Club. Campers will learn golf skills in the morning, then go to the Cobourg YMCA for fun games and more. After the Y visit, campers will head back to the course for a round of golf. Golf clubs available.

Drop off and pick up will be at the Mill Golf Course. Thursday campers will be dropped off at the Cobourg Police Station. Pick up will be at the YMCA Cobourg at 4:30pm

Members &	\$135
Non-Members	

## July 22-26

### Y Arts Camp

Ages 8-12

YMCA COBOURG

Join us as we explore various mediums of art including creative arts and performing arts. Campers will work with various artistic supplies including sculpting, painting, drawing. Children will also explore drama activities and music.

# Specialty Camps



## July 29-August 21 Camp Challengers

Ages 8-12  
YMCA COBOURG

Campers rise to the challenge when discovering their personal best and building teamwork. Children will experience a wide range of activities including obstacle courses, low ropes, group challenges, personal strength and more.

## August 14-August 18 Camp Builders

Ages 8-12  
YMCA COBOURG

Throughout the camp, participants will engage in a variety of stimulating activities designed to spark their imagination and foster their passion for building. From constructing miniature cities and bridges to designing and building their own structures using a variety of materials, our campers will have the opportunity to explore different aspects of architecture and engineering in a fun and supportive setting.

## August 12-August 16 Outdoor Adventures Camp

Ages 8-12  
YMCA COBOURG

Learn a variety of skills being in the great outdoors! Campers will learn plant identification, eco systems, shelter building and more! Lets learn and discover together.

## August 19-August 23 Sports Camp

Ages 8-12  
YMCA COBOURG

YMCA Sports camp keeps campers focused on sportsmanship, participation, fair play, fun and team spirit. Your camper will learn basic fundamental skills through fun and interactive activities including soccer, basketball, volleyball, ultimate frisbee and more. When they are not busy learning and playing sport, they will be busy tackling our low ropes course and rock wall.

## Camp Fees for Camp Challengers, Camp Builders, Sports Camp and Outdoor Adventure Camp

All specialty camps operate from  
**8:30am - 4:30pm**  
*unless otherwise stated\**

<b>Members</b>	<b>\$215</b>
<b>Non-Members</b>	<b>\$245</b>

# Registration

## HOW CAN I REGISTER FOR CAMP?

Registration is required no later than the **Thursday** prior to the week that you want to register your child for.

Late registrations will only be accepted if there is space available.

Registration can be made in person at the Cobourg or Brighton YMCA.

YMCA Northumberland will not be mailing tax receipts. The printed receipt received by email after registering may be used as an official tax receipt.

## PAYMENT PLAN

Partial payment due at time of registration.

Pre-authorized payments as follows:

July 15th

August 1st

August 15th

*if applicable*

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Pre-authorized payments as follows:

July 15th

August 1st

August 15th

*if applicable*

## WHO WILL MY CHILD SPEND THE DAY WITH?

Camp staff are selected based on experience working with children and leadership. All staff are trained in First Aid/CPR, Coordinated Approach to Children's Health, YMCA Child Guidance and protection policies, and emergency procedures.



# Camp FAQ

## A DAY AT CAMP

Campers will start the day with Morning Circle where staff and campers start the day with songs and games with the whole camp! Campers will then go into their groups to do a variety of activities including crafts, physical activity/sport, swimming, water games and more.

Each group will have a scheduled break for snack, Lunch and an afternoon snack. Swimming is a daily part of the camp schedule.

Pick up will be at the outdoor pavillion.



## MY CHILD REQUIRES ONE ON ONE SUPPORT.

Should your camper require one on one support please contact Leanne Clarke prior to your child starting camp.

**Leanne Clarke**  
**Manager, Health Fitness, and Aquatics**  
**Email: [Leanne.Clarke@nrt.ymca.ca](mailto:Leanne.Clarke@nrt.ymca.ca)**

## CAN I CHANGE CAMPS?

Yes. Any changes are required no later than 12:00 pm on the Thursday prior to the start date of camp.

## MY CHILD CAN'T GO TO CAMP TODAY / CANCELLING.

If your child will not be attending camp, please call and leave a message with the Cobourg YMCA. Any cancellations or changes to your child's registration must be made by **noon the Thursday** prior to the week of which the changes are being made to receive a refund/credit.

## HOW DO I PICK UP MY CHILD DURING THE DAY?

Make arrangements ahead of time with your child's leader, as your child might be away from the main site in an activity and it can take time for them to walk back to meet you.

## NEW COMMUNICATION APP

We will be using **What's App** to communicate to Camp parents / families during this summer. Please download this app and watch for details via email on set up.



# Camp FAQ

## WHAT IF MY CHILD BECOMES ILL DURING THE DAY?

If your child is too ill to participate fully in all aspects of the program, please keep them home. When a child is feeling poorly, they will not have a positive experience in the heat, outdoors or around all their friends. In the event your child becomes ill at a YMCA program, we will call you to come and pick them up at the camp site. All our staff are certified in Standard First Aid and CPR-C.

## WHAT IF SOMEONE ELSE IS PICKING UP MY CHILD?

On the registration form you can include two main contacts. If you require any additional adults to be authorized to pick up your child from camp, please send an identification (e.g., driver's license). The person must be over the age of 16 years. If someone comes to pick up your child without your written authorization, we will call home for verbal permission before releasing your child. Please notify anyone picking up your child of pick-up procedures.

## SIGN IN AND SIGN OUT

Each Camper is required to have a parent/caregiver (18+) sign the camper in and out of camp. Photo ID may be requested when signing out a camper. If you require other arrangements please speak to the Manager, Health, Fitness and Aquatics

## WHAT SHOULD MY CHILD BRING TO CAMP?

- Comfortable Clothing
- Hat
- Raincoat and Rain Gear
- Backpack
- Sunscreen
- Bug Spray
- Bathing Suit
- Towel
- Refillable Water Bottle
- Healthy Balanced Lunch + Snacks Peanut Free!

## WHAT NOT TO BRING TO CAMP?

- Electronics
- Money
- Toys



YMCA Northumberland is not responsible for any lost or stolen valuables. Please send campers with their items labelled.



# Inclement Weather Statement



## EXTREME HEAT

Camp leaders check the weather daily to help keep campers safe. In the event of extreme heat, your camper's counselor will ask them to apply sunscreen every couple of hours. At outdoor sites, they will play in shaded areas. Indoor sites will play inside with limited time outside in the sun. Counselors will also remind your child to take water breaks regularly. They will also check the weather daily to help keep campers safe.

## THUNDERSTORMS

If thunderstorms are forecasted for the day, camp still operates. Camp operates rain or shine and when necessary, indoor emergency shelter from the inclement weather is available.

## YMCA NORTHUMBERLAND

339 Elgin Street West,  
Cobourg, ON  
K9A 4X5

905-372-0161

[www.ymcanrt.org](http://www.ymcanrt.org)

**Register online at [www.ymcanrt.org/camp/](http://www.ymcanrt.org/camp/)**  
Or contact: [Leanne.clarke@nrt.ymca.ca](mailto:Leanne.clarke@nrt.ymca.ca)

CHARITABLE REGISTRATION #

11930 7171 RR0001

Building healthy communities



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