

## **SWIMMING LESSONS**

May 5 - June 15, 2024

Schedules subject to change

All lessons required Registration. Registration opens Monday, April 22, 2024

Rates (6 Weeks)

30 Minute Class \$61.20

45 Minute Class \$67.80

Semi Private 30 Minute Class \$154.50 (incl. 2 students/l instructor)

Private 30 Minute Class \$105.40 (incl. 1 student/1 instructor) **Y Waves Swim Team** Non Member: \$131.30 1 day/week Member: \$30.00 1 day/week

Adult Stroke Correction Non Member: \$65.30 Member: No Cost

> Adult Learn to Swim Non Member: \$65.30 Member: No Cost

opens Monday, April 22, 2024					
Level	Tuesday	Wednesday	Thursday	Saturday	Sunday
Splasher/Bubbler	5:30PM - 6:00PM	5:00PM - 5:30PM	4:30PM - 5:00PM	9:30AM - 10:00AM	10:00AM - 10:30AM 10:30AM - 11:00AM 11:00AM - 11:30AM 11:30AM - 12:00PM 12:00PM - 12:30PM 12:30PM - 1:00PM
Bobber	4:30PM - 5:00PM 5:30PM - 6:00PM 6:00PM - 6:30PM	4:30PM - 5:00PM 6:00PM - 6:30PM	4:30PM - 5:00PM 5:30PM - 6:00PM	9:00AM - 9:30AM 10:30AM - 11:00AM 12:15PM - 12:45PM	
Floater	4:30PM - 5:00PM 5:00PM - 5:30PM 6:00PM - 6:30PM	5:00PM - 5:30PM 6:00PM - 6:30PM	5:00PM - 5:30PM 6:00PM - 6:30PM	9:30AM - 10:00AM 12:00PM - 12:30PM	
Glider/Diver	5:00PM - 5:30PM 6:30PM - 7:00PM	5:30PM - 6:00PM 6:45PM - 7:15PM	5:00PM - 5:30PM 6:30PM - 7:00PM	10:00AM - 10:30AM 11:30AM - 12:00PM	
Surfer/Jumper	6:30PM - 7:00PM	5:30PM - 6:00PM	6:00PM - 6:30PM	10:00AM - 10:30AM	
Otter	6:00PM - 6:30PM	4:30PM - 5:00PM 5:30PM - 6:00PM	5:00PM - 5:30PM 5:30PM - 6:00PM	9:00AM - 9:30AM 10:00AM - 10:30AM 12:30PM - 1:00PM	
Seal	5:00PM - 5:30PM	5:00PM - 5:30PM 6:30PM - 7:00PM	4:30PM - 5:00PM 5:30PM - 6:00PM	10:30AM - 11:00AM 12:30PM - 1:00PM	
Dolphin/Swimmer	4:30PM - 5:00PM 5:30PM - 6:00PM 6:30PM - 7:00PM	4:30PM - 5:00PM 6:00PM - 6:30PM	4:30PM - 5:00PM 5:00PM - 5:30PM 6:30PM - 7:00PM	9:00AM - 9:30AM 11:30AM - 12:00PM 11:45AM - 12:15PM	
Star 1/2	4:30PM - 5:15PM 6:00PM - 6:45PM	4:30PM - 5:15PM 6:00PM - 6:45PM	6:00PM - 6:45PM	9:00AM - 9:45AM 10:45AM - 11:30AM	
Star 3/4	5:15PM - 6:00PM	5:15PM - 6:00PM	6:00PM - 6:45PM	9:45AM - 10:30AM 11:45AM - 12:30AM	
Star 5/6		7:15PM - 8:00PM	7:00PM - 7:45PM	10:30AM - 11:15AM	
Private/Semi	4:30PM - 5:00PM 5:00PM - 5:30PM 5:30PM - 6:00PM 6:00PM - 6:30PM 6:45PM - 7:15PM 7:00PM - 7:30PM 7:30PM - 8:00PM	4:30PM - 5:00PM 5:00PM - 5:30PM 5:30PM - 6:00PM 6:00PM - 6:30PM 6:30PM - 7:00PM 6:45PM - 7:15PM 7:00PM - 7:30PM 7:30PM - 8:00PM	5:30PM - 6:00PM 6:45PM - 7:15PM 7:00PM - 7:30PM 7:15PM - 7:45PM 7:30PM - 8:00PM	9:30AM - 10:00AM 11:00AM - 11:30AM 11:15AM - 11:45AM 12:00PM - 12:30PM 12:30PM - 1:00PM	
Y Waves Swim Team	7:00PM - 8:00PM				
Adult Classes		7:15PM - 8:00PM Stroke Correction	7:15PM - 8:00PM Learn to Swim		

## SPLASHER/BUBBLER SWIM LESSONS

Parents/guardians will be required to be in the water to assist their child for this level of lessons.

## **ADULT LEARN TO SWIM COURSE:**

In a group setting, certified YMCA Swim instructors tailor individualized plans for each participant.

## **ADULT SWIM CORRECTION**

This session is great for adult swimmers looking to improve technique or learn a new stroke or to become more efficient in the water to make your swimming a little easier, increase your speed for faster times or to prevent injuries that may occur due to poor technique.