



Shine On

**YMCA Northumberland
Sunny Life Recreation & Wellness Centre
Campbellford**

Y@Home Online Service

Even when you're away, access Online Workouts, Recipe ideas and even Fitness Challenges.

Membership Information

Inclusive Benefits

All youth, child + family programs, swimming lessons, aquatic classes, and adult fitness classes are included in the cost of your membership.

Flexible Memberships

Young Adults, age 15-29, have two options to choose from; BASIC or ALL IN. And we offer flexible Family/Group, Seniors and Couples Memberships too.

Enjoy Senior Rates Sooner

Older adults are eligible for Senior Memberships at the age of 55, offering a lower monthly rate that includes full access to our programs and services.

YThrive Workout Plans

Learn how to use our fitness equipment, and consult with one of our YThrive coaches to choose a workout plan to help you reach your goals.

Group Fitness & Conditioning Centre

Achieve your fitness goals with our wide range of cardio, strength, plate-loaded and free weight equipment or through unlimited access to a variety of adult group fitness classes.

Guest Privileges

Enjoy bringing your family and friends to experience the new facility by using your guest passes.

Opening Fall 2024

2024 MEMBERSHIP RATES

Campbellford

YMCA Northumberland, Sunny Life Recreation & Wellness Centre

Many options available.	12 Months	Monthly/ Continuous	Day Pass
Family/Group Up to 5 people who don't need to be related or live at same household but must include at least one over 18 yr. old and account managed by a single payee.	\$1,541	\$135	\$17.50
Adult (30 - 54yrs)	\$830	\$73	\$14.50
Senior (55yrs +)	\$711	\$62	\$11.00
Young Adult ALL-IN* (15 - 29yrs)	\$652	\$57	\$9.00
Young Adult BASIC* (15 - 29yrs)	\$534	\$47	
Youth (Under 15yrs)	\$593	\$52	\$7.00
Couple 2 adults who don't need to be related or live at same household but account must be managed by single payee.	\$1,423	\$125	
Senior Couple (55yrs +)	\$1,210	\$106	

*ALL-IN gives unlimited access to all YMCA member offerings. BASIC gives unlimited access to the Personal Conditioning Centre.

All prices subject to HST except Youth Membership + Day Pass



YMCA Strong Communities Fund

As a registered Canadian charity, the YMCA offers financial assistance through our Strong Communities Fund so anyone in our community can participate in YMCA programs and services.

Please contact **(905) 372-0161** for more information about our process for determining financial assistance eligibility.

Thanks to our generous supporters, partners and volunteers who make this possible every day.

Opening Fall 2024

For more information about this new location, please send email inquiries to: campbellford.info@nrt.ymca.ca

Convenient monthly payments can be setup through pre-authorized withdrawals from your bank account, on your credit card, or you can prepay on a fixed term.