



**YMCA Northumberland
Campbellford**
50 Seymour Quarry Road
Campbellford, ON



CAMPBELLFORD FACILITY HOURS

Monday - Friday	6:00am-9:00pm
Saturday	7:00am-8:00pm
Sunday	7:00am-5:00pm

AQUATIC SCHEDULE

November 27, 2024 - January 5, 2025

Classes begin Monday, December 2, 2024

Pool Classes:

- AQUAFIT
- AQUAFIT YOGA
- GENTLE AQUAFIT
- WATER BOOTCAMP



Scan QR Code for details

LANE SWIM: All of Pool set up with lanes for laps.

OPEN SWIM: Pool Open with lanes set up for laps as indicated by * = # of Lanes (i.e. ** is 2 lanes for laps).

HOLIDAY HOURS

Dec. 24 & 31 6:00am-2:00pm

6AM - 8:15AM - LANE SWIM

8:30AM - 9:15AM - AQUAFIT

9:30AM - 11AM - LANE SWIM

10:30AM - 2PM - OPEN SWIM

Dec. 26 7:00am-5:00pm

7AM - 10:45AM - LANE SWIM

11AM - 5PM = OPEN SWIM

Dec. 25 & Jan. 1 CLOSED

Lane Pool (25M / 4 Lanes)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	7:00AM - 9:00AM Lane Swim	7:00AM - 9:00AM Lane Swim
8:30AM - 9:15AM Aquafit	8:30AM - 9:15AM Aquafit	8:30AM - 9:15AM Aquafit	8:30AM - 9:15AM Aquafit	8:30AM - 9:15AM Aquafit	9:00AM - 7:45AM Open Swim**	9:00AM - 4:45PM Open Swim**
10:30AM - 12:00PM Lane Swim	10:30AM - 12:00PM Lane Swim	10:30AM - 12:00PM Lane Swim	10:30AM - 12:00PM Lane Swim	10:30AM - 12:00PM Lane Swim		
1:00PM - 5:45PM Open Swim**	1:00PM - 8:45PM Open Swim*	1:00PM - 5:45PM Open Swim**	1:00PM - 8:45PM Open Swim*	1:00PM - 5:00PM Open Swim*		
5:45PM - 6:30PM Aquafit		5:45PM - 6:30PM Aquafit		5:00PM 5:45PM Water Bootcamp		
6:30PM - 8:45PM Open Swim**		6:30PM - 8:45PM Open Swim**		6:00PM - 8:45PM Open Swim**		

Therapy Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30AM - 10:15AM Gentle Aquafit	9:30AM - 10:15AM Aqua Yoga	9:30AM - 10:15AM Gentle Aquafit	9:30AM - 10:15AM Gentle Aquafit	9:30AM - 10:15AM Gentle Aquafit	9:00AM - 7:45PM Open Swim	9:00AM - 4:45PM Open Swim
12:00PM - 1:00PM Parent & Tot Swim	12:00PM - 1:00PM Parent & Tot Swim	12:00PM - 1:00PM Parent & Tot Swim	12:00PM - 1:00PM Parent & Tot Swim	12:00PM - 1:00PM Parent & Tot Swim		
6:30PM - 8:45PM Open Swim	4:00PM - 8:45PM Open Swim	6:30PM - 8:45PM Open Swim	4:00PM - 8:45PM Open Swim	5:45PM 8:45PM Open Swim		