

YMCA Northumberland Campbellford Opening Soon: New Location Set to Open November 27

Campbellford, ON—YMCA Northumberland is thrilled to announce the opening day for its new location in Campbellford. Doors will open at 6 AM on Wednesday, November 27, 2024, within the beautiful Sunny Life Recreation & Wellness Centre. This new facility represents months of dedicated effort from an expansive team, bringing more fitness and wellness opportunities to the Campbellford community with new spaces, two new pools, and a host of amenities and services designed to support healthy living and community connection.

Starting November 27, YMCA Northumberland's Campbellford location will be open for its regular hours of 6 AM to 9 PM Monday to Friday, 7 AM to 8 PM on Saturdays, and 7 AM to 5 PM on Sundays. Visitors on opening day will have access to the personal conditioning centre, two pools according to the scheduled hours, and guided tours of the facility. Group fitness classes are being developed and will start as soon as possible. The full suite of YMCA amenities includes a warming pool, 4 lane 25 metre pool, a conditioning centre with free weights, weight machines and cardio equipment, multiple changerooms, two studios and a multi-purpose space. Full schedules for more programming are coming out soon.

"We are very excited to finally bring this new YMCA location to Campbellford and the Municipality of Trent Hills," said Eunice Kirkpatrick, President & CEO, YMCA Northumberland. "This bright and spacious building reflects our commitment to creating a welcoming place where people of all ages can improve their health, build friendships, and connect as a community."

To celebrate the opening, YMCA Northumberland is offering special Grand Opening rates on one month memberships, available until November 27. New members can take advantage of discounted rates for their first month, including: **Individual Rate:** \$30 x **Couple Rate (2 adults):** \$55 x **Group/Family (up to 5 people):** \$70

Memberships can be purchased online or in person at the Sunny Life Recreation & Wellness Centre during designated Membership Purchase times until November 27, detailed online at ymcanrt.org/coming-to-campbellford.

To further celebrate the opening of the new facility, in partnership with the Municipality of Trent Hills, YMCA Northumberland will also be hosting a **Grand Reveal Open House** on Friday, December 13, from 2:30 to 6 PM. This event, free and open to the public, will offer an opportunity for the community to experience the new facility firsthand. Attendees can enjoy official ceremonies, free skating and swimming, class demonstrations, kid's activities, light refreshments and other holiday fun in celebration of this exciting new addition to Campbellford and Trent Hills.

For more information, please contact:

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ABOUT YMCA NORTHUMBERLAND

As a charity, YMCA Northumberland provides vital community services that have a positive impact on pressing social issues—from chronic disease to unemployment, social isolation, poverty, inequality and more. The Strong Community Campaign helps countless children, teens, adults, and seniors in the community. YMCA Canada is one of the longest standing and largest charities nationally, with a presence in Canada since 1851 and now serving more than 2.1 million people annually across 1,700 program locations.