



**YMCA Northumberland
Campbellford**
50 Seymour Quarry Road
Campbellford, ON



CAMPBELLFORD FACILITY HOURS

Monday - Friday	6:00am-9:00pm
Saturday	7:00am-8:00pm
Sunday	7:00am-5:00pm

HOLIDAY AQUATIC SCHEDULE

December 23, 2024 - January 5, 2025

- Pool Classes:**
- AQUAFIT
 - AQUAFIT YOGA
 - GENTLE AQUAFIT
 - WATER BOOTCAMP
- Scan QR Code for details



LANE SWIM: All of Pool set up with lanes for laps.

OPEN SWIM: Pool Open with lanes set up for laps as indicated by * = # of Lanes (i.e. ** is 2 lanes for laps).

HOLIDAY HOURS

Dec. 24 & 31 6:00am-2:00pm
6AM - 8:15AM - LANE SWIM, Lane Pool
8:30AM - 9:15AM - AQUAFIT, Lane Pool
9:30AM - 11AM - LANE SWIM, Lane Pool
11AM - 2PM - OPEN SWIM, Both Pools

Dec. 26 7:00am-5:00pm
7AM - 10:45AM - LANE SWIM, Lane Pool
11AM - 5PM = OPEN SWIM, Both Pools
Dec. 25 & Jan. 1 CLOSED

Lane Pool (25M / 4 Lanes)

Monday	Tuesday	Wednesday	Thursday Dec. 26	Friday Jan. 2	Saturday	Sunday
6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	CLOSED	7:00AM - 10:45AM Lane Swim	6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	7:00AM - 9:00AM Lane Swim
8:30AM - 9:15AM AquaFit	8:30AM - 9:15AM AquaFit		11:00AM - 5:00PM Open Swim	8:30AM - 9:15AM AquaFit	8:30AM - 9:15AM AquaFit	9:00AM - 4:45PM Open Swim**
10:30AM - 12:00PM Lane Swim	10:30AM - 11:00AM Lane Swim			10:30AM - 12:00PM Lane Swim	10:30AM - 12:00PM Lane Swim	
1:00PM - 5:45PM Open Swim**	11:00AM - 2:00PM Open Swim*			1:00PM - 8:45PM Open Swim*	1:00PM - 5:00PM Open Swim*	9:00AM - 7:45PM Open Swim**
5:45PM - 6:30PM AquaFit				5:00PM - 5:45PM Water Bootcamp		
6:30PM - 8:45PM Open Swim**				6:00PM - 8:45PM Open Swim**		

Therapy Pool

Monday	Tuesday	Wednesday	Thursday Dec. 26	Friday Jan. 2	Saturday	Sunday
9:30AM - 10:15AM Gentle AquaFit		CLOSED		9:30AM - 10:15AM Gentle AquaFit		9:00AM - 4:45PM Open Swim
12:00PM - 1:00PM Parent & Tot Swim	11:00AM - 2:00PM Open Swim		11:00AM - 5:00PM Open Swim	12:00PM - 1:00PM Parent & Tot Swim	9:00AM - 7:45PM Open Swim	
				4:00PM - 8:45PM Open Swim		
6:30PM - 8:45PM Open Swim				5:45PM - 8:45PM Open Swim		