

# YMCA Northumberland **Campbellford**

50 Seymour Quarry Road Campbellford, ON

## SWIMMING LESSON SCHEDULE

March 17 - May 30, 2025

All lessons required Registration. Registration opens Monday, March 3, 2025 Schedules subject to change.



# **CAMPBELLFORD**

Rates (11 Weeks)

**30 Minute Group Class** \$115.60

45 Minute Group Class \$128.05

Adult Stroke Correction Non Member: \$170.60 Member: No Cost Private 30 Minute Class \$198.90

(rate includes 1 student/1 instructor)

Semi Private 30 Minute Class \$291.75 (rate includes 2 students/1 instructor)

1 Group Class is included with each membership.

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Level	Tuesday	Thursday	Saturday
Splasher/Bubbler	5:00pm - 5:30pm	5:30pm - 6:00pm	10:00am - 10:30am
Bobber	4:30pm - 5:00pm 5:00pm - 5:30pm 6:00pm - 6:30pm	4:30pm - 5:00pm 5:00pm - 5:30pm 6:00pm - 6:30pm	9:30am - 10:00am 10:00am - 10:30am 11:00am - 11:30am 12:00pm - 12:30pm
Floater	5:00pm - 5:30pm 6:00pm - 6:30pm 6:45pm - 7:15pm	4:30pm - 5:00pm 5:30pm - 6:00pm 6:00pm - 6:30pm	9:00am - 9:30am 10:30am - 11:00am 11:45am - 12:15pm
Glider/Diver	5:30pm - 6:00pm 6:30pm - 7:00pm	6:30pm - 7:00pm	10:00am - 10:30am 12:30pm - 1:00pm
Surfer/Jumper	5:00pm - 5:30pm	5:00pm - 5:30pm	9:00am - 9:30am
Otter	4:30pm - 5:00pm 5:30pm - 6:00pm 6:30pm - 7:00pm	5:00pm - 5:30pm 5:30pm - 6:00pm 6:30pm - 7:00pm	10:30am - 11:00am 11:45am - 12:15pm 12:15pm - 12:45pm
Seal	4:30pm - 5:00pm 5:30pm - 6:00pm	4:30pm - 5:00pm 5:30pm - 6:00pm	9:00am - 9:30am 11:00am - 11:30am
Dolphin	6:00pm - 6:30pm 6:30pm - 7:00pm	6:00pm - 6:30pm 6:30pm - 7:00pm	9:30am - 10:00am 12:30pm - 1:00pm
Swimmer	4:30pm - 5:00pm 6:15pm - 6:45pm	4:30pm - 5:00pm 6:00pm - 6:30pm	10:30am - 11:00am 11:30am - 12:00pm
Star 1/2	5:30pm - 6:15pm	7:00pm - 7:45pm	9:45am - 10:30am 10:45am - 11:30am
Star 3/4	7:00pm - 7:45pm	6:30pm - 7:15pm	9:00am - 9:45am
Star 5/6	7:00pm - 7:45pm	7:00pm - 7:45pm	11:45am - 12:30pm
Private/Semi	7:00pm - 7:30pm 7:15pm - 7:45pm	5:00pm - 5:30pm 7:00pm - 7:30pm	11:15am - 11:45am 12:15pm - 12:45pm
Adult Stroke Correction	7:00pm - 7:45pm		

## SPLASHER/BUBBLER SWIM LESSONS

Parents/guardians will be required to be in the water to assist their child for this level of lessons.

### Y WAVES

Swimmer will discover their love of swimming, while having fun and making friends. This program is designed to introduce the fundamental skills of competitive swimming in a fun and engaging environment. The objective of this program is to help swimmers to improve in each of the four competitive strokes (freestyle, backstroke, breaststroke, and butterfly) and to teach them the basics of competitive swimming (racing dives, flip turns, etc.)

### **ADULT STROKE CORRECTION**

In a group setting, certified YMCA Swim instructors tailor individualized plans for each participant.