

SWIM LESSON SCHEDULE

March 17 - May 30, 2025

Schedules subject to change

All lessons required Registration | Registration opens Monday, March 3

Rates (11 Weeks)

30 Minute Group Class
\$115.60

45 Minute Group Class
\$128.05

Private 30 Minute Class
\$198.90
(for 1 student/1 instructor)

Semi Private 30 Minute Class
\$291.75
(for 2 students/1 instructor)

Y Waves Swim Team
Non Member: \$105.75
Member: \$70.50

Adult Swim Classes
Non Member: \$170.60
Member: No Cost

1 Group Class is included
with each membership.

Level	Tuesday	Wednesday	Thursday	Saturday	Sunday
Splasher/Bubbler	4:30pm - 5:00pm 5:30pm - 6:00pm	5:00pm - 5:30pm	4:30pm - 5:00pm	9:30am - 10:00am	
Bobber	4:30pm - 5:00pm 5:30pm - 6:00pm 6:00pm - 6:30pm 6:30pm - 7:00pm	4:30pm - 5:00pm 6:00pm - 6:30pm	4:30pm - 5:00pm 5:30pm - 6:00pm	9:00am - 9:30am 10:30am - 11:00am 11:45am - 12:15pm 12:15am - 12:45pm	
Floater	4:30pm - 5:00pm 5:00pm - 5:30pm 6:00pm - 6:30pm	5:00pm - 5:30pm 6:00pm - 6:30pm	5:00pm - 5:30pm 6:00pm - 6:30pm	9:30am - 10:00am 11:00am - 11:30am 12:00pm - 12:30pm	
Glider/Diver	5:00pm - 5:30pm 6:30pm - 7:00pm	5:30pm - 6:00pm 6:45pm - 7:15pm	5:00pm - 5:30pm 6:30pm - 7:00pm	10:00am - 10:30am 11:30am - 12:00pm	
Surfer/Jumper	6:00pm - 6:30pm	5:30pm - 6:00pm	6:00pm - 6:30pm	10:00am - 10:30am	
Otter	4:30pm - 5:00pm 5:00pm - 5:30pm 6:00pm - 6:30pm	4:30pm - 5:00pm 5:30pm - 6:00pm	5:00pm - 5:30pm 5:30pm - 6:00pm	9:00am - 9:30am 10:00am - 10:30am 12:30pm - 1:00pm	
Seal	5:00pm - 5:30pm 5:30pm - 6:00pm 7:00pm - 7:30pm	5:00pm - 5:30pm 6:30pm - 7:00pm	4:30pm - 5:00pm 5:30pm - 6:00pm	9:30am - 10:00am 10:30am - 11:00am 12:30pm - 1:00pm	
Dolphin	4:30pm - 5:00pm 6:30pm - 7:00pm	4:30pm - 5:00pm 6:30pm - 7:00pm	5:00pm - 5:30pm 6:30pm - 7:00pm	9:00am - 9:30am 10:30am - 11:00am 11:45am - 12:15pm	
Swimmer	5:30pm - 6:00pm 6:30pm - 7:00pm	6:00pm - 6:30pm 7:00pm - 7:30pm	4:30pm - 5:00pm 6:45pm - 7:15pm	10:00am - 10:30am 11:30am - 12:00pm 12:15pm - 12:45pm	
Star1/2	4:30pm - 5:15pm 6:00pm - 6:45pm	4:30pm - 5:15pm 6:00pm - 6:45pm	6:00pm - 6:30pm	9:00am - 9:45am 10:45am - 11:30am	
Star 3/4	5:15pm - 6:00pm	5:15pm - 6:00pm	6:00pm - 6:45pm	9:45am - 10:30am 11:45am - 12:30pm	
Star 5/6	6:00pm - 6:45pm	7:15pm - 8:00pm	7:00pm - 7:45pm	10:30am - 11:15am	
Private/Semi	7:00pm - 7:30pm 7:30pm - 8:00pm	6:45pm - 7:30pm 7:00pm - 7:30pm 7:30pm - 8:00pm	6:45pm - 7:15pm 7:00pm - 7:30pm 7:15pm - 7:45pm 7:30pm - 8:00pm	9:00am - 9:30am 9:30am - 10:00am 11:00am - 11:30am 11:15am - 12:15pm 11:30am - 12:00pm 12:00pm - 12:30pm 12:30pm - 1:00pm	10:00am - 10:30am 10:30am - 11:00am 11:00am - 11:30am 11:30am - 12:00pm 12:00pm - 12:30pm 12:30pm - 1:00pm
Y Waves	7:00pm 8:00pm				
Adult Classes		7:15pm - 8:00pm Stroke Correction	7:15pm - 8:00pm Learn to Swim		

SPLASHER/BUBBLER SWIM LESSONS

Parents/guardians will be required to be in the water to assist their child for this level of lessons.

Y Waves

Swimmer will discover their love of the swimming, while having fun and making friends. This program designed to introduce the fundamental skills of competitive swimming in a fun and engaging environment. The objective of this program is to help swimmers to improve in each of the four competitive strokes (freestyle, backstroke, breaststroke, and butterfly) and to teach them the basics of competitive swimming (racing dives, flip turns, etc.)

ADULT LEARN TO SWIM COURSE

In a group setting, certified YMCA Swim instructors tailor individualized plans for each participant.

ADULT STROKE CORRECTION COURSE

This session is great for adult swimmers looking to improve technique or learn a new stroke or to become more efficient in the water to make your swimming a little easier, increase your speed for faster times or to prevent injuries that may occur due to poor technique.