

# YMCA NORTHUMBERLAND ANNUAL REPORT 2024



Shine On



## Building A Brighter Tomorrow!



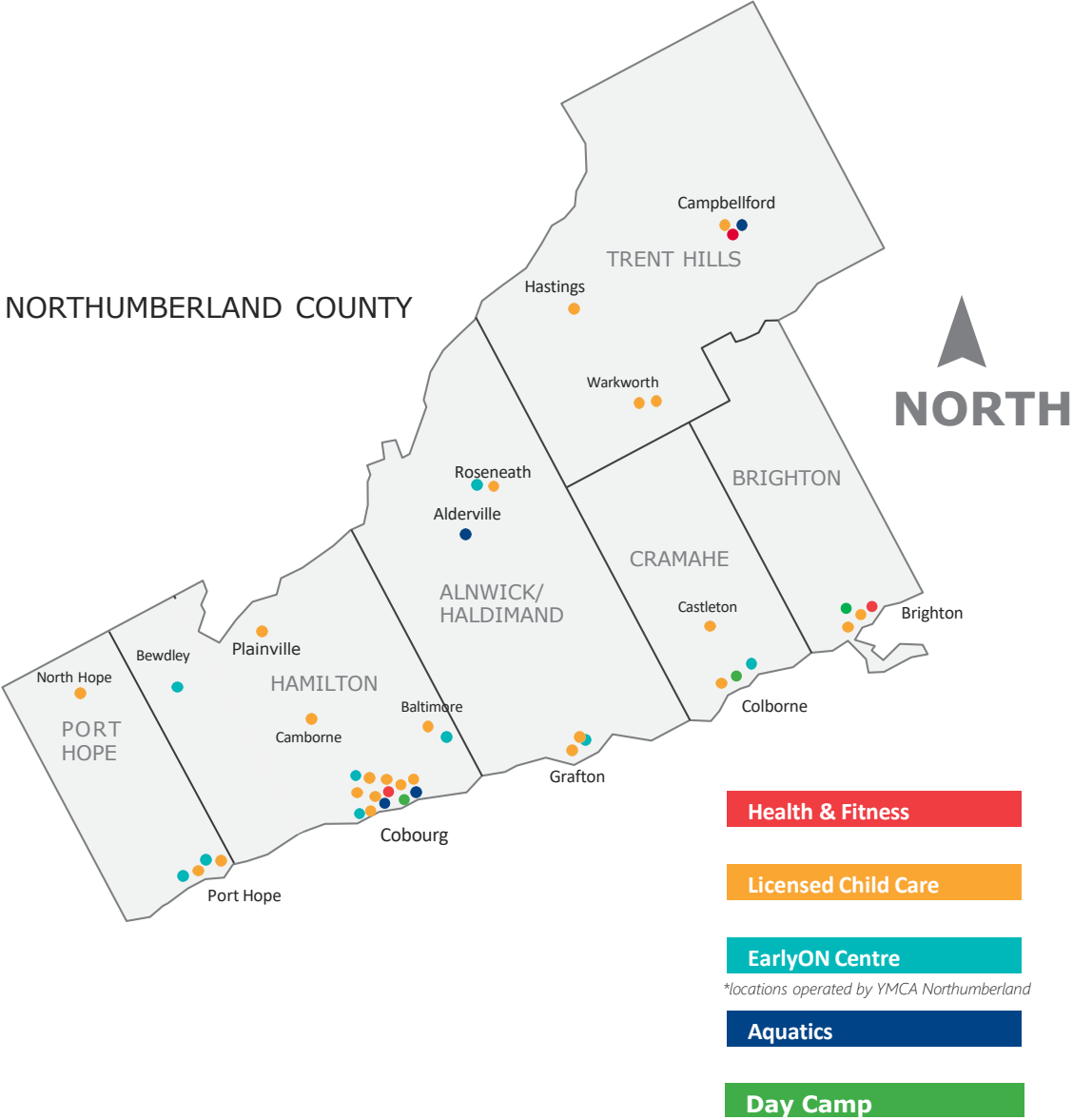
## LAND ACKNOWLEDGEMENT

YMCA Northumberland is situated on land that is the treaty and traditional territory of the Mississauga and Chippewa Nations of the Anishinabek, known collectively as the Williams Treaties First Nations.

YMCA Northumberland is grateful for our relationship with the First Nations of this territory, for their teachings about the land, the water and all our connections. We continue our journey to strengthen our understanding of our Treaty relationship and of how to move forward in a positive way.

We acknowledge the contributions and accomplishments of all Indigenous people across this territory, current and throughout history.

# OUR LOCATIONS





# BOARD OF DIRECTORS

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- Part-Time CFO Services

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- General Manager, Health Fitness + Aquatics

Kasie Taylor

- Director, Children's Services



# MESSAGE FROM BOARD CHAIR AND CEO

## Building A Brighter Tomorrow – Impact 2024

As we close another remarkable year, we reflect on all that we've accomplished together in 2024. It's been a year of milestones, growth, and unstoppable commitment to our communities. We have so much to be proud of.

Our achievements span every corner of the organization, and none of it would have been possible without our incredible staff, volunteers, community partners, and donors. Your energy and spirit drive our mission forward, and we're honoured to work alongside you.

### Expanding Our Reach

We've grown our Health, Fitness, and Aquatics footprint significantly. The Campbellford site opened in November, now serving 2,300+ people. In Brighton, our lease renewal through 2031 supports future planning, with membership at an all-time high of 600. Cobourg also hit a record 4,350 members, thanks to our dedicated teams.

### Listening to Our Members

In our 2024 Member Survey, participation increased with 605 responses. Member Experience rose from 80 to 83, and our Net Promoter Score jumped by 21 points. Staff were recognized with scores of 92 for friendliness, 93 for inclusivity, and 87 for overall appreciation showcasing the supportive environment we've built.

### Strategic Partnerships and Growth

We signed a new agreement with the Town of Cobourg to explore expanded recreation services near the Cobourg Community Centre. Our community programs of UpTurn and Mothers of Newborns launched in Campbellford, and the Alternative Suspension Program was renewed with both school boards. Events like the Rainbow Run, Peace Breakfast, and Operation Red Nose continue to foster engagement and connection.

### Supporting Children and Families

Responding to the Canada-Wide Early Learning and Child Care system, we opened 62 new licensed spaces in Warkworth and Cobourg East. Our 25 childcare sites continue to thrive, thanks to our phenomenal staff navigating sector challenges. EarlyON exceeded expectations with outstanding outreach and programming.

### Behind the Scenes

Much of our progress was powered by the essential work behind the scenes. Our teams launched the *Shine ON* Campaign, completed a major bank transition, welcomed a new audit firm, submitted our reaccreditation with Imagine Canada, and ensured compliance with the updated Ontario Non-Profit Act legislation. We also continue to maintain high standards in child protection through annual audits.

Through every challenge and success, our vision has remained clear. Together, we shine brighter.

Thank you for your continued trust and belief in what we can achieve by working together. Here's to another exciting year ahead.

### Sincerely,

Dr. Beth Selby  
*Chair, YMCA Northumberland*  
 Eunice Kirkpatrick  
*President & CEO, YMCA Northumberland*






# CELEBRATING

## Fellowship of Honour: Dan Bulger

In the fall of 2024, Dan Bulger, one of the longest-serving volunteers at YMCA Northumberland, received the prestigious YMCA Fellowship of Honour Officer Award in recognition of his remarkable 46+ years of service.

Dan's contributions to both the organization and the broader community have been profound. He has played a pivotal role by founding and leading the Waterpower Fitness Class for over four decades, serving on the Board of Directors, and spearheading significant fundraising initiatives. His efforts have not only enhanced YMCA programming but also positively impacted countless lives throughout Northumberland County. Dan's dedication to service, philanthropy, and community exemplifies the core values of the YMCA.

The Honourable Senator Ratna Omidvar presented the medal to Dan Bulger at the 2024 Investiture Ceremony in Ottawa in September with Nik Nanos, Chair of the YMCA Fellowship of Honour Advisory Council.



To commemorate this milestone, YMCA Northumberland launched the Daniel J. Bulger Fellowship of Honour Fund, which is dedicated to expanding programming and providing services inspired by his work. This initiative is a tribute to his remarkable efforts and a means of continuing his impact. Donations to his fund can be made online or through YMCA Northumberland's Membership Services.



## Coronation Medal: Lynda Kay

Lynda Kay's dedication to our community has left a lasting impact. In recognition of her outstanding contributions of service to our community over the years, Eunice Kirkpatrick, had the honour of presenting Lynda with the **Canadian Commemorative King Charles III Coronation Medal**.

YMCA Canada was selected to nominate deserving recipients, with only 57 medals awarded across the country. On behalf of YMCA Canada and YMCA Northumberland, we are thrilled to see Lynda recognized with this honourable medal for her lifelong commitment to making Northumberland a stronger and brighter place to work and live.

# ROYCE'S STORY

## A Birthday Cake & A Bucket List!

At 90 years young, Royce McCracken is redefining what it means to age. Far from slowing down, Royce continues to live with vitality, passion, and a youthful spirit—much of which he credits to the support and community of YMCA Northumberland.

Born in 1935, Royce's life journey has been shaped by resilience, from humble beginnings during the Great Depression to having a successful career in administration and entrepreneurship.

He also loved projects and building things, so much so that he successfully built his home, cottage and several motorhomes too.

After retiring, he and his wife embraced adventure, travelling North America in a modified Dodge Caravan as self-proclaimed "ski-bums." Even in his 80s, he entered skiing expos and skied full runs non-stop, refusing to let age put boundaries on his passions.

But it wasn't until his 70s that Royce truly embraced structured physical fitness—first at the Campbellford gym, and then, since 2011, at the Cobourg YMCA. Within this space, he found more than just a place to work out; he found a second home.

***"Socializing at the Y has introduced me to many wonderful people, all of us here for a common reason."***

***"The Y has given me strength, social connection, and a purpose," says Royce. "The instructors, the classes, the people—they keep me coming back. Staying active keeps depression at bay and helps me live independently."***

Royce's commitment to the Y culminated in a self-imposed "bucket list" for his 90th birthday of 12 specific exercises, including an impressive 3 minute wall sit. His efforts are proof not only of his determination but of the transformative power of community and movement.

***"Being 90 doesn't make me feel old," he says. "I still live alone, cook, clean, and keep moving. As long as I'm able, I'll refuse to live or act my age."***

Royce's story is proof that with the right mindset—and a supportive community like the YMCA—longevity isn't just about adding years to life, but life to years and enriching lives - **one family at a time.**







## MARY'S STORY

***"The people keep me here. You can walk in feeling off, but between the endorphins and the connections, you walk out with a smile on your face!"***

Mary Ross's journey with the YMCA began in February 2004 when she joined with her mother, drawn to the energy and fun of group fitness classes. She quickly became a regular, attending five days a week and embracing the routine that kept her active and connected.

That summer, an opportunity arose at the Brighton Y's front desk, and Mary applied. She was hired in September 2004, embarking on what would become a 21-year career dedicated to the YMCA and its members.

Mary's involvement with the Y has grown tremendously over the years. Just months into her role at the front desk, she took on a new challenge. When a need arose for fitness instructors, she stepped up, transitioning from a devoted participant to a leader. With a mix of formal training and hands-on learning, she quickly adapted. That willingness to grow and change has been a hallmark of her time with the Y. Today, Mary proudly serves as the Brighton Membership Coordinator.

Beyond fitness, Mary credits the YMCA with shaping her into the person she is today. Naturally introverted before joining, she now is outgoing and comfortable in social settings. The relationships she built with members and colleagues are a daily source of joy.

Her deep sense of community was never more evident than during COVID-19. Tasked with calling members about updates, she found herself having lengthy conversations with people who were isolated and longing for connection. "It took forever because everyone wanted to talk," she says. "People were lonely. Even a phone call meant the world to them."

Mary has also experienced firsthand the support and love the YMCA fosters. In 2023, she took a medical leave to undergo heart surgery. What surprised her most was the overwhelming outpouring of support from both staff and members. "You don't realize how important your work is until something like this happens," she says. "It took three cards just to fit everyone's messages. I felt honoured and lucky to be part of this big Y family."

The Brighton Y is more than a fitness centre to Mary; it's a place of inclusion, growth & resilience that is key to the community. She passionately advocates for its importance and encourages anyone considering the Y to jump in wholeheartedly.

***"It's a big happy family. You just keep going forward."***



## LINDSEY'S STORY

For this local family, the opening of the Warkworth YMCA Child Care Centre and the Campbellford YMCA has made a meaningful difference in their daily lives. With the new child care centre just five minutes from home, Lindsey Dewdney saves both time and money—cutting nearly an hour of daily travel and significantly reducing gas expenses. Plus, she loves knowing that the friends her child is making will continue with her as she grows.

***"It allows our daughter to make connections right in our local community and develop relationships that will follow her to Percy Centennial and beyond."***

The nearby YMCA in Campbellford has also brought health and wellness closer to home. As a family, they enjoy swimming together, and their daughter is now enrolled in lessons just 12 minutes away—no more long trips to Cobourg. They really enjoy how convenient it is to prioritize being active together.

***"We are able to go early in the morning or throughout the day for a quick workout, class or swim," Lindsey adds. "It has allowed us to be healthier for ourselves and our family."***



## MATTEHA'S STORY

As a young mother of two, life was chaotic and isolating for Matthea Liston. With her partner working away as a long-haul truck driver, she spent years parenting solo without access to child care. That all changed in January 2025 when both of her children were enrolled at the new Warkworth YMCA Child Care Centre.

***"Everything is different now," she says. "I could go back to work and get my husband off the road and home!"***

What's more, the YMCA child care staff have made a lasting impact, supporting her children through emotional and developmental growth. She has noticed how they helped her oldest with aggression and language, and her youngest with speaking in sentences and trying new foods.

***"Love grows stronger at the Y" has never hit me so hard... my kids started growing SO MUCH within the YMCA; it's like they're different kids!" says Matthea.***

# OUR IMPACT IN 2024

## LOOK WHAT WE CAN REACH TOGETHER.

**205,200**

Visits were made to our facilities in Northumberland throughout 2024

**13,034**

Visits were made to our outdoor pools in Cobourg, Trent Hills & Alderville.

**11,732**

Total number of visits to YMCA EarlyOn Programs in 2024

**8,183**

Members Served across our County.  
21% Older Adult 50% Adult  
13% Youth  
16% Children

**7,480**

visits from Community Groups & during Events

**5,589**

Days kids spent in Summer Camps in Brighton, Cobourg and Cramahe.

**1,913**

Kids and Youth participated in learning to Swim and Lifesaving Lessons

**1,042**

Children enrolled in Child Care, supporting 593 families.

**826**

People received Financial Assistance to gain access to YMCA programming

**258**

Participated in Special Programs  
Mothers-of-Newborns, Alternative Suspension &, UpTurn

**725**

Staff Employed & Volunteers contributed



# FINANCIAL STATEMENTS

Statement of Operations for the year ended December 31, 2024.

REVENUES	2024	2023
Child Services and Camp	\$2,081,109	\$1,920,576
Day Use and Programs	304,168	299,181
Memberships	1,809,476	1,517,314
Community Programs	3,597,961	3,538,450
Town of Cobourg Fee-for-Service	125,946	116,623
Municipality of Trent Hills	176,158	-
Town of Brighton Municipal Lease Agreement	30,933	30,000
Government – CSJ	22,119	15,257
Donations, interest and other income	742,035	665,923
Total Revenue	8,889,805	8,103,324

EXPENSES	2024	2023
Wages and Benefits	\$6,215,134	\$5,777,370
Plant and Facilities	722,886	499,228
General Administration	967,543	836,378
Programs	162,010	140,934
Advertising and Promotion	45,555	41,026
Association Dues and Fees	247,933	204,702
Tot Expenditures Before Amortization	8,361,061	7,499,638
Amortization of Capital Assets	514,412	581,328
Net Contribution	\$14,332	\$22,358

This financial information has been taken from the audited statements report by Baker Tilly LLP.

Complete financial statements are available upon request. Visit <https://ymcanrt.org/about>

Statement of Financial Position as of December 31, 2024.

ASSETS	2024	2023
<b>Current</b>		
Cash	\$3,227,128	\$2,194,953
Investments	1,270,587	623,634
Accounts Receivable	851,859	202,371
Prepaid Expenses	86,989	29,970
<b>Long Term</b>		
Capital Assets (Net Value)	5,987,122	4,977,665
<b>Total Assets</b>	<b>\$11,423,685</b>	<b>\$8,028,593</b>

LIABILITIES		
<b>Current</b>		
Accounts Payable	\$797,122	\$349,040
Unearned Revenue	2,758,755	321,857
Current Portion of Capital Leases & Loans	86,329	321,857
<b>Long Term</b>		
Term Loan Payable	304,569	-
Capital Lease	346,952	-
Deferred Capital Contributions	2,672,823	2,116,030
<b>Total Liabilities</b>	<b>6,966,550</b>	<b>3,585,790</b>

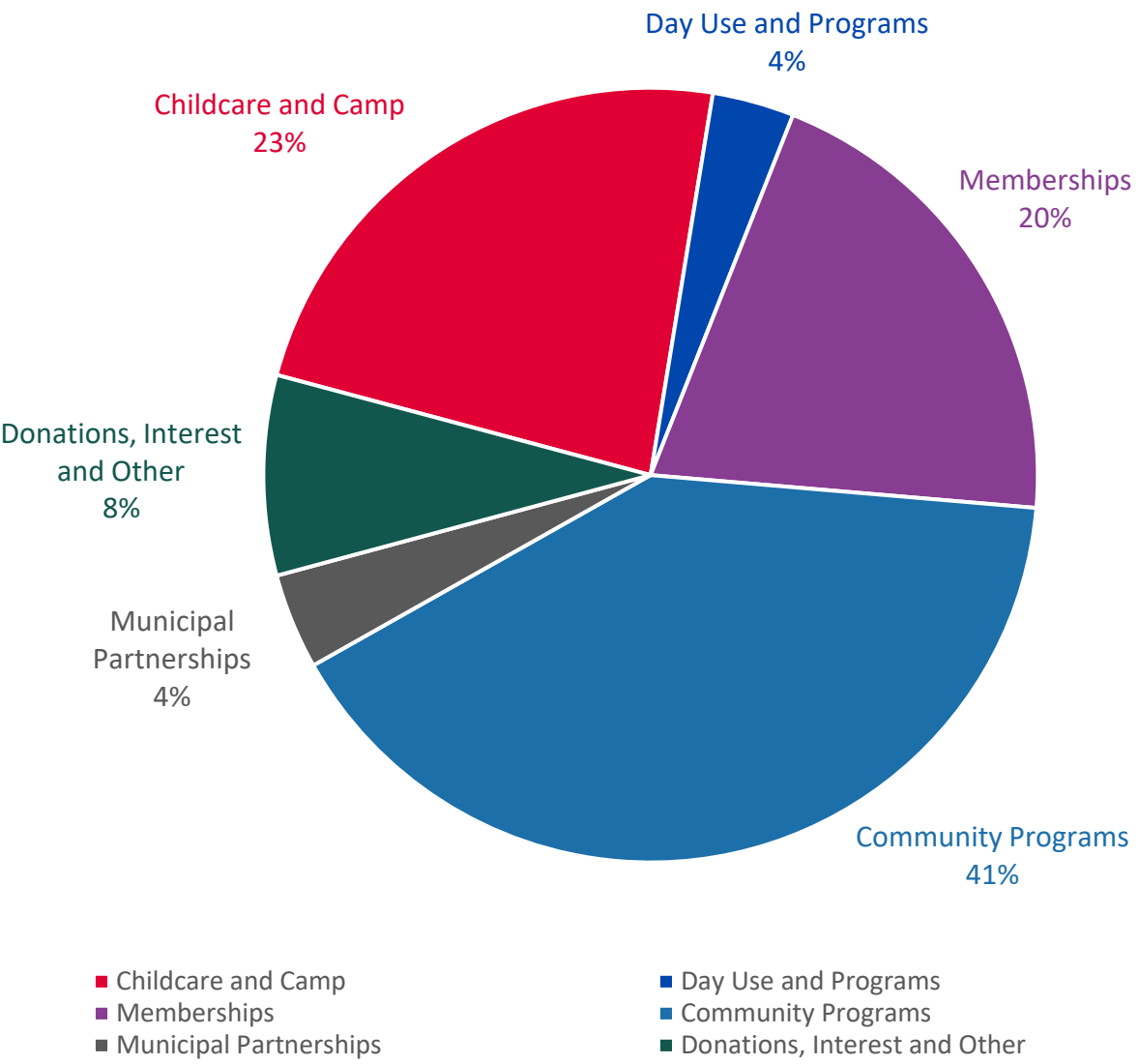
NET ASSETS		
<b>Surplus and Reserves</b>		
Fund Balance Beginning of Year	4,442,803	4,420,445
Excess of Revenue over Expenses	14,332	22,358
<b>Total Surplus and Reserves</b>	<b>4,457,135</b>	<b>4,442,803</b>
<b>Total Liabilities, Surplus and Reserves</b>	<b>\$11,423,685</b>	<b>\$8,197,224</b>





# SOURCES OF REVENUE

Statement of Operation for the year ended December 31, 2024.



# THANKS TO OUR BUSINESS COMMUNITY PARTNERS

At the YMCA, we know that by working with others, we can extend our reach and provide vital programs and services to even more people in our communities.

Through partnerships with other community organizations, businesses, and individuals, we are finding new and innovative ways of meeting the needs of the communities we serve. YMCAs across the country collaborate with hundreds of partner organizations each year on initiatives that have allowed us to expand into new program areas, support under-served populations and address critical health and wellness issues.

Through the Business Community Partners Program, we come together with like-minded supporters, amplifying our strength as a community and igniting the potential within each of us. These partnerships make it possible to share our expertise, knowledge, and resources with each other, and ultimately achieve more than we could alone.



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# THANKS TO OUR COMMUNITY & FUNDING PARTNERS

## COMMUNITY

Alnwick/Haldimand Township  
 Campbellford Foundation of Campbellford/Seymour/Northumberland  
 Canadian Candy Company  
 Career Edge  
 Cobourg Police Service  
 Cobourg Public Library  
 Community Care Northumberland  
 Community Health Centres of Northumberland  
 Community Living & Respite Northumberland  
 Community Mental Health Services  
 Community Training and Development Centre  
 Cornerstone Family Violence Prevention Centre  
 Durham Children's Aid Society  
 Durham College  
 East Northumberland Secondary School  
 Employment Assistance Program Resource (EARN)  
 Food 4 All Warehouse  
 Grafton Community Centre  
 Green Wood Coalition  
 Habitat for Humanity Northumberland  
 Haliburton Kawartha Pine Ridge District Health Unit  
 Highland Shores Children's Aid Society  
 Horizons of Friendship  
 Hustler, Kay, Kurji and McCourt Barristers and Solicitors  
 Kawartha Pine Ridge District School Board  
 Kinark Child and Family Services  
 Lifesaving Society  
 Loyalist College  
 Municipality of Port Hope  
 myFM Broadcasting  
 Northumberland Big Brothers & Big Sisters  
 Northumberland Child Development Centre  
 Northumberland Community Counselling Centre  
 Northumberland Family Health Team  
 Northumberland Hills Hospital  
 Northumberland Hills Hospital Community Mental Health Prog. & Svcs.  
 Northumberland Sports Council  
 Northumberland Sunrise Rotary  
 Northumberland United Way  
 Ontario Ministry of Children, Community and Social Services  
 Ontario Ministry of Education  
 Ontario Provincial Police

Peterborough, Victoria, Northumberland, Clarington, Cath. District School Bd  
 Port Hope Police Service  
 Quinte Children's Foundation  
 Rebound Child and Youth Services Northumberland  
 Rotary Club of Campbellford  
 Rotary Club of Cobourg  
 Royal Bank of Canada  
 Salvation Army  
 TD Canada Trust  
 Tim Hortons  
 Watton Employment Services Inc.  
 Wrap Around Northumberland  
 YMCA Canada  
 YMCA Ontario

## FUNDING

Alderville First Nation  
 Brian Todd Community Memorial Fund  
 Cameco  
 Career Edge  
 Cobourg Police Service  
 Cramahe Township  
 CRH Canada Ogden Point Quarry  
 Five Counties Children Centre  
 Highland Shores Children's Aid  
 Inner Wheel of Cobourg  
 Kawartha Pine Ridge District School Board  
 Municipality of Brighton  
 Municipality of Trent Hills  
 Northumberland County  
 Ontario Trillium Foundation  
 Quinte Children's Foundation  
 Ten Thousand Villages  
 Town of Cobourg  
 Watton Employment Services Inc.  
 Women Para Mujeres  
 YMCA of Eastern Ontario  
 YMCA Quebec





# THANKS TO OUR COMMUNITY EVENT & PROGRAM SPONSORS



## Seniors Active Living Fair

Older Adult Centres Assoc. of Ont.

## Valentine's Day Cookies

Frosted Flour Co.

## Y Break Bread

RTOERO

## Swim to Survive

Cameco

## Cramahe Camp Lunch

CRH Canada Ogden Point Quarry

## Cops for Kids Golf Camp

Cobourg Police Service

## Let's do Camp Lunch

Bill Ryan Memorial Golf Tournament

## Alternative Suspension

YMCA Quebec

100 Women Who Care Northumberland

Cameco

## Mothers of Newborns

Jessica Fraser-Thomas and Phil Thomas

## UpTurn Program

Ryan Huffman Foundation

## Earth Week Plant Sale

Burnham's Family Farm Market

Baltimore Valley

## Cycle for Good

Herc's Nutrition

Deb Patton Cookies

Just Brew It!

## Rainbow Run

Cameco

Arthur's Pub

Home Hardware

Justin's Pet Store

Dairy Queen

Herc's Nutrition

McDonald's

PJ's Custom Outfitting

Davis' Independent Grocer

ParticPaction

Rod Simpson Tap Timing

## Strong Kids Duathlon

MyFM 93.3

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RBD Commercial

RBC Dominion Securities, Kawartha-Lakeshore

Cameco

Lauria Auto Group

Part-Time CFO Services

Moore's Orchard

McDonald's

Pj's Custom Outfitting

Rod Simpson Tap Timing

## Youth Dances

Canada Candy Company

## Peace Breakfast & Week

Koellner Tax and Accounting Svcs

Cobourg Police Service

Ten Thousand Villages

## Turkey Trot

New Balance

Runner's Life

Canadian Abilities Foundation (CAF)

Boyer Chrysler Dodge Jeep Ram Cobourg

SABIC Corporate

Cobourg Orthopedic & Spots Injury Clinic

Behan Construction

Cameco

Kathran Helps, Royal Services Real Est.Inc.

Canada Candy

Boston Pizza

Dairy Queen

Rainbow Cinemas

No Frills

Arthur's Pub

Burnham Family Farm

Sport Chek

Play It Again Sports

Greg and Yvonne Kay

Northshore Lanes

Deb Patton

Rod Simpson Tap Timing

## Operation Red Nose

Avanessy Giordano Pers.I Injury Lawyers

MBC Media

LIUNA! Local 183

Protoplast Inc.

Cobourg Lions Club

SABIC Corporate

Cameco

Part-Time CFO Services

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Ketch's Korner

Foodland

Millstone Bakery

Arthur's Pub

Papa's Pizza

Cucina Urbana

## Community Partners

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# THANKS TO OUR DONORS



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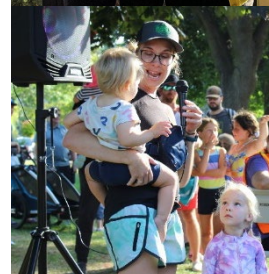
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Brian Jenkins	Dianne Lamb	Jeffrey Poulin	Maria Gibbons	Sean Bradbury	
Brooke Tackaberry	Eileen Stone	Jennifer Lavoie	Marisa Hart	Shane Hartwell	

Plus, thank you to the countless other donors who generously added untracked dollars to our donation bins and bought dozens of items in support of our many fundraising efforts.





# THANKS TO OUR VOLUNTEERS



Adam Bureau  
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Al Switzer  
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Alec Dewdney  
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Alyssa Seltzer  
Amelia Fraser-Thomas  
Andrew King-Simpson  
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Bill Lee  
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Chad Munday  
Christine Viveiros  
Christopher Milton  
Chrystalla Manna  
Claire Rypstra  
Claudia Cuttress  
Claudia Wright  
Cobourg Police Services  
*Special Constables*

Cole Rypstra  
Cole Thomas  
Dan Bulger  
Dan Ross  
Darlene Bunn  
Darren Cecchetto  
Darryl Goodall  
David Beaven  
Deb Patton  
Deb Thomas  
Deborah Thompson  
Delyth Fraser-Thomas  
Derek Blackadder  
Derrick Cunningham  
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Donna Roberts  
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Filomena Roberto  
Flo Bors  
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George May  
Geri Sheedy  
Gloria Tapp  
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Harry Emond  
Heather Goupil  
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