

CENTENNIAL POOL



YMCA Northumberland

Centennial Pool Swim Lessons
42 Charles Street, Cobourg ON

SWIMMING LESSONS

July 3 - August 21, 2025

Registration opens Monday, June 16, 2025.

No Lessons run on holidays, Jul. 1 & Aug. 4, 2025.

30 Minute Class

7 Lessons: \$73.75
8 Lessons: \$85.25

45 Minute Class

7 Lessons: \$81.55
8 Lessons: \$93.20

Adult Class

7 Lessons: \$108.75
8 Lessons: \$124.25

Private Lesson (1 Student)

7 Lessons: \$126.70
8 Lessons: \$144.80

Semi-Private Lesson (2 Students)

7 Lessons: \$188.80
8 Lessons: \$212.30

2025 Rates

1 Group Class is included
with each membership.

Level	DAILY LESSONS MONDAY to THURSDAY 2 WEEK SESSIONS		EVENING LESSONS July 3 to August 21	
			Tuesday (7 weeks)	Thursday (8 weeks)
Splasher/Bubbler	11:15AM - 11:45AM	DAILY LESSONS MONDAY TO THURSDAY 2 WEEK SESSION DATES Session A: July 7 - July 17 8 Lessons Session B: July 28 - August 7 7 Lessons	4:00PM - 4:30PM	5:00PM - 5:30PM
Bobber	11:45AM - 12:15PM 12:45PM - 1:15PM		4:00PM - 4:30PM 4:30PM - 5:00PM	5:00PM - 5:30PM 5:30PM - 6:00PM
Floater	10:15AM - 10:45AM 11:15AM - 11:45AM		4:30PM - 5:00PM 5:30PM - 6:00PM	5:30PM - 6:00PM 6:30PM - 7:00PM
Glider/Diver	11:45AM - 12:15PM		4:30PM - 5:00PM 5:30PM - 6:00PM	5:30PM - 6:00PM 6:30PM - 7:00PM
Surfer/Jumper	10:45AM - 11:15AM		5:00PM - 5:30PM	6:00PM - 6:30PM
Otter	10:15AM - 10:45AM		4:30PM - 5:00PM 6:00PM - 6:30PM	5:30PM - 6:00PM 7:00PM - 7:30PM
Seal	12:15PM - 12:45PM		4:00PM - 4:30PM 5:00PM - 5:30PM	5:00PM - 5:30PM 6:00PM - 6:30PM
Dolphin	12:15PM - 12:45PM		4:00PM - 4:30PM 5:30PM - 6:00PM	5:00PM - 5:30PM 6:30PM - 7:15PM
Swimmer	10:45AM - 11:15AM		5:00PM - 5:30PM 6:00PM - 6:30PM	6:00PM - 6:30PM 7:00PM - 7:30PM
Star 1/2	11:00AM - 11:45AM		5:00PM - 5:45PM	6:00PM - 6:45PM
Star 3/4	10:15AM - 11:00AM	Bronze Medallion/ Bronze Cross/ Standard First Aid COURSE: July 21, 22, 23, 24, 25 9am - 5pm \$371	5:45PM - 6:30PM	6:45PM - 7:30PM
Star 5/6			6:30 PM - 7:15PM	7:30 PM - 8:15PM
Private/Semi	11:45AM - 12:15PM 12:15PM - 12:45PM 12:45PM - 1:15PM		6:00PM - 6:30PM 6:30PM - 7:00PM	7:15PM - 7:45PM 7:30PM - 8:00PM 7:45PM - 8:15PM
Adult Stroke Improvement		National Lifeguard COURSE: August 11, 12, 13, 14, 15 9am - 5pm \$382	6:30PM - 7:15PM	7:30PM - 8:15PM

POOL HOURS

Mon - Wed - Fri 7:00am-8:00pm
Tues - Thurs 6:30am-8:00pm
Saturday 6:30am-6:00pm
Sunday 8:00am-6:00pm

Splasher/Bubbler:

Parents/guardians will be required to be in the water to assist their child for this level of lessons.

Schedules subject to change. All lessons require Registration.