

YMCA NORTHUMBERLAND ANNUAL REPORT 2024



Shine On



Building A Brighter Tomorrow!

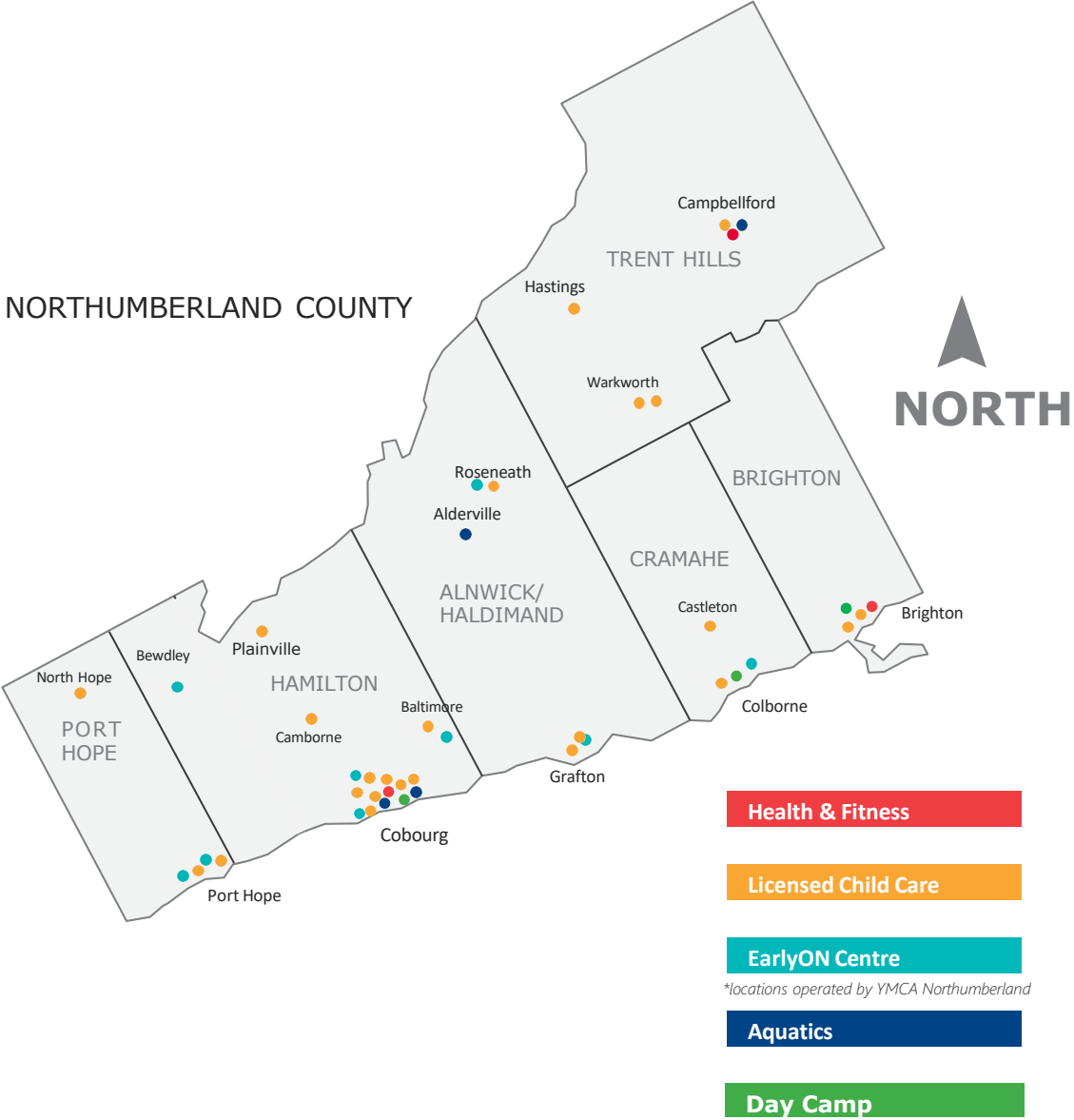


LAND ACKNOWLEDGEMENT

YMCA Northumberland is situated on land that is the treaty and traditional territory of the Mississauga and Chippewa Nations of the Anishinabek, known collectively as the Williams Treaties First Nations.

YMCA Northumberland is grateful for our relationship with the First Nations of this territory, for their teachings about the land, the water and all our connections. We continue our journey to strengthen our understanding of our Treaty relationship and of how to move forward in a positive way. We acknowledge the contributions and accomplishments of all Indigenous people across this territory, current and throughout history.

OUR LOCATIONS



BOARD OF DIRECTORS

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- Director

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- Director

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- Manager, Marketing Comm. & Media Relations

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- General Manager, Health Fitness + Aquatics

Kasie Taylor

- Director, Children's Services



MESSAGE FROM BOARD CHAIR AND CEO

Building A Brighter Tomorrow – Impact 2024

As we close another remarkable year, we reflect on all that we've accomplished together in 2024. It's been a year of milestones, growth, and unstoppable commitment to our communities. We have so much to be proud of.

Our achievements span every corner of the organization, and none of it would have been possible without our incredible staff, volunteers, community partners, and donors. Your energy and spirit drive our mission forward, and we're honoured to work alongside you.

Expanding Our Reach

We've grown our Health, Fitness, and Aquatics footprint significantly. The Campbellford site opened in November, now serving 2,300+ people. In Brighton, our lease renewal through 2031 supports future planning, with membership at an all-time high of 600. Cobourg also hit a record 4,350 members, thanks to our dedicated teams.

Listening to Our Members

In our 2024 Member Survey, participation increased with 605 responses. Member Experience rose from 80 to 83, and our Net Promoter Score jumped by 21 points. Staff were recognized with scores of 92 for friendliness, 93 for inclusivity, and 87 for overall appreciation showcasing the supportive environment we've built.

Strategic Partnerships and Growth

We signed a new agreement with the Town of Cobourg to explore expanded recreation services near the Cobourg Community Centre. Our community programs of UpTurn and Mothers of Newborns launched in Campbellford, and the Alternative Suspension Program was renewed with both school boards. Events like the Rainbow Run, Peace Breakfast, and Operation Red Nose continue to foster engagement and connection.

Supporting Children and Families

Responding to the Canada-Wide Early Learning and Child Care system, we opened 62 new licensed spaces in Warkworth and Cobourg East. Our 25 childcare sites continue to thrive, thanks to our phenomenal staff navigating sector challenges. EarlyON exceeded expectations with outstanding outreach and programming.

Behind the Scenes

Much of our progress was powered by the essential work behind the scenes. Our teams launched the *Shine ON* Campaign, completed a major bank transition, welcomed a new audit firm, submitted our reaccreditation with Imagine Canada, and ensured compliance with the updated Ontario Non-Profit Act legislation. We also continue to maintain high standards in child protection through annual audits.

Through every challenge and success, our vision has remained clear. Together, we shine brighter.

Thank you for your continued trust and belief in what we can achieve by working together. Here's to another exciting year ahead.

Sincerely,

Dr. Beth Selby
Chair, YMCA Northumberland
 Eunice Kirkpatrick
President & CEO, YMCA Northumberland






CELEBRATING

Fellowship of Honour: Dan Bulger

In the fall of 2024, Dan Bulger, one of the longest-serving volunteers at YMCA Northumberland, received the prestigious YMCA Fellowship of Honour Officer Award in recognition of his remarkable 46+ years of service.

Dan's contributions to both the organization and the broader community have been profound. He has played a pivotal role by founding and leading the Waterpower Fitness Class for over four decades, serving on the Board of Directors, and spearheading significant fundraising initiatives. His efforts have not only enhanced YMCA programming but also positively impacted countless lives throughout Northumberland County. Dan's dedication to service, philanthropy, and community exemplifies the core values of the YMCA.

The Honourable Senator Ratna Omidvar presented the medal to Dan Bulger at the 2024 Investiture Ceremony in Ottawa in September with Nik Nanos, Chair of the YMCA Fellowship of Honour Advisory Council.



To commemorate this milestone, YMCA Northumberland launched the Daniel J. Bulger Fellowship of Honour Fund, which is dedicated to expanding programming and providing services inspired by his work. This initiative is a tribute to his remarkable efforts and a means of continuing his impact. Donations to his fund can be made online or through YMCA Northumberland's Membership Services.



Coronation Medal: Lynda Kay

Lynda Kay's dedication to our community has left a lasting impact. In recognition of her outstanding contributions of service to our community over the years, Eunice Kirkpatrick, had the honour of presenting Lynda with the **Canadian Commemorative King Charles III Coronation Medal**.

YMCA Canada was selected to nominate deserving recipients, with only 57 medals awarded across the country. On behalf of YMCA Canada and YMCA Northumberland, we are thrilled to see Lynda recognized with this honourable medal for her lifelong commitment to making Northumberland a stronger and brighter place to work and live.

ROYCE'S STORY

A Birthday Cake & A Bucket List!

At 90 years young, Royce McCracken is redefining what it means to age. Far from slowing down, Royce continues to live with vitality, passion, and a youthful spirit—much of which he credits to the support and community of YMCA Northumberland.

Born in 1935, Royce's life journey has been shaped by resilience, from humble beginnings during the Great Depression to having a successful career in administration and entrepreneurship.

He also loved projects and building things, so much so that he successfully built his home, cottage and several motorhomes too.

After retiring, he and his wife embraced adventure, travelling North America in a modified Dodge Caravan as self-proclaimed "ski-bums." Even in his 80s, he entered skiing expos and skied full runs non-stop, refusing to let age put boundaries on his passions.

But it wasn't until his 70s that Royce truly embraced structured physical fitness—first at the Campbellford gym, and then, since 2011, at the Cobourg YMCA. Within this space, he found more than just a place to work out; he found a second home.

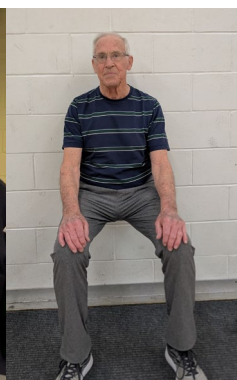
"Socializing at the Y has introduced me to many wonderful people, all of us here for a common reason."

"The Y has given me strength, social connection, and a purpose," says Royce. "The instructors, the classes, the people—they keep me coming back. Staying active keeps depression at bay and helps me live independently."

Royce's commitment to the Y culminated in a self-imposed "bucket list" for his 90th birthday of 12 specific exercises, including an impressive 3 minute wall sit. His efforts are proof not only of his determination but of the transformative power of community and movement.

"Being 90 doesn't make me feel old," he says. "I still live alone, cook, clean, and keep moving. As long as I'm able, I'll refuse to live or act my age."

Royce's story is proof that with the right mindset—and a supportive community like the YMCA—longevity isn't just about adding years to life, but life to years and enriching lives - **one family at a time.**





MARY'S STORY

"The people keep me here. You can walk in feeling off, but between the endorphins and the connections, you walk out with a smile on your face!"

Mary Ross's journey with the YMCA began in February 2004 when she joined with her mother, drawn to the energy and fun of group fitness classes. She quickly became a regular, attending five days a week and embracing the routine that kept her active and connected.

That summer, an opportunity arose at the Brighton Y's front desk, and Mary applied. She was hired in September 2004, embarking on what would become a 21-year career dedicated to the YMCA and its members.

Mary's involvement with the Y has grown tremendously over the years. Just months into her role at the front desk, she took on a new challenge. When a need arose for fitness instructors, she stepped up, transitioning from a devoted participant to a leader. With a mix of formal training and hands-on learning, she quickly adapted. That willingness to grow and change has been a hallmark of her time with the Y. Today, Mary proudly serves as the Brighton Membership Coordinator.

Beyond fitness, Mary credits the YMCA with shaping her into the person she is today. Naturally introverted before joining, she now is outgoing and comfortable in social settings. The relationships she built with members and colleagues are a daily source of joy.

Her deep sense of community was never more evident than during COVID-19. Tasked with calling members about updates, she found herself having lengthy conversations with people who were isolated and longing for connection. "It took forever because everyone wanted to talk," she says. "People were lonely. Even a phone call meant the world to them."

Mary has also experienced firsthand the support and love the YMCA fosters. In 2023, she took a medical leave to undergo heart surgery. What surprised her most was the overwhelming outpouring of support from both staff and members. "You don't realize how important your work is until something like this happens," she says. "It took three cards just to fit everyone's messages. I felt honoured and lucky to be part of this big Y family."

The Brighton Y is more than a fitness centre to Mary; it's a place of inclusion, growth & resilience that is key to the community. She passionately advocates for its importance and encourages anyone considering the Y to jump in wholeheartedly.

"It's a big happy family. You just keep going forward."

LINDSEY'S STORY

For this local family, the opening of the Warkworth YMCA Child Care Centre and the Campbellford YMCA has made a meaningful difference in their daily lives. With the new child care centre just five minutes from home, Lindsey Dewdney saves both time and money—cutting nearly an hour of daily travel and significantly reducing gas expenses. Plus, she loves knowing that the friends her child is making will continue with her as she grows.

"It allows our daughter to make connections right in our local community and develop relationships that will follow her to Percy Centennial and beyond."

The nearby YMCA in Campbellford has also brought health and wellness closer to home. As a family, they enjoy swimming together, and their daughter is now enrolled in lessons just 12 minutes away—no more long trips to Cobourg. They really enjoy how convenient it is to prioritize being active together.

"We are able to go early in the morning or throughout the day for a quick workout, class or swim," Lindsey adds. "It has allowed us to be healthier for ourselves and our family."



MATTEHA'S STORY

As a young mother of two, life was chaotic and isolating for Matthea Liston. With her partner working away as a long-haul truck driver, she spent years parenting solo without access to child care. That all changed in January 2025 when both of her children were enrolled at the new Warkworth YMCA Child Care Centre.

"Everything is different now," she says. "I could go back to work and get my husband off the road and home!"

What's more, the YMCA child care staff have made a lasting impact, supporting her children through emotional and developmental growth. She has noticed how they helped her oldest with aggression and language, and her youngest with speaking in sentences and trying new foods.

"Love grows stronger at the Y" has never hit me so hard... my kids started growing SO MUCH within the YMCA; it's like they're different kids!" says Matthea.

OUR IMPACT IN 2024

LOOK WHAT WE CAN REACH TOGETHER.

205,200

Visits were made to our facilities in Northumberland throughout 2024

13,034

Visits were made to our outdoor pools in Cobourg, Trent Hills & Alderville.

11,732

Total number of visits to YMCA EarlyOn Programs in 2024

8,183

Members Served across our County.
21% Older Adult 50% Adult
13% Youth
16% Children

7,480

visits from Community Groups & during Events

5,589

Days kids spent in Summer Camps in Brighton, Cobourg and Cramahe.

1,913

Kids and Youth participated in learning to Swim and Lifesaving Lessons

1,042

Children enrolled in Child Care, supporting 593 families.

826

People received Financial Assistance to gain access to YMCA programming

258

Participated in Special Programs
Mothers-of-Newborns, Alternative Suspension &, UpTurn

725

Staff Employed & Volunteers contributed

FINANCIAL STATEMENTS

Statement of Operations for the year ended December 31, 2024.

REVENUES	2024	2023
Child Services and Camp	\$2,081,109	\$1,920,576
Day Use and Programs	304,168	299,181
Memberships	1,809,476	1,517,314
Community Programs	3,597,961	3,538,450
Town of Cobourg Fee-for-Service	125,946	116,623
Municipality of Trent Hills	176,158	-
Town of Brighton Municipal Lease Agreement	30,933	30,000
Government – CSJ	22,119	15,257
Donations, interest and other income	742,035	665,923
Total Revenue	8,889,805	8,103,324

EXPENSES	2024	2023
Wages and Benefits	\$6,215,134	\$5,777,370
Plant and Facilities	722,886	499,228
General Administration	967,543	836,378
Programs	162,010	140,934
Advertising and Promotion	45,555	41,026
Association Dues and Fees	247,933	204,702
Tot Expenditures Before Amortization	8,361,061	7,499,638
Amortization of Capital Assets	514,412	581,328
Net Contribution	\$14,332	\$22,358

This financial information has been taken from the audited statements report by Baker Tilly LLP.

Complete financial statements are available upon request. Visit <https://ymcanrt.org/about>

Statement of Financial Position as of December 31, 2024.

ASSETS	2024	2023
Current		
Cash	\$3,227,128	\$2,194,953
Investments	1,270,587	623,634
Accounts Receivable	851,859	202,371
Prepaid Expenses	86,989	29,970
Long Term		
Capital Assets (Net Value)	5,987,122	4,977,665
Total Assets	\$11,423,685	\$8,028,593

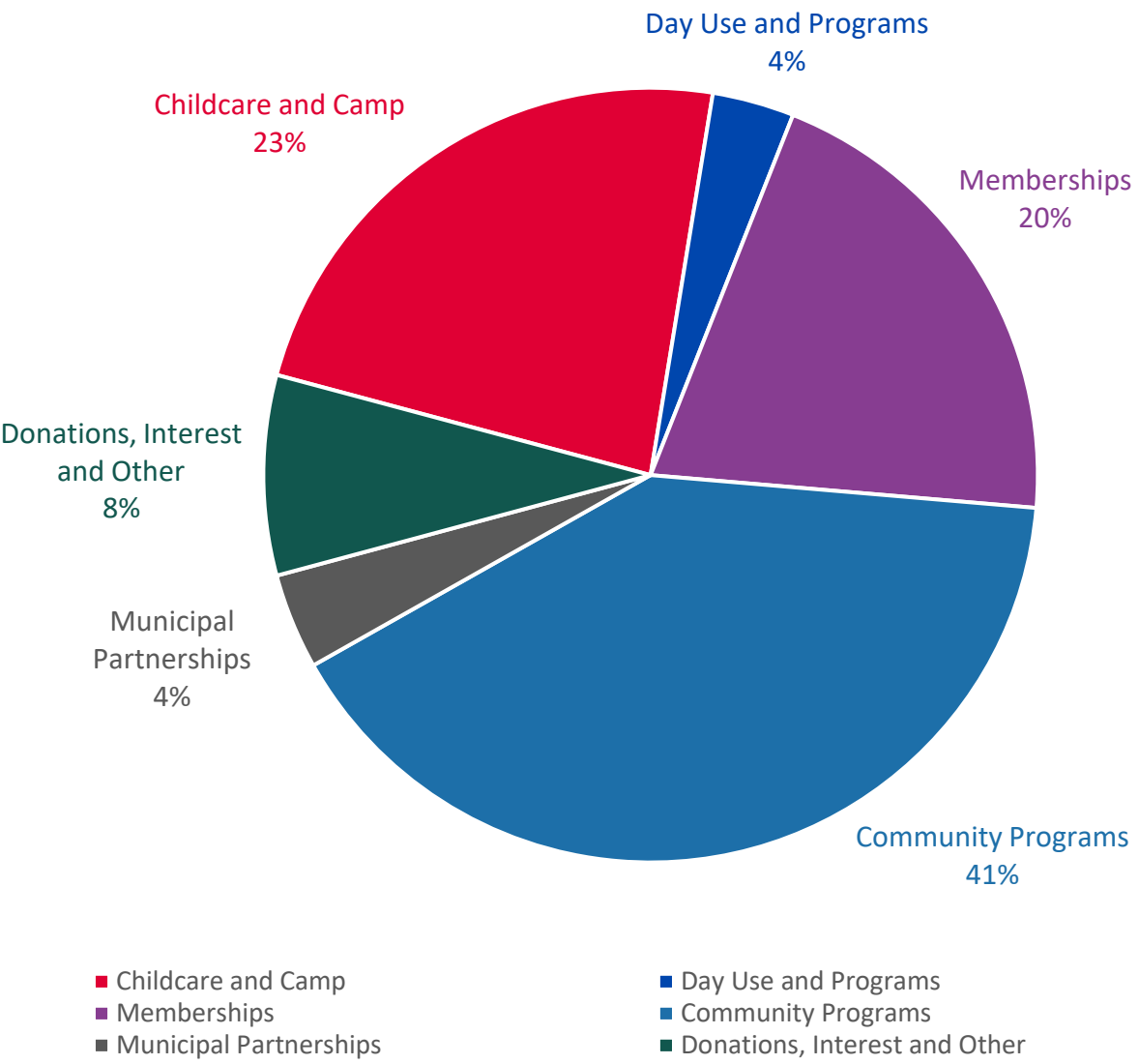
LIABILITIES		
Current		
Accounts Payable	\$797,122	\$349,040
Unearned Revenue	2,758,755	321,857
Current Portion of Capital Leases & Loans	86,329	321,857
Long Term		
Term Loan Payable	304,569	-
Capital Lease	346,952	-
Deferred Capital Contributions	2,672,823	2,116,030
Total Liabilities	6,966,550	3,585,790

NET ASSETS		
Surplus and Reserves		
Fund Balance Beginning of Year	4,442,803	4,420,445
Excess of Revenue over Expenses	14,332	22,358
Total Surplus and Reserves	4,457,135	4,442,803
Total Liabilities, Surplus and Reserves	\$11,423,685	\$8,197,224



SOURCES OF REVENUE

Statement of Operation for the year ended December 31, 2024.



THANKS TO OUR BUSINESS COMMUNITY PARTNERS

At the YMCA, we know that by working with others, we can extend our reach and provide vital programs and services to even more people in our communities.

Through partnerships with other community organizations, businesses, and individuals, we are finding new and innovative ways of meeting the needs of the communities we serve. YMCAs across the country collaborate with hundreds of partner organizations each year on initiatives that have allowed us to expand into new program areas, support under-served populations and address critical health and wellness issues.

Through the Business Community Partners Program, we come together with like-minded supporters, amplifying our strength as a community and igniting the potential within each of us. These partnerships make it possible to share our expertise, knowledge, and resources with each other, and ultimately achieve more than we could alone.



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THANKS TO OUR COMMUNITY & FUNDING PARTNERS

COMMUNITY

Alnwick/Haldimand Township
 Campbellford Foundation of Campbellford/Seymour/Northumberland
 Canadian Candy Company
 Career Edge
 Cobourg Police Service
 Cobourg Public Library
 Community Care Northumberland
 Community Health Centres of Northumberland
 Community Living & Respite Northumberland
 Community Mental Health Services
 Community Training and Development Centre
 Cornerstone Family Violence Prevention Centre
 Durham Children's Aid Society
 Durham College
 East Northumberland Secondary School
 Employment Assistance Program Resource (EARN)
 Food 4 All Warehouse
 Grafton Community Centre
 Green Wood Coalition
 Habitat for Humanity Northumberland
 Haliburton Kawartha Pine Ridge District Health Unit
 Highland Shores Children's Aid Society
 Horizons of Friendship
 Hustler, Kay, Kurji and McCourt Barristers and Solicitors
 Kawartha Pine Ridge District School Board
 Kinark Child and Family Services
 Lifesaving Society
 Loyalist College
 Municipality of Port Hope
 myFM Broadcasting
 Northumberland Big Brothers & Big Sisters
 Northumberland Child Development Centre
 Northumberland Community Counselling Centre
 Northumberland Family Health Team
 Northumberland Hills Hospital
 Northumberland Hills Hospital Community Mental Health Prog. & Svcs.
 Northumberland Sports Council
 Northumberland Sunrise Rotary
 Northumberland United Way
 Ontario Ministry of Children, Community and Social Services
 Ontario Ministry of Education
 Ontario Provincial Police

Peterborough, Victoria, Northumberland, Clarington, Cath. District School Bd
 Port Hope Police Service
 Quinte Children's Foundation
 Rebound Child and Youth Services Northumberland
 Rotary Club of Campbellford
 Rotary Club of Cobourg
 Royal Bank of Canada
 Salvation Army
 TD Canada Trust
 Tim Hortons
 Watton Employment Services Inc.
 Wrap Around Northumberland
 YMCA Canada
 YMCA Ontario

FUNDING

Alderville First Nation
 Brian Todd Community Memorial Fund
 Cameco
 Career Edge
 Cobourg Police Service
 Cramahe Township
 CRH Canada Ogden Point Quarry
 Five Counties Children Centre
 Highland Shores Children's Aid
 Inner Wheel of Cobourg
 Kawartha Pine Ridge District School Board
 Municipality of Brighton
 Municipality of Trent Hills
 Northumberland County
 Ontario Trillium Foundation
 Quinte Children's Foundation
 Ten Thousand Villages
 Town of Cobourg
 Watton Employment Services Inc.
 Women Para Mujeres
 YMCA of Eastern Ontario
 YMCA Quebec



THANKS TO OUR COMMUNITY EVENT & PROGRAM SPONSORS



Seniors Active Living Fair

Older Adult Centres Assoc. of Ont.

Valentine's Day Cookies

Frosted Flour Co.

Y Break Bread

RTOERO

Swim to Survive

Cameco

Cramahe Camp Lunch

CRH Canada Ogden Point Quarry

Cops for Kids Golf Camp

Cobourg Police Service

Let's do Camp Lunch

Bill Ryan Memorial Golf Tournament

Alternative Suspension

YMCA Quebec

100 Women Who Care Northumberland

Cameco

Mothers of Newborns

Jessica Fraser-Thomas and Phil Thomas

UpTurn Program

Ryan Huffman Foundation

Earth Week Plant Sale

Burnham's Family Farm Market

Baltimore Valley

Cycle for Good

Herc's Nutrition

Deb Patton Cookies

Just Brew It!

Rainbow Run

Cameco

Arthur's Pub

Home Hardware

Justin's Pet Store

Dairy Queen

Herc's Nutrition

McDonald's

PJ's Custom Outfitting

Davis' Independent Grocer

ParticPaction

Rod Simpson Tap Timing

Strong Kids Duathlon

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RBC Dominion Securities, Kawartha-Lakeshore

Cameco

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Part-Time CFO Services

Moore's Orchard

McDonald's

Pj's Custom Outfitting

Rod Simpson Tap Timing

Youth Dances

Canada Candy Company

Peace Breakfast & Week

Koellner Tax and Accounting Svcs

Cobourg Police Service

Ten Thousand Villages

Turkey Trot

New Balance

Runner's Life

Canadian Abilities Foundation (CAF)

Boyer Chrysler Dodge Jeep Ram Cobourg

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Cobourg Orthopedic & Spots Injury Clinic

Behan Construction

Cameco

Kathran Helps, Royal Services Real Est.Inc.

Canada Candy

Boston Pizza

Dairy Queen

Rainbow Cinemas

No Frills

Arthur's Pub

Burnham Family Farm

Sport Chek

Play It Again Sports

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Rod Simpson Tap Timing

Operation Red Nose

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MBC Media

LIUNA! Local 183

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SABIC Corporate

Cameco

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Millstone Bakery

Arthur's Pub

Papa's Pizza

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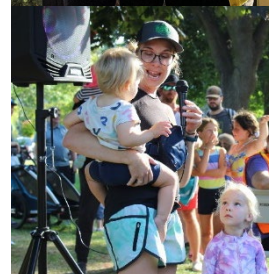
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Plus, thank you to the countless other donors who generously added untracked dollars to our donation bins and bought dozens of items in support of our many fundraising efforts.



THANKS TO OUR VOLUNTEERS



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Christopher Milton	Geri Sheedy	Lynne Giannini	Ronan Fraser-Thomas	
Chrystalla Manna	Gloria Tapp	Lynda Kay	Rose Frame	
Claire Rypstra	Greg Kay	Maddison Rowe	Rose Goodall	
Claudia Cuttress	Harry Emond	Madison Hathaway	Royce McCracken	
Claudia Wright	Heather Goupil	Magnus Jin	Sascha Paul	
Cobourg Police Services	Helene Raymond	Marg Graham	Scott Berry	
<i>Special Constables</i>	Jackson Graham	Marilyn Galonski	Sharon Closs	
	Jaclyn Agueci	Mark Eisler		
	Jame Jin			



Thanks, also, to all the staff who volunteered their time for our classes, programs, events & more.



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YMCA Northumberland is honoured to have served our communities for over 155 years and looks forward to growing stronger together in the future.



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