

# AQUATIC SCHEDULE

June 30 - September 1, 2025

Schedules subject to change.

OPEN SWIM: Pool Open for all patrons.

LANE SWIM: Pool for Lane Swimming for all lanes or refer to the number of lanes set up for laps: (\*\* # Lanes)

POOL SHARE: Shared Lane Swims with Baby Water Bootcamp (Baby WBC), Parent & Tot Swim, Junior Camp or Open Swim.

UNDERWATER HOCKEY: A non-contact pool sport where players dive to get sticks on the puck & score on the opposing team's net.

SENSORY SWIM: Enjoy a serene all-ages open swim with no music & natural lighting to boost energy inputs and body awareness.

Facility Hours

Monday-Friday	5:00AM - 9:30PM
Saturday	6:00AM - 7:00PM
Sunday	7:00AM - 5:00PM

Holiday Hours

July 1	7:00AM - 5:00PM
August 4	No Classes on Holidays
September 1	*No AquaFit on July 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15AM - 9:15AM Lane Swim	5:15AM - 6:15AM Lane Swim		5:15AM - 6:15AM Lane Swim			
	6:30AM - 7:15AM Water Power Fitness		6:30AM - 7:15AM Water Power Fitness			
	7:15AM - 8:15AM Lane Swim	5:15AM - 9:15AM Lane Swim	7:15AM - 8:15AM Lane Swim	5:15AM - 10:15AM Lane Swim		
	8:30AM - 9:15AM AquaFit		8:30AM - 9:15AM AquaFit		6:30AM - 7:15AM Water Power Fitness	
9:30AM - 10:15AM AquaFit	9:30AM - 10:30AM Lane Swim	9:30AM - 10:15AM AquaFit	9:30AM - 10:30AM Lane Swim		7:30AM - 11:00AM Lane Swim	7:00AM - 11:00AM Lane Swim
10:30AM - 11:15AM Pool Share**	10:30AM - 11:15AM Pool Share**	10:30AM - 11:15AM Pool Share**	10:30AM - 11:15AM Pool Share**	10:30AM - 11:15AM Pool Share**		
10:30AM - 12:45PM Camp Swim	10:30AM - 12:45PM Camp Swim	10:30AM - 12:45PM Camp Swim	10:30AM - 12:45PM Camp Swim	10:30AM - 12:45PM Camp Swim		
1:00PM - 2:30PM Open Swim**	1:00PM - 2:30PM Open Swim**	1:00PM - 2:30PM Open Swim**	1:00PM - 2:30PM Open Swim**	1:00PM - 2:30PM Open Swim**		
2:30PM - 7:45PM Open Swim**	2:30PM - 7:45PM Open Swim**	2:30PM - 5:00PM Open Swim**	2:30PM - 7:45PM Open Swim**	2:30PM - 7:45PM Open Swim**	11:00AM - 7:00PM Open Swim**	11:00AM - 5:00PM Open Swim**
		5:00PM - 8:00PM Swim Lessons				
8:00PM - 9:15PM Underwater Hockey	8:00PM - 9:15PM Lane Swim	8:00PM - 9:15PM Lane Swim	8:00PM - 9:15PM Underwater Hockey	8:00PM - 9:15PM Lane Swim		