

Brighton YMCA Reopens with a Fresh Look: Join Us for Our Big Reveal & Open House!

Brighton, ON — July 29, 2025 – After a two-week closure, YMCA Northumberland's Brighton location is thrilled to announce its reopening on Friday, August 1, with an exciting Big Reveal & Open House for the public to follow on Tuesday, August 5.

From 6 a.m. to 9 p.m. on Monday, August 5, the community is invited to enjoy free entry to the Brighton Y. At this open house, everyone can explore the refreshed facility, take part in equipment demos, regular classes, and guided tours. The day will also include an official ceremony at 10 a.m. with light refreshments to celebrate the reopening.

"The Brighton Y has always been more than a fitness facility – it's a place where our community comes together," said Eunice Kirkpatrick, President & CEO, YMCA Northumberland. "This refresh of our equipment and new flooring reflects our ongoing commitment to providing a welcoming and inspiring space for the people of Brighton to be active. We can't wait to share these updates with our members and community residents."

In addition to celebrating the renovations, the YMCA will be collecting non-perishable food donations to support the local food bank, reinforcing its dedication to giving back to the community.

Event Details:

- Big Reveal & Open House: Tuesday, August 5, 6 a.m.–9 p.m.
- Official Ceremony: 10 a.m.
- Location: Brighton Y, 170 Main Street, Brighton K0K 1H0
- Classes:

9:00am – 9:45am – MUSCLEFIT

10:15am – 11:00am - ARRIBA

11:15am – 12:15pm - YOGA

7:00pm – 8:00pm - HIIT

All are welcome to attend.

For more information, please contact:

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ABOUT YMCA NORTHUMBERLAND

As a charity, YMCA Northumberland provides vital community services that have a positive impact on pressing social issues—from chronic disease to unemployment, social isolation, poverty, inequality and more. The Strong Community Campaign helps countless children, teens, adults, and seniors in the community. YMCA Canada is one of the longest standing and largest charities nationally, with a presence in Canada since 1851 and now serving more than 2.1 million people annually across 1,700 program locations.