



Nominate a Peace Maker!

for a Peace Medal

**Nominations due
by Monday, Nov. 3**

2025 Nomination Form

YMCA Northumberland awards Peace Medals to adults and youth (individuals and groups) for their efforts to change our community and our world through selfless action.

We call on our community to nominate individuals or groups who commit themselves to improving the lives of others. Without any special means or resources, these individuals create positive social change and spread peace in our world.

Each Peace Maker is selected to receive a Peace Medal through a nomination process. To nominate, please review the values of PEACE and complete the nomination form.

Peace Makers are awarded Peace Medals & recognized at our Peace Medal Breakfast on Thursday, November 20, 2025 at the Best Western, Cobourg with their families, nominators and special guests.

Nomination Guidelines

- YMCA staff members are not eligible for nomination.
- Professionals who are paid to do peacemaking work are not eligible for nomination.
- Self-nominations will not be considered.
- Impact can be local, national or international.
- Individuals or group must either reside in Northumberland County or complete work that impacts Northumberland County.

Submissions

Please submit all completed Peace Medal Nominations by **Mon. Nov. 3, 2025** either online at:

https://ymcanrt.org/peace_medal_2025/

OR by email or by dropping off at:

Attn: Kathryn Harrison
Cobourg YMCA Front Desk
339 Elgin Street, Cobourg, ON K9A 4X5
kathryn.harrison@nrt.ymca.ca



Peace Makers demonstrate the values of PEACE:

P E A C E
participation | empathy | advocacy | community | empowerment



Nominee/Group Name		Nominee/Group Contact (Email and/or Phone)	
Provide a brief history of the individual, organization or group			
How has the nominee inspired you and others through their acts of peace?			
How does the nominee demonstrate the YMCA values of PEACE? <i>(see below for PEACE description)</i>			
What is the impact of the nominee's peacemaking work on the local, national, or global community?			
Describe any collaboration between the nominee and other groups and individuals.			
Nominator Name		Nominator Contact (Email and Phone)	
Nominator relationship to nominee			

Peace Makers who receive Peace Medals demonstrate the values of **PEACE**

Participation: Getting involved and encouraging others to get involved in community-building activities.

Empathy: Listening and understanding diverse perspectives to create a sense of belonging for all.

Advocacy: Making the case for positive change in the community.

Community: Building and strengthening community connections and capacity.

Empowerment: Inspiring others to foster peace and helping them gain the skills and tools to succeed.