



YMCA Fitness Instructor – We're Hiring Today!

Join the YMCA team — Motivate, Support, and Inspire! We are currently hiring instructors to fill immediate openings at the Cobourg Location :

Spin

- Mid-mornings: Mondays & Fridays
- Additional coverage opportunities available

Yoga

- Tuesday evenings
- Wednesday mid-morning/afternoon
- Additional coverage opportunities available

Aquafit

- Weekday mornings (Mon–Fri, 8:30 a.m. / 9:30 a.m.)

Cardio & Strength

- Ongoing opportunities, with potential to expand into other fitness streams

Who we're seeking:

- Conditioning Floor Staff & Coaches
- Individuals with current or expired certifications (Spin, Yoga, Aquatics, Group Fitness)
- Fitness enthusiasts eager to learn — training is available
- Energetic, reliable, and member-focused individuals

Why the YMCA?

- Ongoing training and career support
- Opportunities to expand into multiple areas of instruction
- A supportive, inclusive, and dynamic team environment
- Hourly rate from \$18.00 - \$32.50 depending on the discipline taught

Apply today — Help us strengthen our community through health and wellness, one class at a time! Send your resume to Krista Nott at krista.nott@nrt.ymca.ca