



YMCA Fitness Instructor – Ongoing Opportunities in Cobourg

Inspire healthier living with the YMCA! We are always looking for enthusiastic and motivated individuals to join our Fitness team at our Cobourg location. Whether you are certified, returning after time away, or simply passionate about fitness and wellness, we'd love to hear from you.

Opportunities include:

- Group Fitness Instructors (Spin, Yoga, Aquafit, Cardio & Strength, Seniors Fitness and more)
- Conditioning Floor Staff & Coaches (part-time)
- Volunteer Instructor positions available

What we're looking for:

- Current or expired fitness certifications (we'll support reactivation if needed)
- Fitness enthusiasts ready to start or grow a career in health & wellness
- Positive, team-oriented individuals who enjoy helping others succeed

What we offer:

- Ongoing training and professional development
- Opportunities to expand into new program streams
- A welcoming YMCA environment where you can make a difference daily
- Hourly rate from \$18.00 - \$32.50 depending on the discipline taught

Apply anytime to begin your YMCA journey in fitness and community health. Send your resume to Krista Nott at krista.nott@nrt.ymca.ca