

2026 MEMBERSHIP RATES

Access Brighton Y Location Only

RATES FOR ACCESS TO BRIGHTON LOCATION ONLY

Find expanded options
to better serve you.

12
Months

Monthly/
Continuous

Day Pass

Adult

(30 - 54yrs)

\$758

\$67

\$11.50

Senior

(55yrs +)

\$698

\$61

\$11.50

Young Adult

(16 - 29yrs)

\$572

\$50

\$9.50

Youth

(15yrs and under)

\$456

\$39

\$7.50

Couple

\$1,397

\$122

n/a

*2 adults who don't need to be related or live at same household
but account must be managed by single payee who is 18 yrs. +.*

Senior Couple

(55yrs +)

\$1,206

\$106

n/a

All prices subject to HST except Youth Membership + Day Pass

MEMBERSHIP PAYMENT OPTIONS

Convenient monthly payments
can be setup through pre-
authorized withdrawals from your
bank account, on your credit card,
or you can prepay on a fixed term.



YMCA Strong Communities Fund

As a registered Canadian charity, we
offer financial assistance through
our Strong Communities Fund so
anyone in our community can
access YMCA programs & services.

Please contact **(905) 372-0161** for
information about financial
assistance eligibility.

Thanks to our generous supporters,
partners and volunteers who make
this possible every day.



Accredited
IMAGINE CANADA

YMCA Northumberland: BRIGHTON LOCATION

2026 Membership Information



Group Fitness

Enjoy unlimited access to a variety of adult group fitness classes that will help you improve cardio, strength and flexibility.

Conditioning Centre

Achieve your fitness goals using our wide range of cardio, strength, plate-loaded and free weight equipment.

YThrive Workout Plans

Find out how to use our fitness equipment, and discuss a workout plan to reach your goals with one of our YThrive coaches.

Flexible Memberships

We offer Adult, Senior, Young Adult & Youth, as well as an expanded Couple Membership too.

Special Saturdays

Looking to change things up on the weekend? We offer a variety of different classes on Saturday mornings

Guest Privileges

Enjoy bringing your family and friends to the Brighton YMCA using your guest passes.

Y@Home Online Service

Even when you're away, access Online Workouts, Recipe ideas and even Fitness Challenges.

Scan for details

