

HOLIDAY AQUATIC SCHEDULE



Shine On

**YMCA Northumberland
Campbellford**

50 Seymour Quarry Road
Campbellford, ON

**December 22, 2025 -
January 4, 2026**

Lane Pool (25M / 4 Lanes)

OPEN SWIM: Pool Open for all patrons.

LANE SWIM: Pool for Lane Swimming for all lanes or refer to the number of lanes set up for laps: (** # Lanes)

ABILITY SWIM: For those with all physical, sensory, and intellectual abilities, it provides a relaxed space to build confidence, explore, and have fun. Caregivers and support persons can join and assist as needed.

ADULT THERAPY SWIM: For adults (16+) recovering from injury and pain relief. Pool helps support recovery, improve mobility, and boost overall health. Self led swim/No instructor.

CAMPBELLFORD

FACILITY HOURS

M	Dec. 22	6:00am-9:00pm	Dec. 29	6:00am-9:00pm
T	Dec. 23	6:00am-9:00pm	Dec. 30	6:00am-9:00pm
W	Dec. 24	6:00am-2:00pm	Dec. 31	6:00am-2:00pm
Th	Dec. 25	Closed	Jan. 1	Closed
F	Dec. 26	7:00am-5:00pm	Jan. 2	6:00am-9:00pm
S	Dec. 27	7:00am-8:00pm	Jan. 3	7:00am-8:00pm
Su	Dec. 28	7:00am-5:00pm	Jan. 4	7:00am-5:00pm

🕒 Hours differ from regular facility hours

Monday Dec. 22 & Dec. 29	Tuesday Dec. 23 & Dec. 30	Wednesday Dec. 24 & Dec. 31	Thursday Dec. 25 & Jan. 1	Friday Dec. 26	Jan. 2	Saturday Dec. 27 & Jan. 3	Sunday Dec. 28 & Jan. 4
6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	CLOSED	7:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	7:00AM - 8:45AM Lane Swim	7:00AM - 9:00AM Lane Swim
8:30AM - 9:15AM Aquafit	8:15AM - 9:15AM Open Swim**	8:30AM - 9:15AM Aquafit		8:30AM - 9:15AM Aquafit	8:30AM - 9:15AM Aquafit		
10:30AM - 12:00PM Lane Swim	10:30AM - 12:00PM Lane Swim	10:30AM - 12:00PM Lane Swim		9:30AM - 2:15PM Open Swim*	10:30AM - 12:00PM Lane Swim		9:00AM - 4:45PM Open Swim**
1:00PM - 5:15PM Dec.22 2:00PM - 5:15PM Dec.29 Open Swim**		12:00PM - 1:45PM Open Swim*		2:30PM - 4:30PM Youth Night Holiday Splash (Game Night)	1:00PM - 6:15PM Open Swim*		
5:30PM - 6:15PM Aquafit	1:00PM - 8:45PM Dec. 23 2:00PM - 8:45PM Dec. 30 Open Swim*				6:30PM - 8:30PM Youth Night Winter Beach Party		
6:30PM - 8:45PM Open Swim**							

Therapy Pool

Monday Dec. 22 & Dec. 29	Tuesday Dec. 23 & Dec. 30	Wednesday Dec. 24 & Dec. 31	Thursday Dec. 25 & Jan. 1	Friday Dec. 26	Jan. 2	Saturday Dec. 27 & Jan. 3	Sunday Dec. 28 & Jan. 4
7:00AM - 8:15AM Open Swim	7:00AM - 10:30AM Open Swim	7:00AM - 8:15AM Open Swim	CLOSED	9:30AM - 10:15AM Gentle Aquafit	7:00AM - 8:15AM Open Swim		
9:30AM - 10:15AM Gentle Aquafit	10:30AM - 12:00PM Adult Therapy	9:30AM - 10:15AM Gentle Aquafit		10:30AM - 2:15PM Open Swim	9:30AM - 10:15AM Gentle Aquafit		8:00AM - 8:45AM Ability Swim
10:30AM - 12:00PM Adult Therapy	12:00PM - 1:00PM Parent & Tot Swim	10:30AM - 12:00PM Adult Therapy		2:30PM - 4:30PM Youth Night Holiday Splash (Game Night)	10:30AM - 12:00PM Adult Therapy		9:00AM - 4:45PM Open Swim
12:00PM - 1:00PM Parent & Tot Swim	1:00PM - 8:45PM Dec.23 2:00PM - 8:45PM Dec. 30 Open Swim	12:00PM - 1:45PM Open Swim			12:00PM - 1:00PM Parent & Tot Swim		
1:00PM - 8:45PM Open Swim					1:00PM - 6:15PM Open Swim		
					6:30PM - 8:30PM Youth Night Winter Beach Party		

YOUTH NIGHTS IN THE POOLS FOR AGES 13-16

HOLIDAY SPLASH | Dec. 26
Play games, play music and
enjoy space to be yourselves!

WINTER BEACH PARTY | Jan. 2
Grab your fave floaty, crank up the
vibes, and dive into the pool!

SUNNY
LIFE RECREATION
& WELLNESS
CENTRE

Scan for more details:

