



Employment Opportunity

YMCA Northumberland currently has an opening for the following position:

Yoga/Pilates Instructor (Part-Time) — Brighton YMCA

Our YMCA is seeking a compassionate and experienced yoga instructor, attracted by the values based culture of a leading charitable organization in your community. You value a workplace that offers you opportunities for personal challenges and growth. You possess the ability to reinforce standards that will enhance and build upon existing service and quality measures. You must possess strong communication skills and the ability to adapt yoga sessions to a diverse audience. The ideal candidate will have a passion for wellness and a commitment to making a positive impact in our community.

Reporting to the Coordinator, Membership Services, this part-time position will provide direct service delivery in leading Yoga and/or Pilates classes both by example and extensive cuing, ensuring a safe class environment and monitoring participants throughout the class. The rate for this existing vacant position is \$32.50 per hour.

Additional criteria for the position are as follows:

- Demonstrated experience in customer service /hospitality/relationship building
- Certification in Yoga and/or Pilates Instruction
- Flexible and willing to help with the coverage of additional classes on occasion
- Police Check with the Vulnerable Sector required prior to first day worked. Police Checks will be reviewed on a case by case basis

YMCA Northumberland is a growing service organization, with over 300 employees and 130 volunteers, with Membership Centres in Brighton, Campbellford and Cobourg. YMCA Northumberland also operates 25 licensed Child Care Centres, 5 EarlyON Child and Family Centres and a variety of outreach and seasonal programs, which focus on child development across Northumberland. YMCA Northumberland welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

Please forward a cover letter and resume by Monday December 1st, 2025 to:

Mary Ross, Coordinator— Membership Services, Brighton YMCA
YMCA Northumberland
170 Main Street, Brighton, Ontario K0K 1H0
mary.ross@nrt.ymca.ca

Only those being considered for the position will be contacted.