

# SWIM LESSON SCHEDULE

## March 24 - June 14, 2026

**ALL LESSONS RUN FOR 12 WEEKS!**

All lessons required Registration

Registration opens Monday, March 9, 2026

### 2026 Rates

#### 12 Weeks of Lessons

1 Group Class is included with each Membership.

**Adult Swim Class**  
Non Member: \$192.00  
Member: No Cost

**30 Minute Group Class**  
\$130.00

**45 Minute Group Class**  
\$144.00

**Private 30 Minute Class**  
\$223.70  
includes 1 student/1 instructor

**Semi Private 30 Minute Class**  
\$328.00  
includes 2 students/1 instructor

Level	Tuesday	Wednesday	Thursday	Saturday	Sunday	
<b>Splasher/Bubbler</b>	5:30PM - 6:00PM	5:00PM - 5:30PM	5:30PM - 6:00PM	9:30AM - 10:00AM 11:15AM - 11:45AM	<p><b>Leadership Courses:</b></p> <p><b>National Lifeguard Course</b> 2 Weekends: Apr. 10, 11, 12 &amp; Apr. 21, 22 &amp; 23 \$395</p> <p><b>NLS Recert</b> Apr. 23<sup>rd</sup>   \$95</p> <p>Some prerequisites required. <b>Learn more here:</b></p> 	
<b>Bobber</b>	4:30PM - 5:00PM 5:00PM - 5:30PM 5:30PM - 6:00PM	4:30PM - 5:00PM 6:00PM - 6:30PM	4:30PM - 5:00PM 5:00PM - 5:30PM	9:00AM - 9:30AM 10:30AM - 11:00AM 12:15PM - 12:45PM		
<b>Floater</b>	4:30PM - 5:00PM 6:00PM - 6:30PM	4:30PM - 5:00PM 5:00PM - 5:30PM 6:00PM - 6:30PM	5:00PM - 5:30PM 6:00PM - 6:30PM	9:30AM - 10:00AM 10:45AM - 11:15AM 11:45AM - 12:15PM		
<b>Glider/Diver</b>	5:00PM - 5:30PM 6:30PM - 7:00PM	5:00PM - 5:30PM 5:30PM - 6:00PM	5:00PM - 5:30PM 6:30PM - 7:00PM	10:00AM - 10:30AM 11:15AM - 11:45PM		
<b>Surfer/Jumper</b>	5:30PM - 6:00PM	5:30PM - 6:00PM	6:00PM - 6:30PM	10:00AM - 10:30AM		
<b>Otter</b>	6:00PM - 6:30PM 6:30PM - 7:00PM	4:30PM - 5:00PM 5:30PM - 6:00PM	4:30PM - 5:00PM 5:30PM - 6:00PM	9:00AM - 9:30AM 10:00AM - 10:30AM 12:15PM - 12:45PM		
<b>Seal</b>	4:30PM - 5:00PM 6:00PM - 6:30PM	5:00PM - 5:30PM 6:30PM - 7:00PM	4:30PM - 5:00PM 5:30PM - 6:00PM	10:30AM - 11:00AM 12:00PM - 12:30PM 12:45PM - 1:15PM		
<b>Dolphin</b>	4:30PM - 5:00PM 6:30PM - 7:00PM	5:30PM - 6:00PM 6:00PM - 6:30PM	5:00PM - 5:30PM 6:30PM - 7:00PM	9:00AM - 9:30AM 11:45AM - 12:15PM		
<b>Swimmer</b>	5:00PM - 5:30PM 6:30PM - 7:00PM	4:30PM - 5:00PM 6:45PM - 7:15PM	4:30PM - 5:00PM 5:30PM - 6:00PM	9:30AM - 10:00AM 11:30AM - 12:00PM		
<b>Star 1/2</b>	5:00PM - 5:45PM	6:00PM - 6:45PM	6:00PM - 6:45PM	9:00AM - 9:45AM		
<b>Star 3/4</b>	5:45PM - 6:30PM	6:30PM - 7:15PM	6:00PM - 6:45PM	9:45AM - 10:30AM		
<b>Star 5/6</b>	7:00PM - 7:45PM		7:00PM - 7:45PM	10:30AM - 11:15AM		
<b>Private/Semi</b>	7:00PM - 7:30PM 7:30PM - 8:00PM	6:30PM - 7:00PM 7:00PM - 7:30PM 7:15PM - 7:45PM 7:30PM - 8:00PM	6:45PM - 7:15PM 7:00PM - 7:30PM 7:15PM - 7:45PM 7:30PM - 8:00PM	11:00AM - 11:30AM 11:45AM - 12:15PM 12:15PM - 12:45PM 12:30PM - 1:00PM 12:45PM - 1:15PM		10:00AM - 10:30AM 10:30AM - 11:00AM 11:00AM - 11:30AM 11:30AM - 12:00PM 12:00PM - 12:30PM 12:30PM - 1:00PM
<b>Adult Swim Classes</b>		7:15pm - 8:00pm Stroke Correction	7:15pm - 8:00pm Learn to Swim			

**SPLASHER/BUBBLER SWIM LESSONS**

Parents/guardians will be required to be in the water to assist their child for this level.

**ADULT LEARN TO SWIM COURSE**

For beginners who are learning to swim. The class will focus on the basics of floats, glides, breath control and surface support.

**Adult Stroke Correction COURSE**

For those who are looking to improve current strokes or learn new strokes. Participants need to know how to swim at least one stroke (i.e. front crawl, back crawl, breaststroke) and be able to swim at least 25 metres comfortably.

*Schedules subject to change*