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Because
of you!



ANNUAL REPORT



Shine On



Shine On



LAND ACKNOWLEDGEMENT

YMCA Northumberland is situated on land that is the treaty and traditional territory of the Mississauga and Chippewa Nations of the Anishinabek, known collectively as the Williams Treaties First Nations.

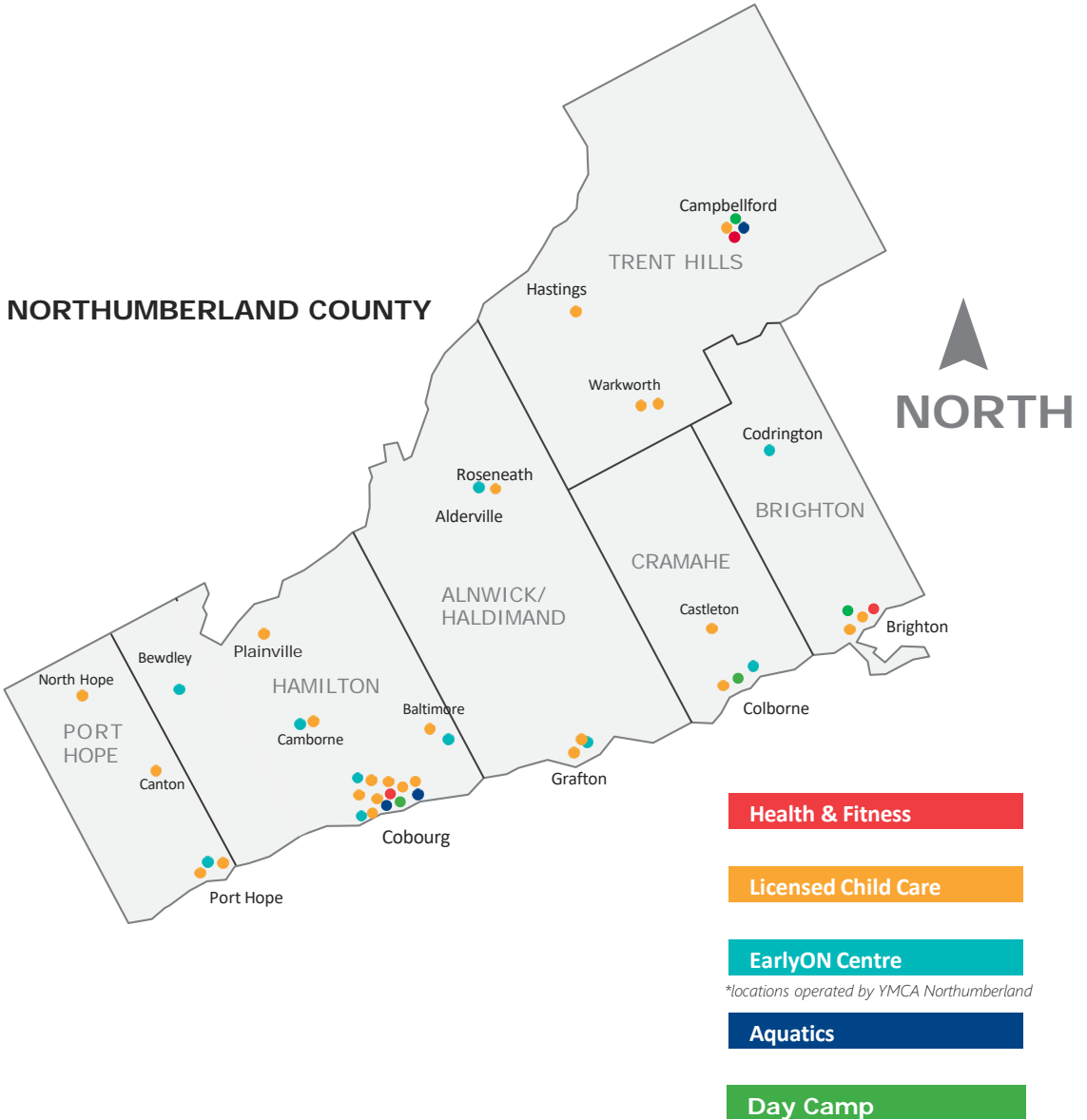
YMCA Northumberland is grateful for our relationship with the First Nations of this territory, for their teachings about the land, the water and all our connections. We continue our journey to strengthen our understanding of our Treaty relationship and of how to move forward in a positive way.

We acknowledge the contributions and accomplishments of all Indigenous people across this territory, current and throughout history.



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OUR LOCATIONS





SENIOR LEADERSHIP TEAM

Eunice Kirkpatrick

- President & Chief Executive Officer

Lynne Caffin

- Manager, Administration + Human Resources

Alyssa Seltzer

- Part-Time CFO Services

Kathryn Harrison

- Director, MarComm & Philanthropy

Sean Smith

- Manager, Facility Services

Leanne Clarke

- General Manager, Health Fitness + Aquatics

Kasie Taylor

- Director, Children's Services

BOARD OF DIRECTORS

Mark Galonski

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Spencer Selhi

- Vice Chair

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- 2nd Vice Chair

Jaclyn Aqueci

- Director

James Behan

- Director

Bob Biffin

- Director

Emily Chorley

- Director

Kevin Griffin

- Director

Jennifer Lavoie

- Director

Bill Lee

- Director

Iain MacInnes

- Director

Yvette McCartney

- Director





MESSAGE FROM BOARD CHAIR AND CEO

Because of You! Impact 2025

Looking back at 2025, it has been another exceptional year, defined by growth, impact, and community. And every success we celebrate begins with three important words: **BECAUSE OF YOU!**

In 2025, we expanded childcare by 110 spaces, operating for a full year in Warkworth and Cobourg East, and opening in Canton. In total, we supported 828 children and their families with meaningful opportunities.

Our Health, Fitness and Aquatics centres continued to thrive. Cobourg hit 4,500+ members, Brighton grew to over 700, and Campbellford climbed to over 2,200 members. These milestones reflect our growing impact as more individuals and vibrant communities choose the YMCA every day.

Our workplace culture has also strengthened, with Workwell results moving from “Healthy” to “Strong” reflecting the dedication, professionalism, and care our staff bring to their work daily.

During the summer, more than 6,400 campers participated in safe, inclusive, and enriching summer experiences across Cobourg, Brighton, Campbellford, and Colborne. At the same time, our EarlyON Child and Family Centres and outreach services supported thousands of families during critical early development.

We remain committed to community support and impact through programs such as Mothers of Newborns, UpTurn, and Back on Track. These initiatives provide connection, stability, and hope for those facing complex challenges.

We continue to advance our work in Diversity, Equity, and Inclusion, alongside our commitment to Truth and Reconciliation. Through this ongoing work, we are actively fostering a culture of belonging and ensuring our YMCA is a place where everyone feels respected and valued.

Our philanthropic efforts are gaining momentum, supported by dedicated leadership and clarity about the benefits of community investment. At

the same time, partnerships like the Youth Wellness Hub are expanding essential services and supports for those aged 12–25 across our region.

In 2025, we also made important investments in our facilities, with upgrades in Brighton and Cobourg ensuring our spaces remain modern, welcoming, and ready to meet growing demand.

We are deeply grateful for the leadership of our Board of Directors, whose dedication and belief in our mission continue to guide and inspire our work. We also recognize the extraordinary commitment of our 442 staff and more than 200 volunteers; together, they are our foundation.

We also extend sincere appreciation to our donors, sponsors, and community partners. Your support is felt at every stage of life, from a child’s first swim to an individual’s rehabilitation.

As we move forward, we remain focused on thoughtful and strategic growth: expanding childcare, strengthening our presence in Trent Hills, exploring future recreation opportunities in Brighton, and advancing a new facility in Cobourg to serve our evolving community needs.

At the midpoint of our Strategic Plan, we are taking time to reflect on our progress while moving forward. Together, we are not just delivering programs, we are changing lives through a healthier, more connected, and more resilient Northumberland.



Mark Galonski
Board Chair
YMCA Northumberland



Eunice Kirkpatrick
President & CEO
YMCA Northumberland



JOHN'S STORY

Finding his "Spark" as a Volunteer!

John used to be a lifter in his twenties, but during the busy years of working and raising a family, he put his health on hold.

His path back to fitness began as a necessity. At 45, John found himself facing a serious health crisis: a ruptured disc in his back. He knew at that moment that he had to take action, so returned to the gym.

When John retired and moved to the Brighton area 15 years ago, he found more than just a gym at the Brighton Y—he found a community.

He calls the Brighton branch the "Cozy Y"; a place where the morning crowd plans social breakfasts and the evening crew stays connected. Although he has equipment at home, John knows that his wellness really benefits from the habit and the social groove of being at the Y.

John's role has evolved from member to a very active and generous volunteer over the years. He trained to become a Cyclefit instructor first and then as a Boot Camp, and HIIT instructor too. Most recently, he has also become a certified Personal Trainer.

As a volunteer, he wants to support the Y community wherever needed, whether he's fixing a broken machine, advising members on lifting weights or jumping into a class.

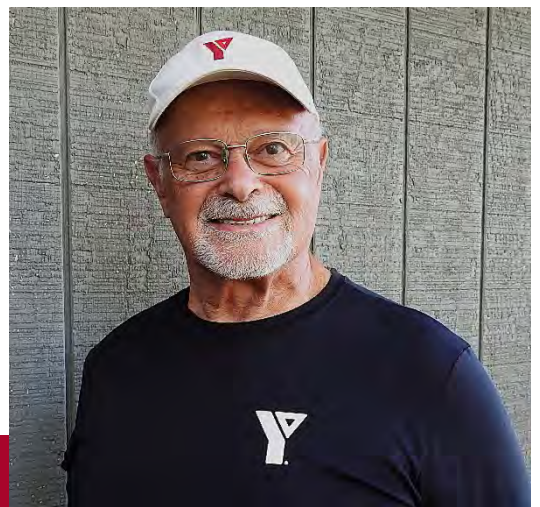
He embraces change and not always knowing what to do or how to do it. He is always open to trying new things and to do what is needed, even if it means making mistakes.

"I don't mind trying. I don't mind failing. Failing is an important part of physical fitness because it indicates that you're pushing yourself beyond what you've done before. Let's embrace failure."

Driven by a desire to "do something good" after the sudden loss of his brother-in-law, John is on a mission to inspire others to experience their own improvements in confidence and vitality. For John, the message is clear: your health is an investment in yourself.

"Take responsibility for your own health. There's no one else who's going to do it. Proper eating and proper exercise is about loving yourself and aren't you worth it?"

Today, John is a positive fixture in Brighton. His advice to anyone considering joining the Y? Just show up. Be consistent. Start with small steps. Any effort is great and our Y family will be there to cheer you on!





DEANNA'S STORY

Nourishing Community at the Y.

While clearing out her home, Deanna recently rediscovered her teenage YMCA membership card. She still vividly remembers the layout of the building and the swipe card machine that granted her access years ago. Little did she know then that her connection to the Y would eventually come full circle, evolving into a fulfilling multi-decade career.

After 25 years in customer service management, Deanna joined YMCA Northumberland in 2019 as a Dietary Assistant. When the pandemic hit, she rose to the challenge, taking on the Emergency Care program and stepping into the role of Dietary Manager.

Today, she prepares over 100 nutritious meals daily for children across four childcare locations in Cobourg and Port Hope.

For Deanna, she gets much reward from the relationships she builds with the children she serves.

"I do it for the kids. They stop into my kitchen as they pass by... 'Hi Nanna, what are you making today? It smells great.'"

But it doesn't stop there for Deanna. The Y has proven to be an engaging workplace that supports the "whole person."



Despite once dreading the word "workout," Deanna found herself inspired by the encouragement of her colleagues to try the Gravity machines and eventually cross-train to become a fitness trainer herself!

This culture of empowerment is what makes the Y more than just a place of employment; it is a community hub where staff are encouraged to reach their full potential.

"It's a great place to work. Everybody makes you feel welcome when you walk in the door—whether it's your first day or you've been here forever."

This sense of the "Y family" extends into Deanna's personal life as well. Her son has volunteered with Operation Red Nose, he jokes, "to drive awesome trucks!" And her sister-in-law and niece are also part of the Y.

Recalling her own isolation as a new mother, she also appreciates Y programs, like the Mothers of Newborns, and is happy she is part of an organization that offers support for families throughout their lives in Northumberland.

Deanna's story is a powerful reminder that at the Y, you aren't just taking a job—you are joining a place aiming to nourish the whole community.



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ANGELA'S STORY

Strength & Belonging for all!

For Angela, a Personal Support Worker of 30 years, and mother of two children with special needs, life is a constant balancing act. Managing the physical demands of her career alongside the care of her children, Brandon and Emily, often left little room for her own well-being.

But since the Y facility in Campbellford opened in fall 2024 and Angela became a member, the impact has been life-changing. She has lost 110 pounds, but the transformation is more than physical. Through Aquafit and Prime Time classes, she found a motivating community that replaced her self-doubt with confidence.

"The Campbellford YMCA has amazing teamwork, and the team makes you feel so good. They guide you and support you. It's like a big happy family."

What's more, following a total knee replacement and a hysterectomy, Angela turned to the Campbellford YMCA to regain her strength, both mentally and physically.

Angela also acknowledged that the impact extends to her children, who previously faced barriers to inclusion.

At the Y, both Brandon and Emily are welcomed alongside their peers in a judgment-free environment.

"It doesn't matter what your abilities are, the YMCA helps you."

Furthermore, through a membership subsidy, the family accesses swimming and social programs without financial stress.

The Y's culture of accessibility—from wheelchair-friendly water entry to financial assistance—ensures the whole family can come and stay engaged.

Whether it's the staff or other members checking in on her or her children building meaningful bonds, Angela credits the Y with providing a vital community safety net within Trent Hills.

"The YMCA truly understands the realities families face and is willing to make a big difference. I believe they make a meaningful difference to everyone."



OUR IMPACT IN 2025



**WE ARE
GREATER
TOGETHER**

299,100

— Visits were made to our 3 HFA facilities in Northumberland.

13,597

— Visits by children to YMCA EarlyOn Children's Programs.

7,389

— Average Total Number of Members Served
34% Older Adult | 45% Adult | 11% Youth | 10% Children

6,815

— Visits were made to Centennial outdoor pool in Cobourg.

6,405

— Days kids spent in Summer Camps in Brighton, Campbellford, Cobourg and Cramahe.

6,390

— Visits from Community Groups to our locations & during Events.

3,805

— Kids and Youth participated in Learning to Swim and Lifesaving Swim Lessons.

828

— Children served in Child Care, supporting 300+ families.

672

— Staff were employed & Volunteers contributed.

488

— People joined Community Impact Programs. Mothers-of-Newborns, Back on Track &, UpTurn

456

— People received \$161K in Financial Assistance for subsidizing YMCA Memberships.



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YOUR INSIGHTS & FEEDBACK MATTER

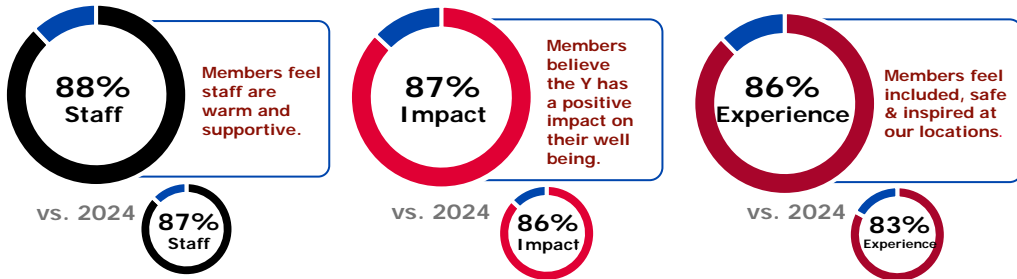
WorkWell Surveys: Health, Fitness & Aquatics

In November 2025, in partnership with YMCA WorkWell, YMCA Northumberland heard from 750+ members through our survey.

Highlights and Outcomes for our Y.

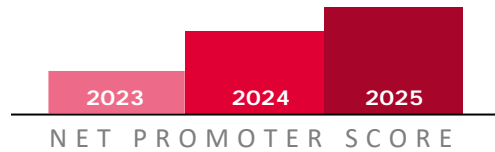
Our Key Strengths Improved in 2025

Score on a 1-100 Scale



PLUS our Net Promoter Score or “How likely are you to recommend your Y” jumped to over 58% of Members.

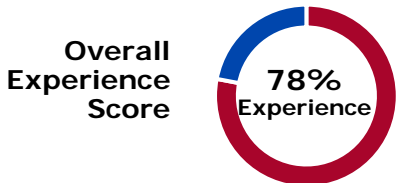
This increase in 2025 continued on the positive trend we saw from 2023 to 2024.



Areas we are focusing on for the future include improvements in facility maintenance, value for service and convenience.

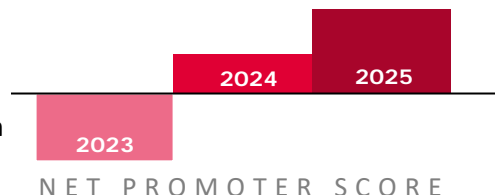
WorkWell Surveys: Staff

The 2025 National Employee Survey, in partnership with YMCA WorkWell, saw our Association reach a 71% completion rate, rising from last year’s 44%. Three teams had 100% completion rate. Congrats to our EarlyON Child and Family Centres, Canton YMCA Child Care and Terry Fox YMCA Child Care.



Our score is considered healthy and is equivalent to our 2024 score and the 2025 YMCA National Average.

Both the Net Promoter Score & the Net Promoter Turnover Score improved again. 86% of employees indicated they plan to still be working at our YMCA in six months—great news!





FINANCIAL STATEMENTS

Statement of Financial Position as of December 31, 2025.

Statement of Operations for the year ended December 31, 2025.

REVENUES	2025	2024
Childcare and Camp	\$2,535,996	\$2,081,109
Day Use and Programs	437,289	304,168
Memberships	2,842,416	1,809,476
Government Funded Community Programs	5,041,840	3,597,960
Town of Cobourg	112,357	125,946
Town of Brighton	40,000	30,833
Municipality of Trent Hills	393,815	176,158
Employment Grants	56,435	22,120
Donations, Interest & Other	781,602	742,035
Total Revenues	\$ 12,241,750	\$ 8,889,805
EXPENSES	2025	2024
Wages and Benefits	\$8,342,649	\$6,215,134
Plant and Facilities	1,045,941	722,886
General Administration	1,088,766	967,543
Advertising and Promotion	77,262	45,555
Association Dues and Fees	364,915	247,933
Programs	188,215	162,010
Total Expenditures Before Amortization	\$11,107,748	\$8,361,061
Amortization of Capital Assets	651,448	514,412
Net Contribution	\$482,554	\$14,332

This financial information has been taken from the audited statements report by Baker Tilly LLP.

Complete financial statements are available upon request. Visit <https://ymcanrt.org/about>

ASSETS	2025	2024
Current		
Cash	\$1,687,077	\$2,470,356
Investments	2,893,635	2,027,359
Accounts Receivable	980,906	851,859
Prepaid Expenses	80,810	86,989
Total Current Assets	5,642,428	5,436,563
Capital Assets (net value)	6,679,856	5,987,122
Total Assets	\$12,322,284	\$11,423,685

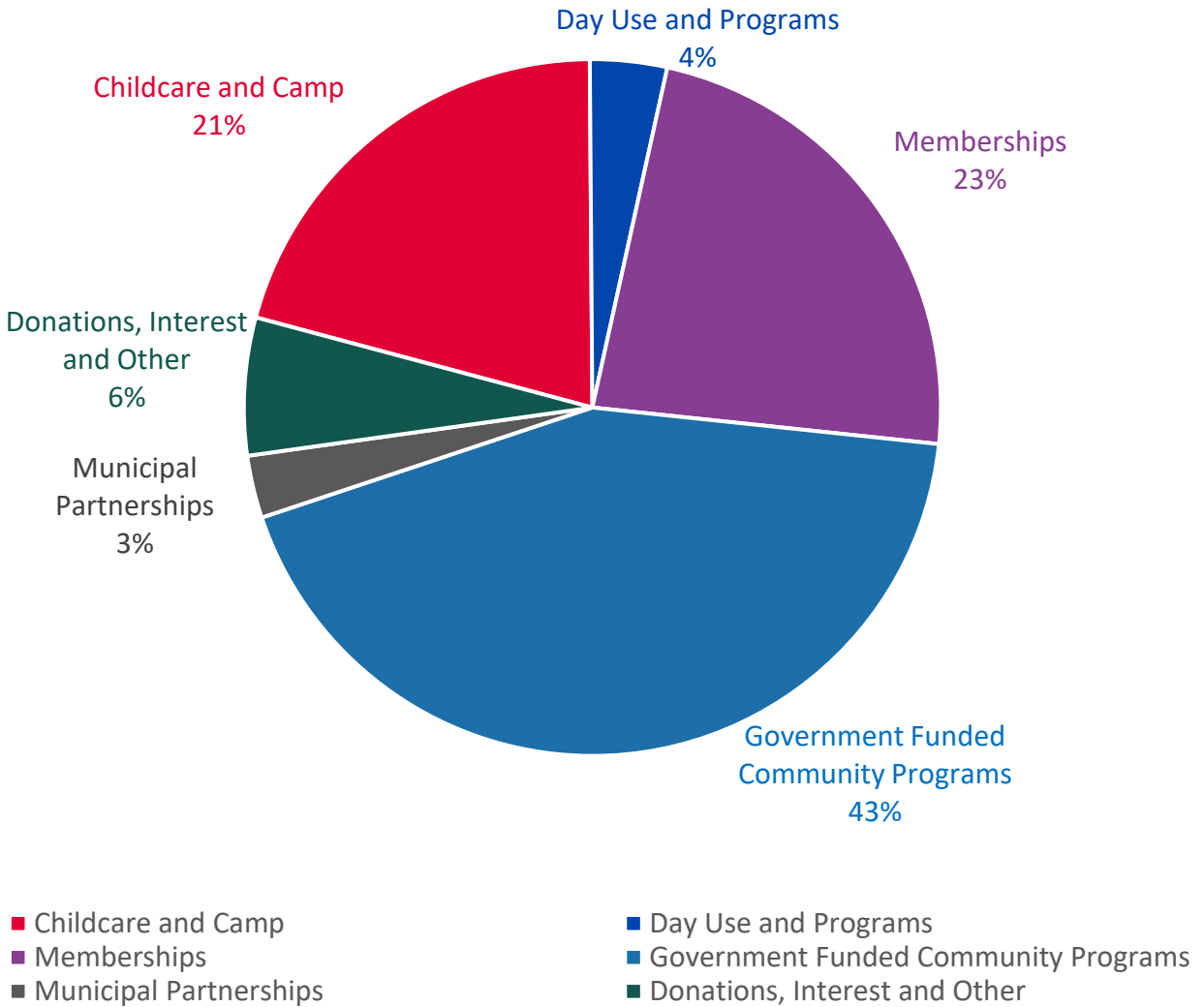
LIABILITIES	2025	2024
Current		
Accounts Payable	\$1,577,415	\$797,122
Current Portion of Term Loan	9,602	8,802
Unearned Revenue	2,059,458	2,758,755
Current Portion of Capital Leases	81,933	77,527
Total Current Liabilities	3,728,408	3,642,206
Long Term		
Term Loan Payable	295,248	304,569
Obligation under Capital Lease	265,019	346,952
Deferred Capital Contributions	3,093,920	2,672,823
Total Long Term Liabilities	\$3,654,187	\$3,324,344
Total Liabilities	\$7,382,595	\$6,966,550

NET ASSETS	2025	2024
Surplus and Reserves		
Fund Balance Beginning of Year	4,457,135	4,442,803
Excess of Revenue over Expenses	482,554	14,332
Total Surplus and Reserves	4,939,689	4,457,135
Total Net Assets & Liabilities	\$12,322,284	\$11,423,685



SOURCES OF REVENUE

Statement of Operation for the year ended December 31, 2025.





THANKS TO OUR BUSINESS COMMUNITY IMPACT PARTNERS

We are stronger together!

Our Community Partners enrich their brand while supporting Northumberland. Through partnership, they enjoy an expanded reach and strengthened community presence — while helping people of all ages across the county belong, grow, and thrive.

VANDERMEER



THANKS TO THE RYAN HUFFMAN FOUNDATION FOR UPTURN

Removing barriers so you can take your turn to wellness!

UpTurn is a transformational wellness program funded by the Ryan Huffman Foundation and founded by YMCA member Ryan Huffman, who regained stability and strength through fitness during his own recovery from addiction. UpTurn removes barriers to wellness by providing free access to fitness, coaching, and compassionate staff support for individuals living with addiction or mental health issues at all our locations.

Since launching in 2022, more than 300 participants have experienced a welcoming and safe space within our YMCA centres to rebuild their health, confidence, and hope.

UpTurn demonstrates the power of community-led change and YMCA partnership.





THANKS TO OUR COMMUNITY & FUNDING PARTNERS

COMMUNITY

Alnwick/Haldimand Township
 Burnham Family Farm Market
 Campbellford Foundation of
 Campbellford/Seymour/Northumberland
 Canadian Candy Company
 Canadian Red Cross
 Cobourg Police Service
 Cobourg Public Library
 Colborne Library
 Community Care Northumberland
 Community Health Centres of Northumberland
 Community Living & Respite Northumberland
 Community Mental Health Services
 Community Training and Development Centre
 Cornerstone Family Violence Prevention Centre
 Cramahe Fire
 Domino's Pizza
 Durham Children's Aid Society
 Durham College
 East Northumberland Secondary School
 Employment Assistance Program Resource (EARN)
 Employment & Social Development Canada
 Extencicare Cobourg
 Food 4 All Warehouse
 Foodland, Cobourg
 Grafton Community Centre
 Green Wood Coalition
 Habitat for Humanity Northumberland
 HKPR Health Unit
 Hamilton Township
 Highland Shores Children's Aid Society
 Horizons of Friendship
 Hustler Kay Kurji and McCourt Barristers &
 Solicitors
 Inclusion Northumberland
 Kawartha Pine Ridge District School Board
 Kinark Child and Family Services
 Lifesaving Society
 Loyalist College

Municipality of Port Hope
 My Broadcasting Corporation
 Millstone Bread
 Northumberland Big Brothers & Big Sisters
 Northumberland Child Development Centre
 Northumberland Community Counselling Centre
 Northumberland Family Health Team
 Northumberland Hills Hospital
 Northumberland Hills Hospital Community
 Mental Health Prog. & Services.
 Northumberland Pride
 Northumberland Sports Council
 Northumberland Sunrise Rotary
 Northumberland United Way
 Ontario Ministry of Children, Community and
 Social Services
 Ontario Ministry of Education
 Ontario Provincial Police
 PVNC Catholic District School Board
 PFLAG Canada, Cobourg Ontario Chapter
 Port Hope Library
 Port Hope Police Service
 Primrose Donkey Sanctuary
 Quinte Children's Foundation
 Rebound Child and Youth Services
 Northumberland
 Rotary Club of Campbellford
 Rotary Club of Cobourg
 Royal Bank of Canada
 Salvation Army
 St. Johns Ambulance
 TD Canada Trust
 Tim Hortons
 Trent Hills Fire
 Trent Hills Pride
 Watton Employment Services Inc.
 Wrap Around Northumberland
 YMCA Canada
 YMCA Ontario
 Youth Wellness Hub, Ontario

FUNDING

100 Women of Northumberland
 Alderville First Nations
 Cameco
 Canadian Abilities Foundation
 Career Edge
 Cobourg Police Services
 Cramahe Township
 Five Counties Children Centre
 Henderson Construction
 Highland Shores Children's Aid
 Inner Wheel of Cobourg
 K9 Security
 Larkin Architect Limited
 Municipality of Brighton
 Municipality of Trent Hills
 Northumberland County
 Older Adult Centres Association of
 Ontario (OACAO)
 Ontario Trillium Foundation
 Quinte Children's Foundation
 Ten Thousand Villages
 Therapeutic Paws of Canada
 Town of Cobourg
 Watton Employment Services Inc.
 YMCA of Eastern Ontario
 YMCA Quebec



THANKS TO OUR COMMUNITY EVENT & PROGRAM SPONSORS

Seniors Active Living Fair

Older Adult Centres Assoc. of Ont.

Valentine's Day Cookies

Roda's Kitchen

Spark Change Campaign

Estelle Cortesis

Swim to Survive

Cameco

Cops for Kids Golf Camp

Cobourg Police Service

9-Oh Let's Go

Anonymous Donor

Back on Track

YMCA Quebec

100 Women Who Care Northumberland

Cameco

Bin It & Cut It

Mothers of Newborns

Jessica Fraser-Thomas and Phil Thomas

UpTurn Program

Ryan Huffman Foundation

Strong Kids Duathlon

MyFM 93.3

Hustler Kay Kurji & McCourt Barristers & Solicitors

RBC Commercial

Part-Time CFO Services

Boston Pizza

McDonald's Cobourg

Moore's Orchard

Rod Simpson Tap Timing

Youth Dances

Canada Candy Company

Youth Leadership Conference

Canadian Abilities Foundation

Peace Breakfast & Week

Koellner Tax and Accounting Svcs

Cobourg Police Service

Ten Thousand Villages

Spaghetti Supper

Foodland

Embelish Cobourg

Sandra Dee Consulting

One Tree Massage Therapy

Northumberland Valley Golf Course

Johnny Percolides Real Estate

Millstone Bread

Rays Beauty Salon

Market & Smor

Hollow Moon Pottery

Encore at the Midway

Bin It & Cut It Ltd.

LakeLand Multi-Trade

Ganaraska Financial

Canadian Resin Recovery

New Amherst Homes

The Children's Foundation

SLD Electric

Trudys Source for Sports

Rotary Clubs of Cobourg & Port Hope

Sunrise Rotary Club

Cobourg Lions Club

Gord & Patti Ley

Cooper Equipment Rentals

Ontario Line Clearing

Domino's Pizza Cobourg

MBC Media

Codemans Fries & Things Chip Truck

Craft Food House

DJ Bumble

Rainbow Cinemas

Baldwin AV

Staples

Home Depot

OPP

Cobourg Fire Department

Cobourg Police Service

Greatest of Ease, Cale Crowe

Garage Dog, Rayleigh

Deborah Lynn & Band

Rainbow Run

MyFM 93.3

Cameco

Arthur's Pub

Burnham Family Farm Market

Part-Time CFO Services

Stadtke Plumbing & Heating

ParticPaction

Rod Simpson Tap Timing

Long & McQuade

McDonald's Cobourg

Turkey Trot

New Balance

Runner's Life

Canadian Abilities Foundation (CAF)

Boyer Chrysler Dodge Jeep Ram Cobourg

SABIC Corporate

Cobourg Orthopedic & Spots Injury Clinic

Behan Construction

Cameco

Kathran Helps, Royal Services Real Est.Inc.

Canada Candy

Boston Pizza

The Mill

Rainbow Cinemas

Costco Wholesale

Arthur's Pub

Burnham Family Farm

Sport Chek

Play It Again Sports

Dairy Queen

Northshore Lanes

Baltimore Valley Garden Centre

RONA

SPARK Toys

All Creatures Cobourg

The Kawartha Dairy Company

Rod Simpson Tap Timing





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THANKS TO OUR DONORS

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 Spencer Selhi
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 Yvette McCartney

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 Mary McCandless
 Michael Macklin
 Morris Tait
 Rose Jones
 Royce McCracken
 Sean Moloney
 Ten Thousand Villages
 Vandermeer Toyota

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Weeds B' Gone	Kaleigh Hayes
Alwin Kong	Kasie Taylor
Anne Gear	Kat Ross
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Jim Parsons	Yvonne Michalski





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Brenda Hominsky	Darlene Watts	George Lusted	Jessica Bright	Kelsie Donnelly
Brent Wilcox	Dave Fisher	Gillian Lucy	Jessica Greydanus	Kent Hornby
Brooke Cudahy	David Muldoon	Glenn Lucarelli	Jessica Lantz	Kerri Dixon

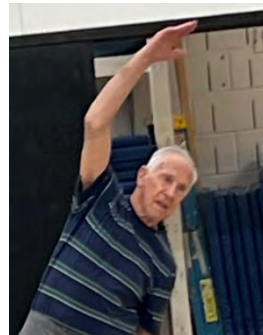




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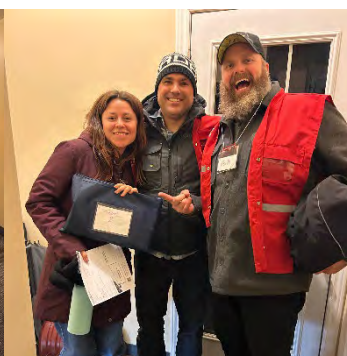
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