

OPEN SWIM: Pool Open for all patrons.

LANE SWIM: Pool for Lane Swimming for all lanes or refer to the number of lanes set up for laps: (** # Lanes)

ABILITY SWIM PROGRAM: For participants with all physical, sensory, and intellectual abilities, provides a relaxed space to build confidence, explore, and have fun. Caregivers and support persons can join and assist as needed.

ADULT THERAPY: For adults (16+) recovering from injury and pain relief. Pool helps support recovery, improve mobility, and boost overall health. Self led swim/No instructor.

Facility Hours

Monday-Friday 6:00am-9:00pm
Saturday 7:00am-8:00pm
Sunday 7:00am-5:00pm

Holiday Hours (No Classes)

Wed., July 1
Mon., August 3 7:00AM - 5:00PM
Mon., Sept. 7

CAMPBELLFORD POOL

 Swim Lessons
Find details here:



LANE POOL (25M / 4 LANES)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	6:00AM - 8:15AM Lane Swim	7:00AM - 8:45AM Lane Swim	7:00AM - 8:45AM Lane Swim
8:30AM - 9:15AM AquaFit	8:30AM - 9:15AM AquaFit	8:30AM - 9:15AM AquaFit	8:30AM - 9:15AM AquaFit	8:30AM - 9:15AM AquaFit	9:00AM - 7:45PM Open Swim**	9:00AM - 4:45PM Open Swim**
9:15AM - 10:15AM Swim Lessons	9:15AM - 10:15AM Swim Lessons	9:15AM - 10:15AM Swim Lessons	9:15AM - 10:15AM Swim Lessons			
10:30AM - 12:00PM Camp Swim	10:30AM - 12:00PM Camp Swim	10:30AM - 12:00PM Camp Swim	10:30AM - 12:00PM Camp Swim	10:30AM - 12:00PM Camp Swim		
12:00PM - 2:00PM Lane Swim	12:00PM - 1:00PM Lane Swim	12:00PM - 2:00PM Lane Swim	12:00PM - 1:00PM Lane Swim	12:00PM - 2:00PM Lane Swim		
2:15PM - 8:45PM Open Swim**	1:15PM - 2:00PM AquaFit		1:15PM - 2:00PM AquaFit			
	2:15PM - 4:15PM Open Swim**	2:15PM - 5:15PM Open Swim**	2:15PM - 4:15PM Open Swim**	2:15PM - 4:45PM Open Swim**		
	4:30PM - 8:00PM Swim Lessons**	5:30PM - 6:15PM AquaFit	4:30PM - 8:00PM Swim Lessons**	5:00PM - 5:45PM Water Bootcamp		
	8:15PM - 8:45PM Open Swim**	6:30PM - 8:45PM Open Swim**	8:15PM - 8:45PM Open Swim**	6:00PM - 8:45PM Open Swim**		

Aquatic Leadership Courses

Find details about
Bronze Cross & NLS
Courses being offered :



THERAPY POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00AM - 8:15AM Open Swim**	7:00AM - 8:15AM Open Swim**	7:00AM - 8:15AM Open Swim**	7:00AM - 8:15AM Open Swim**	7:00AM - 8:15AM Open Swim**		8:00AM - 8:45AM Ability Swim
8:15AM - 9:15AM Swim Lessons	8:15AM - 9:15AM Swim Lessons	8:15AM - 9:15AM Swim Lessons	8:15AM - 9:15AM Swim Lessons		9:00AM - 12:45PM Open Swim**	9:00AM - 10:45AM Open Swim
9:30AM - 10:15AM Gentle AquaFit	9:30AM - 10:15AM Gentle AquaFit	9:30AM - 10:15AM Gentle AquaFit	9:30AM - 10:15AM Gentle AquaFit	9:30AM - 10:30AM Aqua Yoga		11:00AM - 12:00PM Birthday Party Time Slot <i>If no party scheduled, Open Swim starts 11:15am</i>
10:30AM - 12:00PM Camp Swim	10:30AM - 12:00PM Camp Swim	10:30AM - 12:00PM Camp Swim	10:30AM - 12:00PM Camp Swim	10:30AM - 12:00PM Camp Swim		
12:00PM - 1:00PM Adult Therapy	12:00PM - 1:00PM Parent & Tot Swim	12:00PM - 1:00PM Adult Therapy	12:00PM - 1:00PM Parent & Tot Swim	12:15PM - 1:00PM Baby Bootcamp	1:00PM - 2:00PM Birthday Party Time Slot <i>If no party scheduled, Open Swim starts 1:15pm</i>	12:15PM - 4:45PM Open Swim**
1:15PM - 2:00PM Baby Bootcamp	1:00PM - 2:00PM Adult Therapy	1:15PM - 2:00PM Gentle AquaFit	1:00PM - 2:00PM Adult Therapy	1:15PM - 2:00PM Gentle AquaFit		
2:15PM - 8:45PM Open Swim**	4:30PM - 8:00PM Swim Lessons**	2:15PM - 8:45PM Open Swim**	4:30PM - 8:00PM Swim Lessons**	2:15PM - 8:45PM Open Swim**	2:15PM - 7:45PM Open Swim**	
	8:15PM - 8:45PM Open Swim**		8:15PM - 8:45PM Open Swim**			

Schedules are
subject to change.