

AQUATIC SCHEDULE

June 29 - September 7, 2026 *Schedules subject to change.*

Facility Hours

Mon - Wed - Fri	7:30am-8:00pm
Tues - Thurs	6:30am-8:00pm
Saturday	6:30am-6:00pm
Sunday	9:00am-5:00pm

Holiday Hours

July 1	
August 4	9:00AM - 5:00PM
September 7	

****No Classes on Holidays**

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

6:30AM - 7:15AM
Water Power Fitness

6:30AM - 7:15AM
Water Power Fitness

6:30AM - 7:15AM
Water Power Fitness

7:30AM - 8:45AM
Lane Swim

7:30AM - 8:45AM
Lane Swim

7:30AM - 8:45AM
Lane Swim

7:30AM - 8:45AM
Lane Swim

7:30AM - 8:45AM
Lane Swim

7:30AM - 11:45AM
Lane Swim

9:00AM - 11:45AM
Lane Swim

9:00AM - 9:45AM
AquaFit

9:00AM - 9:45AM
AquaFit

9:00AM - 9:45AM
AquaFit

9:00AM - 9:45AM
AquaFit

9:00AM - 9:45AM
AquaFit

12:00PM - 5:00PM
Open Swim**

10:15AM - 11:15AM
Pool Share:
Lessons** or Lane Swim

10:15AM - 1:15AM
Pool Share:
Lessons**
or Lane Swim

10:15AM - 11:15AM
Pool Share:
Lessons** or Lane Swim

10:15AM - 1:15PM
Pool Share:
Lessons** or
Parent & Tot**

10:15AM - 1:15PM
Pool Share:
Parent & Tot**

12:00PM - 4:45PM
Open Swim**

11:15AM - 12:00PM
Baby Water Bootcamp

11:15AM - 12:00PM
Baby Water Bootcamp

12:00PM - 1:15PM
Pool Share:
Lessons** or Lane Swim

12:00PM - 1:15PM
Pool Share:
Lessons** or Lane Swim

1:30PM - 5:30PM
Open Swim**

1:30PM - 4:15PM
Open Swim**

1:30PM - 2:30PM
Group Rental**

1:30PM - 4:15PM
Open Swim**

1:30PM - 8:00PM
Open Swim**

5:45PM - 6:15PM
Aqua HITT

4:30PM - 7:00PM
Swim Lessons

2:45PM - 8:00PM
Open Swim**

4:30PM - 8:00PM
Swim Lessons

6:30PM - 8:00PM
Open Swim

7:00PM - 8:00PM
Pool Share
Lessons** or Lane Swim

5:00PM - 6:00PM
Lane Swim

Pool Share schedule changes if there is Swim Lessons:

During 4 Weeks with Lessons = Lessons + 2 Lanes Available

July 6-12 | July 13-19 | July 27-August 2 | August 3-9

During 5 Weeks without Lessons = Lane Swim or Parent & Tot + 2 Lanes Available

June 29-July 5 | July 20-26 | August 10-16 | August 24-30 | August 31-Sept. 6

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SCHEDULE DESCRIPTIONS

AQUAFIT: An excellent low impact, calorie burning, full body workout that is gentle on the joints and great for participants recovering from injuries.

OPEN SWIM: Pool Open for all patrons.

LANE SWIM: Pool for Lane Swimming for all lanes or refer to the number of lanes set up for laps: (** # Lanes)

PARENT & TOT: Parents/Caregivers (18yrs+) are in the pool with children aged 1 to 4 for a non instructional swim.

POOL SHARE: Shared Lane Swims with Baby Water Bootcamp, Parent & Tot and with Lessons during designated weeks (July 6-12 | July 13-19 | July 27-August 2 | August 3-9)

GROUP RENTAL: EarlyOn Rental Swim

BABY WATER BOOTCAMP: Must be registered as part of the Mothers of Newborns program to participate.

WATERPOWER FITNESS: This class welcomes all fitness levels and is designed to improve your cardio, strength, and range of motion in the comfort of water.

Please check social media or call Centennial Pool for updates at 905.373.4453

Centennial Pool Pricing 2026

DAY PASSES

Family	\$15.50
Adult	\$7.25
Youth	\$5.25
AquaFit Class Drop-in	\$10.50

ENTIRE SUMMER

Individual (under 14)	\$105
Individual (14+)	\$170
Family	\$298

PASS PACKAGES (10 Visits)

Individual (under 14)	\$40
Individual (14+)	\$57
Family	\$135
AquaFit Class	\$103