



YMCA Northumberland Cobourg

Shine On

339 Elgin Street West
Cobourg, ON

CHILD + YOUTH PROGRAMS

June 29 - September 13, 2026

Play Centre Child Minding

(Provided for a small fee per hour)

Monday	9:00AM - 12:30PM
Tuesday	9:00AM - 12:30PM
Wednesday	9:00AM - 12:30PM
Thursday	9:00AM - 12:30PM
Friday	9:00AM - 12:30PM

- Gymnasium
- Centennial Pool
- Indoor Pool
- AS Room
- Ground Level Studio
- Play Centre
- Outside

All activities are drop in.

Pentel Playground (Must be 10 yrs+ or supervised by someone 15 yrs+. Parents must be in the facility with children.)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM - 8:30AM	6:00AM - 8:30AM	6:00AM - 8:30AM	6:00AM - 8:30AM	6:00AM - 8:30AM		7:00AM - 5:00PM
1:00PM - 9:00PM	1:00PM - 9:00PM	1:00PM - 9:00PM	1:00PM - 9:00PM	1:00PM - 9:00PM	11:00AM - 7:00PM	

Pentel Playground access times are based on other gym programming, gym rentals and camp time.

Open Gym (Must be 10 yrs+ or supervised by someone 15 yrs+. Parents must be in the facility with children.)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM - 8:30AM	5:00AM - 8:30AM	5:00AM - 8:30AM	5:00AM - 8:30AM	5:00AM - 8:30AM		7:00AM - 5:00PM
	11:00AM - 1:00PM	11:30AM - 1:00PM	10:00AM - 12:00PM	11:30AM - 1:00PM	10:00AM - 7:00PM	
5:00PM - 9:30PM	5:00PM - 7:00PM	6:00PM - 9:30PM	5:00PM - 9:30PM	5:00PM - 9:30PM		

Open Gym access times are based on other gym programming, gym rentals and camp time.

Drop In Child and Youth Programs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3:30PM - 5:00PM Youth Basketball Ages 13-16	3:30PM - 5:00PM Youth Basketball Ages 13-16	3:30PM - 5:00PM Youth Basketball Ages 13-16	3:30PM - 5:00PM Youth Basketball Ages 13-16	3:30PM - 5:00PM Youth Basketball Ages 13-16		
	4:30PM - 7:00PM Fun Zone Ages 3-10	4:30PM - 7:00PM Fun Zone Ages 3-10	5:00PM - 6:00PM Rock Wall Ages 6-12			
	5:00PM - 6:00PM Rock Wall Ages 6-12		7:00PM - 7:00PM Adult Basketball Ages 16+			

**No Programs or Classes on Holidays:
Jul. 1, Aug. 3, & Sept. 7.**

Schedules subject to change.

Drop-In Program Descriptions

FUN ZONE (AGES 3-10)

Parents/guardians can bring their children while they access the facility. Children will participate in gym games and activities.

ROCK WALL (AGES 6-12)

Rock climbing creates body awareness, builds strength, mobility & coordination. It's full of challenges, games and self discovery too!

YOUTH BASKETBALL (AGES 10-14)

Drop into the gym for a game of pick up basketball. Join us for some fun active time with other youth.

Other Workshops or Courses

STAY SAFE Red Cross Course | Saturday July 18th

Ages 9-12 years | Build Confidence | Learn Essential Safety Skills
11am to 4pm | \$46.50 Members | \$67 Non-Members

ART UNLOCKED Course | Friday July 17th

Ages 8-12 years | Lily Painting inspired by Monet!
6pm to 7pm | \$12 Members | \$16 Non-Members

Kids Night Out: Swim, Dinner and Play!

Ages 4-11 years | \$10 Members | \$18 Non-Members

5:30PM - 8:30PM on **Friday, July 10**

5:30PM - 8:30PM on **Friday, August 14**

IMPORTANT: Youth Access Policy

Scan for details regarding how Youth Ages 10 to 15 can access our Personal Conditioning Centre.

