

CENTENNIAL POOL



YMCA Northumberland

Centennial Pool Swim Lessons
42 Charles Street, Cobourg ON

SWIMMING LESSONS

July 6 - August 20, 2026

Registration opens Monday, June 15, 2026.

No Lessons run on holidays, Jul. 1 & Aug. 3, 2026.

30 Minute Class
7 Lessons: \$76
8 Lessons: \$87

45 Minute Class
7 Lessons: \$84
8 Lessons: \$96

Adult Class
7 Lessons: \$112
8 Lessons: \$128

Private Lesson (1 Student)
7 Lessons: \$130.50
8 Lessons: \$150

Semi-Private Lesson (2 Students)
7 Lessons: \$195
8 Lessons: \$223

2026 Rates

1 Group Class is included with each membership.

Level	DAILY LESSONS MONDAY to THURSDAY 2 WEEK SESSIONS		EVENING LESSONS July 7 to August 20	
			Tuesday (7 weeks)	Thursday (7 weeks)
Splasher/Bubbler			5:30PM - 6:00PM	5:30PM - 6:00PM
Bobber	10:15AM - 10:45AM 12:45PM - 1:15PM	DAILY LESSONS MONDAY TO THURSDAY 2 WEEK SESSION DATES Session A: July 6 - July 16 8 Lessons Session B: July 27 - August 6 7 Lessons	4:30PM - 5:00PM 5:30PM - 6:00PM	4:30PM 5:00PM 5:00PM - 5:30PM
Floater	10:45AM - 11:15AM 12:15PM - 12:45PM		4:30PM - 5:00PM 6:00PM - 6:30PM	5:00PM - 5:30PM 6:00PM - 6:30PM
Glider/Diver	11:15AM - 11:45AM		5:00PM - 5:30PM	5:00PM - 5:30PM
Surfer/Jumper	12:15PM - 12:45PM		5:30PM - 6:00PM	
Otter	10:45PM - 11:15AM 11:45AM - 12:15PM		5:00PM - 5:30PM 6:00PM - 6:30PM	5:30PM - 6:00PM 6:30PM - 7:00PM
Seal	10:15AM - 10:45AM 11:15AM - 11:45AM		6:00PM - 6:30PM	4:30PM - 5:00PM 5:30PM - 6:00PM
Dolphin	10:45AM - 11:15AM 11:45AM - 12:15PM		4:30PM - 5:00PM 6:30PM - 7:00PM	4:30PM - 5:00PM 6:45PM - 7:15PM
Swimmer	10:15AM - 10:45AM 12:45PM - 1:15PM	Bronze Medallion/ Bronze Cross/ Basic First Aid COURSE: July 20 - July 24 9am - 5pm \$418 National Lifeguard & Intermediate First Aid COURSE: August 10 - August 14 9am - 6:30pm \$520	5:00PM - 5:30PM	4:30PM - 5:00PM 6:45PM - 7:15PM
Star 1/2	12:00PM - 12:45PM		6:30PM - 7:15PM	6:00PM - 6:45PM
Star 3/4	11:15AM - 12:00PM		7:15PM - 8:00PM	6:00PM - 6:45PM
Star 5/6			7:00 PM - 7:45PM	
Private/Semi	11:45AM - 12:15PM 12:45PM - 1:15PM		6:30PM - 7:00PM 7:00PM - 7:30PM	7:00PM - 7:30PM 7:15PM - 7:45PM 7:30PM - 8:00PM
Adult Stroke Improvement				7:15PM - 8:00PM

POOL HOURS

Mon - Wed - Fri 7:30am-8:00pm
Tues - Thurs 6:30am-8:00pm
Saturday 6:30am-6:00pm
Sunday 9:00am-5:00pm

Splasher/Bubbler:

Parents/guardians will be required to be in the water to assist their child for this level of lessons.

*Schedules subject to change.
All lessons require Registration.*