



Swimming Lessons - Mini Sessions

CENTENNIAL POOL

Shine On

September 12 - October 1, 2026

Registration opens Tuesday, September 1, 2026.

*Schedules subject to change.
All lessons require Registration.*

3 Week Mini Sessions

Level	Wednesday	Thursday	Saturday
Splasher/Bubbler	5:30 PM - 6:00 PM	5:30 PM - 6:00 PM	10:30 AM - 11:00 AM
Bobber/Floater	4:30 PM - 5:00 PM 5:00 PM - 5:30 PM	4:30 PM - 5:00 PM 5:00 PM - 5:30 PM	9:30 AM - 10:00 AM 11:00 AM - 11:30 AM
Glider/Diver	6:00 PM - 6:30 PM	6:00 PM - 6:30 PM	10:00 AM - 10:30 AM 12:00 PM - 12:30 PM
Surfer/Jumper	5:30 PM - 6:00 PM	5:30 PM - 6:00 PM	11:00 AM - 11:30 AM
Otter/Seal	4:30 PM - 5:00 PM 5:00 PM - 5:30 PM	4:30 PM - 5:00 PM 5:00 PM - 5:30 PM	9:30 AM - 10:00 AM 10:00 AM - 10:30 AM 12:00 PM - 12:30 PM
Dolphin/Swimmer	4:30 PM - 5:00 PM	4:30 PM - 5:00 PM	9:30 AM - 10:00 AM 12:00 PM - 12:30 PM
Star 1/2	5:30 PM - 6:15 PM	5:30 PM - 6:15 PM	10:30 AM - 11:15 AM
Star 3/4/5/6	6:15 PM - 7:00 PM	6:15 PM - 7:00 PM	11:15 AM - 12:00 PM
Private/Semi Private	5:00 PM - 5:30 PM 6:00 PM - 6:30 PM 6:30 PM - 7:00 PM	5:00 PM - 5:30 PM 6:00 PM - 6:30 PM 6:30 PM - 7:00 PM	10:00 AM - 10:30 AM 10:30 AM - 11:00 AM 11:30 AM - 12:00 PM

2026 Rates

30 Minute Class
3 Lessons: \$32.50

45 Minute Class
3 Lessons: \$36.00

**Private Lessons
(1 Student)**
3 Lessons: \$55.90

**Semi-Private Lesson
(2 Students)**
3 Lessons: \$82.00

*1 Group Class is included
with each Y membership.*

Scan to
view online



Splasher/Bubbler:

Parents/guardians will be required to be in the water to assist their child for this level of lessons.

While exciting renovations are underway at the Cobourg Y Change Rooms by the indoor pool, we're extending the season at our heated outdoor pool with a special 3-week swim session!

With smaller class sizes, swimmers receive more individualized instruction focused on swimming fundamentals, stroke development, skill refinement and confidence.

Throughout the session, instructors will assess skills and progress. At the end of the three weeks, families will receive verbal feedback on skills learned and demonstrated, along with a recommended swim level for their next session.