



# YMCA Northumberland **CAMPBELLFORD Y**

50 Seymour Quarry Rd., Campbellford, ON

## **CHILD + YOUTH ACTIVITIES** **OCTOBER - DECEMBER 2026**

**LEARN  
MORE &  
REGISTER**



### **10 WEEK PROGRAMS**

Registration Opens Sept. 28 | start Oct. 14

**Jump, tumble, balance & get moving!**

#### **Parent & Tot Gymnastics**

Age 1-3 yrs | Wed., 5:30pm - 6pm  
Members FREE | Non Members \$90

#### **Tumble & Play Program**

Age 4-6 yrs | Wed., 6:30pm - 7:15pm  
Members FREE | Non Members \$100

**NEW**

#### **Junior Rec Dance Program**

**Ages 2 - 11+ | 9 or 7 weeks**  
**Starts Oct. 18 or Nov. 2.**

Children learn, move, create and have fun with dance in a positive environment. Classes will build coordination, balance, rhythm, flexibility, musicality, body awareness, confidence & teamwork!



**Different programs offered for different age groups!**

*FREE for Members. Find more details on reverse >>*

### **DROP IN FAMILY YOGA**

Ages 5-12 | Sat., 10 - 11 am | **starts Sept. 19**  
Members FREE | Non Members Day Pass

### **KIDS NIGHTS OUT**

**Friday, October 16**

**Friday, November 13**

**Friday, December 11**

**Enjoy swim,  
dinner & play!**



Ages 4-11 | 6:30pm - 8:30pm | Members \$12 | Non Members \$20

### **YOUTH DANCES**

**Turn up the music & the energy!**

**Friday, October 23**

**Halloween Dance Party!**

**Friday, December 18**

**Jingle Jam!**



Grades 6-8 | 6:30pm - 8:30pm | Members FREE | Non Members \$8

### **SPECIAL 1 NIGHT WORKSHOPS**

**Tues., Oct. 27 | Build a Haunted House Workshop**

Design and build your very own spooky house!

**Tues., Nov. 24 | Escape Room Workshop**

Crack codes, solve puzzles & complete exciting challenges.

**Tues., Dec. 15 | Merry Makers Workshop**

Create seasonal crafts to take home & enjoy holiday games!

Ages 6-10 | 6pm - 7:30pm | Members \$12 | Non Members \$20



### **PA DAY CAMP**

**Halloween Spooktacular**

**October 26**

A day to learn,  
grow & have fun

Ages 5-12

8:00am - 5:00pm

Members \$43

Non Members \$45



# Descriptions

## CHILD + YOUTH ACTIVITIES

### OCTOBER - NOVEMBER 2026

For Members, 1 FREE Multi-Week Program is included per session per child.  
Non Members Fees will be charged for each additional Program based on start date.

## Multi-Week Programs

**Required registration opens Sept. 28**  
Programs start Oct. 14

### Parent and Tot Gymnastics

**AGES 1-3 | Wednesdays | 5:30 pm - 6 pm**

Together, explore age-appropriate gymnastics activities, obstacle courses, music and movement games all while having fun!

10 weeks | Members FREE | Non Members \$90

### Tumble and Play Program

**AGES 4-6 | Wednesdays | 6:30 pm - 7:15 pm**

This fun and engaging gymnastics program introduces children to foundational strength, balance and flexibility gymnastics moves.

10 weeks | Members FREE | Non Members \$100.25

### DROP IN Family Yoga starts Sept. 19

Ages 5-12 | Sat., 10 - 11 am

Members FREE | Non Members Day Pass Fee

Together, do stretches, breathing, and poses.

**NEW**

### Junior Recreational Dance Program

Age groups follow different skill-development pathways, enabling children to grow at a comfortable pace while building a strong dance foundation.

Concludes with a special end-of-session dance showcase for family and friends.

- Sunday programs run 9 weeks from Oct. 18 to Dec. 13
- Monday programs run 7 weeks from Nov. 2 to Dec. 14

**Showcase on Dec. 20.**

Please find more details & register online as of September 28:



Ages 2-3 | Dance Sprouts:

- 9 - 9:30am | Sunday

Members FREE | Non Members \$90

Ages 4-5 | Little Groovers:

- 9:45 - 10:15am | Sunday

Members FREE | Non Members \$90

Ages 6-7 | Shining Stars:

- 5:30 - 6:15 pm | Monday

Members FREE | Non Members \$78

- 10:30 - 11:15am | Sunday

Members FREE | Non Members \$100.25

Ages 8-10 | Spotlight:

- 6:30 - 7:30 pm | Monday

Members FREE | Non Members \$86.50

- 11:30am - 12:30pm | Sunday

Members FREE | Non Members \$111.25

Ages 11+ | Next Level:

- 7:30 - 8:30 pm | Monday

Members FREE | Non Members \$86.50

- 12:45pm - 1:45pm | Sunday

Members FREE | Non Members \$111.25

## Workshops and Special Events:

### Child & Youth Workshops

#### Build a Haunted House

**Tuesday, Oct. 27 | 6 pm to 7:30 pm**

Ages 6 - 10 years

Members \$12 | Non Members \$20

Get ready for a spook-tacular evening of creativity!

#### Escape Room

**Tuesday, Nov. 24 | 6 pm to 7:30 pm**

Ages 6 - 10 years

Members \$12 | Non Members \$20

Can your team escape in time?  
Designed to encourage problem solving & communication.

#### Merry Makers

**Tuesday, Dec. 15 | 6 pm to 7:30 pm**

Ages 6 - 10 years

Members \$12 | Non Members \$20

Creative Christmas crafts & games!

### Special Events

#### Kids Nights Out

Leave your kids at the Y for an evening full of fun with swimming, dinner & play!

Choose:

- Friday, October 16
- Friday, November 13
- Friday, December 11

Ages 4 - 11 yrs | 5:30pm - 8:30pm

Members \$12 | Non Members \$20

#### Youth Dances

##### Halloween Dance Party

Fri., Oct. 23 | 6:30 pm to 8:30 pm

##### Jingle Jam

Fri., Dec. 18 | 6:30 pm to 8:30 pm

Grades 6 - 8

Members FREE | Non Members \$8

### Red Cross Programs

#### STAY SAFE Course

Your child will learn about being safe when they are at home and in their community without direct supervision.

- Safety strategies for home and community
- Basic first aid techniques
- Staying safe when unsupervised

**Sat., Oct. 17 | 10 am to 4 pm**

Ages 8 - 12 years

Members \$46.50 | Non Members \$67

**\* Register for programs online**

<https://ymcanrt.org/activities/child-youth-programs/>

Scan QR code for more information and registration.

