YMCA Northumberland

CAMPBELLFORD Y

50 Seymour Quarry Rd., Campbellford, ON

CHILD + YOUTH ACTIVITIES

OCTOBER - DECEMBER 2026

LEARN MORE & REGISTER

10 WEEK PROGRAMS

Registration Opens Sept. 28 | start Oct. 14

Jump, tumble, balance & get moving!

Parent & Tot Gymnastics
Age 1-3 yrs | Wed., 5:30pm - 6pm
Members FREE | Non Members $90

Tumble & Play Program
Age 4-6 yrs | Wed., 6:30pm - 7:15pm
Members FREE | Non Members $100

NEW

Junior Rec Dance Program

Ages 2 - 11+ | 9 or 7 weeks
Starts Oct. 18 or Nov. 2.



Children learn, move, create and have fun with dance in a positive environment. Classes will build coordination, balance, rhythm, flexibility, musicality, body awareness, confidence & teamwork!

Different programs offered for different age groups!

FREE for Members. Find more details on reverse >>

DROP IN FAMILY YOGA

Ages 5-12 | Sat., 10 - 11 am | **starts Sept. 19**
Members FREE | Non Members Day Pass

KIDS NIGHTS OUT

Friday, October 16
Friday, November 13
Friday, December 11

Enjoy swim, dinner & play!





Ages 4-11 | 5:30pm - 8:30pm | Members $12 | Non Members $20

Red Cross Course

STAY SAFE
Sat., Oct. 17
10am - 4pm
Members $46.50
Non Members $67

YOUTH DANCES

Turn up the music & the energy!

Friday, October 23
Halloween Dance Party!





Friday, December 18
Jingle Jam!

Grades 6-8 | 6:30pm - 8:30pm | Members FREE | Non Members $8

Ongoing



Birthday Parties!

Book a party with us for up to 15 children!

SPECIAL 1 NIGHT WORKSHOPS

Tues., Oct. 27 | Build a Haunted House Workshop
Design and build your very own spooky house!



Tues., Nov. 24 | Escape Room Workshop
Crack codes, solve puzzles & complete exiciting challenges.

Tues., Dec. 15 | Merry Makers Workshop
Create seasonal crafts to take home & enjoy holiday games!



Ages 6-10 | 6pm - 7:30pm | Members $12 | Non Members $20

PA DAY CAMP

Halloween Spooktacular
October 26
A day to learn, grow & have fun

Ages 5-12
8:00am - 5:00pm
Members $43
Non Members $45

Descriptions
CHILD + YOUTH ACTIVITIES
OCTOBER - DECEMBER 2026

SUNNY LIFE | RECREATION & WELLNESS CENTRE

For Members, 1 FREE Multi-Week Program is included per session per child.
Non Members Fees will be charged for each additional Program based on start date.

Multi-Week Programs

Required registration opens Sept. 28
Programs start Oct. 14

Parent and Tot Gymnastics
AGES 1-3 | Wednesdays | 5:30 pm - 6 pm
Together, explore age-appropriate gymnastics activities, obstacle courses, music and movement games all while having fun!
10 weeks | Members FREE | Non Members $90

Tumble and Play Program
AGES 4-6 | Wednesdays | 6:30 pm - 7:15 pm
This fun and engaging gymnastics program introduces children to foundational strength, balance and flexibility gymnastics moves.
10 weeks | Members FREE | Non Members $100.25

DROP IN Family Yoga starts Sept. 19
Ages 5-12 | Sat., 10 - 11 am
Members FREE | Non Members Day Pass Fee
Together, do stretches, breathing, and poses.

NEW

Junior Recreational Dance Program

Age groups follow different skill-development pathways, enabling children to grow at a comfortable pace while building a strong dance foundation.

Concludes with a special end-of-session dance showcase for family and friends.

- Sunday programs run 9 weeks from Oct. 18 to Dec. 13
- Monday programs run 7 weeks from Nov. 2 to Dec. 14

Showcase on Dec. 20.

Please find more details & register online as of September 28:

Ages 2-3 | Dance Sprouts:
- 9 - 9:30am | Sunday

Members FREE | Non Members $90

Ages 4-5 | Little Groovers:
- 9:45 - 10:15am | Sunday

Members FREE | Non Members $90

Ages 6-7 | Shining Stars:
- 5:30 - 6:15 pm | Monday

Members FREE | Non Members $78
- 10:30 - 11:15am | Sunday

Members FREE | Non Members $100.25

Ages 8-10 | Spotlight:
- 6:30 - 7:30 pm | Monday

Members FREE | Non Members $86.50
- 11:30am - 12:30pm | Sunday

Members FREE | Non Members $111.25

Ages 11+ | Next Level:
- 7:30 - 8:30 pm | Monday

Members FREE | Non Members $86.50
- 12:45pm - 1:45pm | Sunday

Members FREE | Non Members $111.25

Workshops and Special Events:

Child & Youth Workshops

Build a Haunted House
Tuesday, Oct. 27 | 6 pm to 7:30 pm
Ages 6 - 10 years
Members $12 | Non Members $20

Get ready for a spook-tacular evening of creativity!

Escape Room
Tuesday, Nov. 24 | 6 pm to 7:30 pm
Ages 6 - 10 years
Members $12 | Non Members $20

Can your team escape in time? Designed to encourage problem solving & communication.

Merry Makers
Tuesday, Dec. 15 | 6 pm to 7:30 pm
Ages 6 - 10 years
Members $12 | Non Members $20

Creative Christmas crafts & games!

Special Events

Kids Nights Out
Leave your kids at the Y for an evening full of fun with swimming, dinner & play!

Choose:
- Friday, October 16
- Friday, November 13
- Friday, December 11

Ages 4 - 11 yrs | 5:30pm - 8:30pm
Members $12 | Non Members $20

Youth Dances
Halloween Dance Party
Fri., Oct. 23 | 6:30 pm to 8:30 pm

Jingle Jam
Fri., Dec. 18 | 6:30 pm to 8:30 pm

Grades 6 - 8
Members FREE | Non Members $8

Red Cross Programs

STAY SAFE Course
Your child will learn about being safe when they are at home and in their community without direct supervision.

- Safety strategies for home and community
- Basic first aid techniques
- Staying safe when unsupervised

Sat., Oct. 17 | 10 am to 4 pm
Ages 8 - 12 years
Members $46.50 | Non Members $67

*** Register for programs online**
https://ymcanrt.org/activities/child-youth-programs/
Scan QR code for more information and registration.